

HS 360: Crisis Intervention Syllabus ANDERSON UNIVERSITY, ANDERSON, SC

I. COURSE INFORMATION

HS 360: Crisis Intervention

Credit Hours: 3 CREDIT HOURS

Course Description: This course is designed to combine crisis intervention theory and advanced practice skills. It will also cover various types of crisis situations and settings on a micro, mezzo and macro level of practice. Students will practice advanced communication skills through role-play/video presentation of crisis intervention techniques. Emphasis is placed on identifying and demonstrating appropriate and differential techniques for intervening in various crisis situations. Upon completion, students should be able to assess crisis situations and respond appropriately.

Prerequisites: HS 101

About the Course: This is a flex program course formatted in a seven-week term, starting on _____ and ending on _____. All course material is due the final date of the course. The suggested due dates/pace guides for application assignments in the modular path and projects in the major projects path will be posted on CANVAS. Make sure to check in with your journey coach and instructor routinely throughout the term. (The recommended time for course work per week is 18-20 hours, including reading and assignments).

II. INSTRUCTOR INFORMATION

Name:

Title:

Telephone:

Office Hours/Best Time to Contact: I will be available for individual conferences by appointment only. I will also be available via email, text, or phone. If you send me emails, I will do my best to respond promptly, but if you have not heard from me within 48 hours, please contact me again.

Office Location: Online via Canvas

Email:

III. REQUIRED MATERIALS

Textbook:

Cengage Unlimited Subscription

The materials required for this course are included in Cengage Unlimited, a subscription service providing access to ALL Cengage eBooks and digital learning products—over 22,000—for \$119.99 per term (extended subscriptions also available). One Cengage Unlimited subscription can be used across all courses where Cengage products are assigned, at no additional cost. You can purchase access to Cengage Unlimited in the bookstore, or at www.cengage.com.



Cengage Unlimited Tour Video

Here are the steps for those that have purchased through the bookstore and then need to complete registration:

To register your access code:

Go to login.cengage.com

Log in or create a new account

Click Add a Course or Register a Product

Enter the course key provided by your instructor, if applicable

Enter the access code in the Enter Access Code box

Click Submit

Click Open to access your product*

Here are the steps for those that have purchased through Cengage.com.

After you purchase your product, you will automatically land on your dashboard (You can also access your dashboard anytime by logging in at login.cengage.com)

2. Click on your product under "My Products"

3. Some products require an additional step to complete registration:

If you have a course key, you will be prompted to enter it here, if not, begin searching in the toolbar for your course book to add to your dashboard home page.

Please note: During heavy volume periods, it can take several minutes for purchased items to populate. If you don't see your content, try refreshing the page. If your content doesn't show up within the hour, contact Customer Service

* Supplemental articles and videos on Canvas classroom

Additional Materials: Headset with/microphone; Webcam (integrated or standalone)

Technology Expectations:

Students should have a reliable computer and Internet in order to access course materials and complete assignments. Since this course is web-based, there are some expectations as to technical skills, which include uploading, downloading, and general computer skills. Instructors may require additional software or hardware.

Online Time Expectation:

In college classes, there is a general expectation that learners will need to spend two hours out of class for every hour in the classroom. Therefore, in an online 16-week class, you should expect to work on your course for a minimum of 9 hours each week. For an online 7-week class, you should expect to work on your course for a minimum of 18 hours each week.

Learner Expectations:

In your online and blended courses, you are expected to be an active participant in the course. Even though you may not see your classmates and instructor, AU online and blended courses are designed to include discussion and other forms of collaboration and communication. You should be willing and ready to regularly communicate with classmates and instructors online. You will participate in weekly activities in your courses. You will need to log into your course and check your official Anderson University email account daily. Doing so will allow you to view announcements, participate in class activities, assignments, online discussions, and complete

assessments. You are expected to complete all assignments, quizzes, tests, and any other activities by the due date. If difficulties or unforeseen circumstances arise during the course term, please contact the instructor promptly so that accommodations can be arranged.

Also, remember to use proper “network etiquette” when communicating with our peers. See the website, <http://www.albion.com/netiquette/corerules.html> (Links to an external site) pertaining to “netiquette”. We will be respectful and mindful of one another in this course. Please remember that we all have different opinions and it is ok to disagree but it is important to do so in a respectful manner.

Do not hesitate to ask questions. You are strongly encouraged to contact your instructor if you have course related questions regarding course concepts, assignments, and feedback provided to you. It is recommended that you contact your instructor using the LMS well in advance of the due date. Also, your instructors have set aside specific times to be available for phone conferences or chat sessions if you need additional course-related support. When you email questions one of your instructors refer to the course syllabus to view their policy on response time.

GETTING STARTED:

In the Human Services courses, you will want to “Decide Your Path” for each course. Review if you want to take the Major Projects Route or the Modular Route. There is a pre-test to determine your knowledge in the course to determine which may be the best fit for you.

Go to the “Getting Started” section in your course.

Getting Started: This course is built using modules, so you'll find everything needed for our program in the Modules tab in the left sidebar. Each module has an overview, so you'll want to start with Module 1 Overview. There's also a Syllabus page that I've used to give you an overview of the course and to demonstrate the functionality of that feature.

IV. COURSE PURPOSE, COMPETENCIES, GOALS, AND OUTCOMES

COURSE PURPOSE:

Provides in-depth study of the nature of crises and crisis intervention. Students will learn crisis theory, crisis intervention models, and practical skills for effective crisis intervention for crises of all levels. Emphasis will be placed on the human service student's development of crisis assessment, management, and short-term intervention skills. Special attention will be given to cultural, ethical, and legal considerations.

COMPETENCIES for HS 360:

- Acting Ethically (1)
- Advocating for Others (2)
- Preventing and Managing Crises (3)
- Managing Processes (4)
- Empowering Clients and Populations (5)
- Communicating Effectively (6)
- Planning and Managing Change for Clients (7)
- Planning and Managing Change for Communities and Organizations (8)
- Creating and Managing Interventions (9)
- Acting as an HS Professional (10)
- Understanding Human Systems (11)
- Administering Human Services Programs (13)
- Making Sense of Information (14)
- Understanding HS Systems (16)

GOALS (Overarching and Ancillary):

By the end of this course students will:

- Students will assess, identify, and reproduce crisis intervention.
- Students will summarize the role crisis intervention plays in the delivery of human services.
- Students will discuss and demonstrate how crisis intervention theory relates to practice.
- Students will demonstrate interviewing skills necessary to employ effective crisis intervention strategies.
- Students will describe and demonstrate the characteristics needed to cope effectively.
- Students will recognize the importance of global and multicultural issues and demonstrate sensitivity to these issues when assessing crisis situations.
- Students will identify and explain why legal and professional issues are important when assessing a crisis.
- Students will recognize the role professional research plays in the delivery of crisis intervention.

See Appendix A for additional course information

IDEA Student Learning Outcomes:

Essential

- Gain a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)

- Learning to apply course material (to improve thinking, problem solving, and decisions)
- Develop specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
- Important
- Developing skill in expressing oneself orally or in writing
- Learning to analyze and critically evaluate ideas, arguments, and points of view

V. CONTENT OUTLINE AND METHODS OF INSTRUCTION

Content Outline:

Decide Between the Two Paths Within the Course:

In each of the HS courses, a student will have the option to choose between two paths, a Major Projects Route or the Modular Route. Students will want to make the decision with the input of their Journey Coach and instructor.

Major Projects Route:

For the major projects route, students will have two written projects, each with an online presentation component. These major projects will ensure a student meets the same competencies as the modular route, but it allows the student to demonstrate those competencies in a more expedited, cohesive manner. Each of the competencies will also have linked resources and students will interact with instructors and peers on a weekly basis via web conference and the Journey Coach will be checking in with students weekly as well.

Modular Path Route:

If a student decides to go the modular route, they'll work through seven modules at personalized pace (do not have to accelerate if student does not want to, follow pacing guides) as well over the term. Each module has an overview with specific competencies, resources, and assignments. Each module can typically be completed in one week or sooner. Students will still meet with their instructor and peers during a web conference session each week and with the Journey Coach weekly as well.

Methods of Instruction: This is an online classroom. We will have weekly textbook chapter readings, lecture notes, as well as short videos to view on specific topics for each module. Students will participate in weekly zoom sessions.

To assist students with learning proper APA formatting, there will be resources provided and students are responsible for complete a quiz on the content.

VI. METHODS OF ASSESSING ACHIEVEMENT OF LEARNING OUTCOMES

Graded Projects

*See Pacing Guides for suggested due dates for all application assignments and/or major projects

Major Projects Route:

Major Projects (x2) and Presentations (x2): 90%

Knowledge Checks (Optional)

Zoom Sessions: 5% participation grade

Students must participate in four sessions to receive full participation credit

Pre-test and Post-test: 5% of final grade

The pre-test acts as a guide of your knowledge base for this course. It will help you determine what areas you need to spend more time on.

The post-test allows you to show your competency of the course as a whole.

Modular Path Route:

Module Application Assignments (x14): 90% of final grade

Knowledge Checks (Optional):

Zoom Sessions: 5% participation grade

Students must participate in four sessions to receive full participation credit

Pre-test and Post-test: 5% of final grade

The pre-test acts as a guide of your knowledge base for this course. It will help you determine what areas you need to spend more time on.

The post-test allows you to show your competency of the course as a whole.

VII. STUDENT FEEDBACK AND GRADING POLICIES AND PROCEDURES

Grading Scale:

Percent	Grade
90-100	A
80-89	B
70-79	C
60-69	D
Below 60	F

Demonstration of Proficiency:

Students will have two opportunities to demonstrate proficiency of the modular route assignments and two opportunities to demonstrate proficiency of the major projects route assignments. If student does not demonstrate proficiency in the allotted time, a

grade of 0 will be given for that assignment and will count toward the student's final grade for the course.

Pacing Guides:

Major Projects Pacing Guide [Preview the document](#)
Module Path Pacing Guide [Preview the document](#)

Rubrics

Rubrics will be provided in each course for all written assignments. All written assignments are to be completed in APA writing style unless otherwise noted by the course instructor.

STUDENT FEEDBACK

Students can expect the instructor to respond to emails within 24-48 hours. Students can expect the instructor to grade an assignment, at times provide feedback comments, and update the Canvas grade-book within 7-10 days after the due date, but preferably 3-5 days for accelerated courses (depends upon scope and nature of the assignment as well as length of course). Students can access grades by logging into Canvas (located in the online course on the left control panel).

VIII. COMPUTER AND INFORMATION TECHNOLOGY USAGE

University Email: All students are assigned and expected to maintain an e-mail address on the Anderson University e-mail system. Learners are expected to check their e-mail several times each week in an online course. Students are responsible for all material, assignments, and announcements sent by e-mail. Ignorance of course requirements, instructor statements and directions, and University announcements or policy statements sent through University e-mail is not an acceptable excuse

Technical Support

If you encounter technical support issues (e.g., LMS is unavailable, username and password are not working), you should immediately contact the IT Help Desk. In your communication with the IT Department, be sure to describe the nature of your problem with as much detail as possible so they can provide the best possible assistance. You are encouraged to first contact the IT Help Desk using the web-based support system listed below. If you are unable to login to the system, you can reach them via phone.

Help Desk Website: <https://helpdesk.andersonuniversity.edu>

Help Desk Phone: (864) 231-2859

Course Related Support

If you encounter problems in your online or blended course are beyond technical problems, contact the Center for Innovation and Digital Learning (CIDL). The CIDL manages online and blended learning at AU. The following issues are valid reasons to immediately contact the CIDL:

An online exam or assignment is supposed to be open or made available and it is not (contact the instructor first)

Instructor fails to respond to student questions more than 4 days.

Instructor has not provided any grades or feedback 2+ weeks past the submission deadline.

The instructor is not participating in the course at all.

CIDL Website: <https://www.aucidl.com>

CIDL Phone: (864) 231-2199

COURSE POLICIES

Flex Class Participation/Attendance: This is an accelerated flexible learning course situated within a seven-week format and a significant amount of material is covered within each module. Attendance is based on your participation and is mandatory for this course. It is important that each student participate actively in class zoom sessions, activities, and assignments. Students must adhere to the University Attendance Policy in a self-paced/flexible course.

If the student is aware of extenuating circumstances that will interfere with this course, please notify the instructor and journey coach as soon as possible. If there are issues beyond the student's control that prohibits them from completing their class work (i.e. death of loved one, hospitalization), please notify the instructor and journey coach as soon as possible to make appropriate arrangements.

In order for students to avoid an administrative withdrawal from a Flex course, 50% of all graded module assignments and activities (application assignments, zoom sessions, flip grid discussions, etc.) need to be complete by the "last day to withdraw from a course with a W" date provided by the Registrar. This justifies active participation within the self-paced course and encourages appropriate pacing of course work.

Please refer to the University Policies on Withdrawal from Courses and Attendance for further information.

Academic Dishonesty: Students at Anderson University are expected to conduct themselves with integrity and to be honest and forthright in their academic endeavors. The University faculty's expectations define the following areas that would violate Academic Honesty: plagiarism, fabrication, cheating, and academic misconduct. The policy, process, and penalties, for academic dishonesty are described in the University Catalog. (.285,). See a more detailed description of this issue in the Student Handbook, (42-45) located at <http://www.andersonuniversity.edu/campus/student-handbook> (Links to an external site.).

Statement on Disabilities and Academic Adjustments

If you have a disability that may interfere with your learning, testing, or assignment completion in this course, you may be eligible to receive an academic adjustment to help provide you with an equal opportunity to participate in and benefit from this course. Please contact the staff of the Center for Student Success (<http://www.andersonuniversity.edu/student-success>) (Links to an external site.) who will advise you on appropriate documentation, determine reasonable adjustments, and

notify me of any adjustments for which you are eligible. Once you have been approved for an academic adjustment through the Center for Student Success, please discuss with me its appropriate implementation in this course. Documentation must meet the guidelines specified by university policy, and no one else can be notified of your disability or adjustment without your written consent. This process must be repeated for every semester you are enrolled at Anderson University and wish to receive an adjustment. Changes cannot be made to grades earned before a student has requested an adjustment, so please attend to this early in the semester.

Withdrawal Deadlines for the Course: The last day to drop with NO GRADE and NO CHARGE is pm. The last day to withdraw with a Grade of "W" is pm.

Withdrawal Policies from Courses:

Please see the following link regarding university policy on withdrawal from courses.

<http://catalog.andersonuniversity.edu/content.php?catoid=14&navoid=597#withdrawal-from-courses> (Links to an external site)

LEARNING FACILITIES AND RESOURCES AVAILABLE

Thrift Library

Monday through Thursday - 7:45 a.m. to midnight; Friday - 7:45 a.m. to 5:00 p.m.; Saturday - 11:00 a.m. to 5:00 p.m.; and Sunday - 3:00 p.m. to midnight (Closed on all university holidays.)

<http://www.andersonuniversity.edu/library> (Links to an external site)

Computer Labs located in Vandiver (first floor) and Bunton (Thrift Library basement)

The Writing Center

NEW: The Writing Center and the Center for Innovation and Digital Learning are excited to announce the launch of the AU Online Writing Center. There is an option for

live chat support or assignment-drop off, and there are helpful resources located on the site (built within Canvas). This is currently only for students in online classes.

<http://bit.ly/auwriting> (Links to an external site.)

The Center for Student Success is located on the third floor of the Thrift Library. The Center provides support for academic assistance, tutoring services, as well as study skills seminars. Call 864-328-1420 to contact the Center or visit their website at <http://www.andersonuniversity.edu/student-success> (Links to an external site.).

Appendix A:

COURSE PURPOSE, GOALS, AND OUTCOMES

Purpose:

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IDEA Student Learning Outcomes:

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- Developing skill in expressing oneself orally or in writing
- Learning to analyze and critically evaluate ideas, arguments, and points of view

Module Learning Outcomes:

- Students will gain an understanding of the origins and evolution of the practice of crisis intervention.
- Students will demonstrate knowledge of the different types of theories of crisis intervention.
- Students will assess the different applied crisis intervention actions models.
- Students will analysis the importance of multiculturalism as it pertains to crisis intervention.
- Students will assess the unintended cultural biases that may exist in crisis work.
- Students will demonstrate an understanding of the concepts of equilibrium/ disequilibrium and mobility/immobility as they apply to stabilizing an individual in crisis.
- Students will assess how the hybrid model of crisis intervention is used, what its component parts are, and how they are applied.
- Students will demonstrate proficiency in specific skills utilized in crisis intervention.
- Students will employ the nine basic strategies of crisis intervention.
- Students will demonstrate an understanding of the difference between handling long-term therapy and crisis intervention.
- Students will evaluate the effectiveness of crisis lines.

- Students will demonstrate proficiency in dealing with difficult clients.
- Students will demonstrate an understanding of working with clients with PTSD and employ appropriate interventions strategies for this specific group.
- Students will evaluate the scope of suicide.
- Students will assess how crisis management for suicide work.
- Students will assess sexual assault and identify effective intervention strategies.
- Students will assess the cycle of violence.
- Students will demonstrate assessment strategies for battering relationships.
- Students will analyze crisis work with families.
- Students will apply the hybrid/task model for crisis intervention with families.
- Students will assess the different models of loss.
- Students will evaluate the principles of treatment for loss in different groups.
- Students will evaluate theories associated with crises in schools and assess why youth violence has risen.
- Students will demonstrate an understanding of the roles of school crisis response teams (SCRTs) and what they do.
- Students will assess methods of assessing violent behavior in the workplace.
- Students will describe and assess the unique legal and ethical issues related to crisis intervention.
- Students will assess the dynamics of burnout.
- Students will evaluate and assess individual intervention strategies for burnout.
- Students will demonstrate an understanding of the history and development of disaster mental health relief in the United States.
- Students will demonstrate what crisis workers do in a disaster.