

PSYC 481: Abnormal Psychology

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Course Description and Credit Hours

Credit hours: 3

A study of various forms of abnormal human behavior in relation to their causative factors. Emphasis is also placed upon history of the field, and methods of prevention, if possible

Course Objectives

Upon completion of this course, students should be able to demonstrate knowledge of:

- 1.) The nature and manifestations of psychological disorders
- 2.) The symptoms and frequency of psychological disorders
- 3.) The causes of psychological disorders
- 4.) The diagnostic problems and treatment of psychological disorders

Required Textbook / Materials

Title: CompTIA Network+ N10-007 (Course & Labs)

Author(s): uCertify Publisher: uCertify

Published ISBN: 9781616910204

Textbooks and other required course materials can be purchased from the <u>online campus</u> bookstore.

Course Requirements

Your grade will be determined by the number of points you received out of the possible 800 points. You will not pass the course, regardless of the number of points you have if all assignments are not turned in on time. You will need to contact me in advance if you will be late turning in any assignment. It is important for students to submit work on time as scheduled in the class. This allows the instructor time to grade the material and provide feedback if necessary. Circumstances may interfere with the ability to submit an assignment on time. However, as a student you agree to take the class and therefore agree to submit work on time. In the event you are late on submission of a work or other assignment the following points will be deducted: I

f you contact me, and your assignment is 24 hours late, you will receive 50% reduction in grade, 48 hours late, you will receive 75% reduction and after 48 hours you will receive a 0 for the assignment. If you do not contact me at least 3 days ahead of time of a late assignment, you will receive a 0 for the assignment (if it is late). Please do not get behind as it is difficult to catch up. This policy does not apply to exams. Once the exam closes, it will not be reopened.

Homework: A 1-2 page paper is due every class to be submitted through Canvas. Content to include a brief review of the assigned reading from that week and your personal reflections/reactions to the reading. A demonstration of critical thinking skills is encouraged.

Papers are to be typed in 12pt font, double-spaced and in APA format. Late papers will not be accepted. There are 6 total homework assignments.

Student Led Critical Thinking Exercise (for students taking the course onground): At the end of every chapter is a section on "unresolved issues." Each student will pick a chapter and lead a short presentation on the unresolved issue. Students will share with the class their own opinion on the unresolved issue and lead a brief discussion with classmates about different aspects of the topic. The presentations will take place at the end of each class and will correspond with the assigned reading and lecture presented for that day. Students will choose the chapter assignments on the first day of class. Student led critical thinking presentations will last 5-8 minutes. ** Students will include an informational handout for their classmates on their assigned issue including any resources found on the topic.

Student Led Critical Thinking Exercise (for students taking the course on-line): At the end of every chapter is a section on "unresolved issues." Pick a chapter and write a short presentation (3-4 pages) on the unresolved issue. Imagine you are presenting this to your classmates so include your own opinion on the unresolved issue and include a set of questions you would use to lead a discussion about different aspects of the topic. Students will need to let the professor know no later than the end of the first week which chapter assignments has been chosen. The chapter you chose must be in the same week of the course content. For example, if you select the chapter on Personality Disorders, you will need to have your paper uploaded during Week 4 in the Critical Thinking Exercise located in week 7. Provide an informational handout on the assigned issue including any resources found on the topic. This assignment is worth 100 points and graded at the close of the week selected. The grading rubric can be found in Week 7 under: Critical Thinking Exercise.

Discussions (either in class or on line):

There are a minimum of 15 online discussions within the course. If you are taking the course on ground (in class) you will be participating in the classroom. If you are taking the course on line, you will be dialoguing with this your classmates on line. Each discussion occurs as part of the scheduled course weekly session. Participation is required for each discussion and a grade will be determined based on your level of interaction and depth of thought during the weekly discussions.

The following are requirements for online discussions:

The student will submit an initial discussion post per discussion topic. This initial discussion is a minimum of 250 words. This initial discussion post must include a level of detail, analysis and reflection related to the discussion topic. The student is expected to cite references to support their opinion. Any use of references must be properly cited using APA format.

Each student is required to reply to a minimum of two student initial posts. The reply post is a minimum of 100 to 150 words. This post must include a level of detail, analysis and reflection.

To receive the minimum points possible for a weekly discussion, each student will post their initial discussion response on Wednesday of the weekly session and additional student reply posts from Wednesday to Saturday of the weekly session.

Posting / Response Guidelines for an Online Discussion

Whether you are taking this course online or in the classroom, the rules are the same. Email is not used for discussions. Online and on ground discussions are designed to allow the class to engage in a healthy dialog on the lesson topic or question being presented. However, for the dialog to remain productive, Bethel College requires each person to conduct themselves in a responsible manner by following the simple guidelines below. These help to maintain a collaborative and congenial environment by reminding us all that, when we communicate online, we are still engaging real people.

Respect other people and be willing to share your ideas and thoughts in a respectful way. Simply, respect others' views. You may disagree with someone, but do so graciously and constructively. Pause before writing a response when you are angry, and reread your post carefully before clicking 'send.' Treat others the way you wish to be treated-with respect.

Stay on the discussion topic. Be respectful of participants and their time by staying on-topic and not commandeering a discussion with vague or unrelated comments. Contribute productive information when participating in a discussion by stating a complete and logical idea or concept. The goal in the discussion is to delve into a topic and "learn," so when you post a comment stay on topic and explain your point of view.

Do not post personal information. Do not post addresses, telephone numbers, etc., and do not post someone else's personal information.

Do not post offensive or hateful content. We do not permit posts that are obscene, harassing, sexually explicit or derogatory toward individuals or groups. We do not permit classroom discussion that is obscene, harassing, sexually explicit or derogatory toward individuals, groups, faculty or students. If these occur on-line, these will be deleted, and repeat offenders may be barred from future participation. If this occurs in the classroom, the student(s) will be asked to stop the behavior and if the behavior does not stop, the student(s) will be asked to leave the class room. A second offense, and the student(s) will be dropped from the course.

Do not post copyrighted material without the expressed, documented permission of the copyright holder or following proper source citation of the information, just as you would when writing an essay or term paper. Criteria source if you use it. For on line students, access discussions several times in the weekly sessions to remain current and active in the discussion.

Contact your instructor if you have any questions.

Exams: You will have the opportunity to demonstrate your knowledge of course content in the form of multiple choice questions. All four exams are each worth 75 points and are taken on-line through CANVAS.

In-Depth Diagnostic Paper:

10 page paper including:

a. You will choose any psychological diagnosis covered in our textbook and complete your own literature review on the specific diagnosis. In addition to your own "research" on the topic, you will select one mental health professional to interview (in person) regarding their "real world "experiences in working with individuals with your chosen diagnosis. *As a representative of Bethel College, make sure to be professional in appearance and be considerate of the

interviewee's time and schedule well in advance. You may not interview any employee of Bethel College.

- b. In reporting your findings throughout the paper, incorporate a minimum of least 5 separate sourcesnand cite accordingly.
- c. In your concluding paragraph, be sure to include your most important insight gained this semester. Your paper is expected to be typed, 12pt font, double-spaced, and in APA format. If you are not familiar with APA format please take advantage of Bethel's writing center. Please see me if you need additional information on the writing center.

Interview Presentation for on ground students only

5-8 minute presentation of the thoughts expressed in the above paper:

Content – Share in detail your findings and information gained in the interview completed as well as your most important insight gained this semester.

Presentation Style—Based on creativity (ability to sustain the attention of your classmates) and clarity (ability to clearly express the thoughts conveyed throughout the interview(s))

Final Grade Calculation

Grading Scale

Letter Grade	Percent
Α	100% - 94%
A-	< 94% - 90%
B+	< 90% - 87%
В	< 87% - 84%
B-	< 84% - 80%
C+	< 80% - 77%
C	< 77% - 74%
C-	< 74% - 70%
D+	< 70% - 67%
D	< 67% - 64%
D-	< 64% - 60%
F	< 60% and below

Netiquette Policy

In an online course, almost all your interactions with other people will be through the internet. This netiquette policy applies to all your interactions with the instructor and your fellow students, and you are expected to follow the guidelines outlined below.

Respect other people and be willing to share your ideas and thoughts in a respectful way. Simply, respect others' views. You may disagree with someone, but do so graciously and constructively. Pause before writing emails or posts when you are angry, and reread what you wrote carefully before clicking 'send.' Treat others the way you wish to be treated—with respect.

Do not post or communicate offensive or hateful content. Bethel University does not permit discussions that are obscene, harassing, sexually explicit, or derogatory toward individuals or groups. These will be deleted, and repeat offenders may be barred from future participation.

Do not post or share personal information. Do not post or share information such as addresses, telephone numbers, etc., and do not post or share someone else's personal information.

Learning Activities and Tests

Online Discussion

Class Participation

In the event of classroom meeting cancelation due to a campus scheduled holiday or severe weather, the scheduled class session will continue online. The following requirements are for online discussions:

The student will submit an initial discussion post per discussion topic. This initial discussion is a minimum of 250 words. This initial discussion post must include a level of detail, analysis and reflection related to the discussion topic. The student is expected to cite references to support their opinion. Any use of references must be properly cited using APA format.

Each student is required to reply to a minimum of two student initial posts. The reply post is a minimum of 100 to 150 words. This post must include a level of detail, analysis and reflection.

To receive the minimum points possible for a weekly discussion requires each student to post their initial discussion response on the regular night of the class session and two student reply posts by day four of the session – unless otherwise directed by the professor.

Post / Response Guidelines

In an online classroom the majority of discussion among class members will take place in the discussion forum. Online discussion forums are designed to allow the class to engage in a healthy dialog on the lesson topic or question being presented. However, for the dialog to remain productive Bethel University requires each person to conduct themselves in a responsible manner by following the simple guidelines below. These help to maintain a collaborative and congenial environment by reminding us all that, when we communicate online, we are still engaging real people.

Stay on the discussion topic. Be respectful of participants and their time by staying on-topic and not commandeering a discussion with vague or unrelated comments. Contribute productive information when participating in a discussion by stating a complete and logical idea or concept. The goal in the discussion is to delve into a topic and "learn," so when you post a comment stay on topic and explain your point of view.

Access the discussions several times in the weekly sessions to remain current and active in the discussion.

Do not post copyrighted material without the expressed, documented permission of the copyright holder or following proper source citation of the information, just as you would when writing an essay or term paper. Cite a source if you use it.

Contact your instructor if you have any questions.

Major Assignments

Module 7: Final Exam

Other Assignments

None

Course Schedule

Week #	Required Reading	Assignment / Activity
1	CH 1,2, 3	Overview, Historical & Contemporary Views and Causal Factors
2	CH 4 & 5	Assessment & Diagnosis and Stress effects on physical and mental health
3	Ch. 6, 7 & 9	Panic/anxiety, Mood disorders & Eating Disorders
4	Ch. 8,10 & 13	Somatoform, Personality & Psychotic Disorders
5	Ch. 11,12 & 14	Substance Disorders, Sexual dysfunction & Cognitive Disorders
6	Ch. 15	Childhood & Adolescence
7	Ch. 16 & 17	Therapy & Contemporary issues (Optional carry-in to celebrate your growth and success in this class)

Bethel University Policies and Resources

To view all Bethel University policies and information, please review the **Student Handbook**.

Online Attendance

Online attendance is recorded each time that you log into the learning management system. The academic week is seven days for an online session and is based on the night the class normally meets (i.e. if the class meets on Monday night then the online session will be from Monday night through Sunday night of the following week). To receive full credit for attending online, you must login AND one of the following items must be completed as directed by the instructor:

- Submit an academic assignment.
- Submit a quiz or exam.
- Participate in a posted online academic discussion.

Note that the following actions will not count as attendance:

- Logging into class without active participation does not constitute attendance.
- Work done in a lab or other outside environment will not count toward online attendance.
- Assignments completed the week after the online assignment is due will not count toward attendance for the previous week.

Students are strongly encouraged to log into the course a minimum of three days during the week the course is "online" in order to understand the subject fully and to be successful in class.

An online absence is counted the same as an in-class absence.

Late or Make Up Work

It is important for students to submit work on time as scheduled in the class. This allows the instructor time to grade the material and provide feedback if necessary. Circumstances may interfere with the ability to submit an assignment on time. However, as a student you agree to take the class and therefore agree to submit work on time.

Students are encouraged to work ahead to avoid late assignments. Please communicate with your professor promptly if you have extenuating circumstances that may contribute to a late assignment.

Assignments (excluding discussion questions) will be accepted late, subject to a 10% deduction off the earned grade per day late (24-hour period), for up to 3 days. No assignments will be accepted after 3 days. Discussion posts and responses that are not posted by the due date will receive 0 points and are not accepted past the due date.

All work must be completed and submitted by the end of Week 7 of the course. No work will be accepted after the last day of the course.

Class Cancelation / Weather Policy for Online Courses

In the advent of in-classroom meeting cancelation due to a campus scheduled holiday or severe weather, the online course schedule will be maintained. Campus closures do not affect the online course schedule.

Plagiarism

Any act of deceit, falsehood or stealing by unethically copying or using someone else's work in an academic situation is prohibited. A student found guilty of plagiarism will receive an "F" for that paper, assignment or exam. The professor will have an interview with the student and submit a written report to the Program Director or Coordinator for the area in which the student is enrolled. If a second offense should occur, the student will be required to appear before the professor, the director and the vice president for adult and graduate studies. At this point the student's continuation in the course and academic career are in jeopardy. Students are encouraged to refer to the Bethel Library's online help for proper citation.

Disability Services

The Americans with Disabilities Act (ADA) is a law that provides civil rights protection for people with disabilities. Bethel University is compliant with equal access laws and requests students with disabilities The Center for Academic Success (CAS) is located in the lower level of the Miller/Moore Academic Center.

If you have a disability, or think you have a disability, please make an appointment by calling Disability Services at the Center for Academic Success at (574) 807-7460 or (574) 807-7462 or email <u>academicsuccess@betheluniversity.edu</u>.

Bethel's website offers more detailed information under CAS. Please check out the <u>Student Guide for Disability Services</u>.

Information Technology Help Desk

The Help Desk is open Monday-Thursday from 7:30 a.m. - 6 p.m. and Friday, 7:30 a.m. - 5 p.m., during the fall and spring semesters, and 8 a.m. - 5 p.m. during the summer (starting May 1). Hours may vary on holidays and breaks.

Contact the Help Desk at helpdesk@betheluniversity.edu or by calling (574) 807-7777.

Library

Bethel's Bowen Library offers a range of resources and services, both online and physical, to all students enrolled at Bethel College. All online resources are available at the library website.

Almost all periodicals and journals are available online, and there is a wide selection of e-books available as well. Off-campus access to these resources requires an active Bethel login account. For assistance in locating information, librarians are available to answer questions via email (<u>Ask a Librarian</u>), phone, or in person during regular business hours. For physical resources, students are able to use the <u>library catalog</u> to locate books and resources that are

held either by Bethel or any other library. Students may use the catalog to request books from another library and have them delivered to the Bowen Library.

Students may also go to any <u>PALNI</u> library or to Notre Dame or Holy Cross and check material out in person with a valid student ID. PALNI is a consortium of several academic libraries in Indiana of which Bethel is a member; some nearby member libraries include Saint Mary's, Associated Mennonite Biblical Seminary, Goshen, and Grace. In addition, physical books and journals, the Bowen Library provides study spaces, computers, and printers (included a web print station) to all students.

Syllabus Acknowledgment

Enrollment in this course is considered an acknowledgment that the student will review and follow the course syllabus and additional college policies as stated within the student handbook, college catalog and student information provided by the college through the campus website.

This syllabus is not a legal contract, but serves as a general outline for the semester. The professor reserves the right to make adjustments to the course as the need arises.