

Central Christian College of Kansas

Title: Human Sexuality

Code: SS-PY 305

Credits: 3

Prerequisites: No

It is difficult, if not impossible to interact in contemporary culture without encountering sexually motivated advertising, entertainment and behavior. Current legislation and politics are inundated with topics pertaining to human sexuality. Issues of human sexuality quickly become divisive and can quickly damage or ruin relationships.

Description: Throughout this course, you will explore various perspectives in relation to human sexuality. These perspectives will include (but are not limited to) historical, psychological, physiological, cultural and social perspectives. Emphasis is placed on the relation of human sexuality to current Western culture as well as a Judeo-Christian worldview and response to current issues. You will encounter a holistic view of human sexuality with encouragement toward moral responsibility for personal and public sexual health.

At the end of the course, you will be able to:

- Demonstrate an understanding of a holistic view of human sexuality including multiple perspectives pertaining to the study of sexuality (historical, psychological, physiological, cultural/social).
- Engage in an intelligible discussion regarding the church's response to present day sexuality issues.
- Relate the historical impact of the progression of human sexuality on current cultural views.
- Apply the influence of media and culture to the effects of human sexuality on politics, legislation and modern day culture.
- Utilize a Judeo-Christian worldview in discussing topics relevant to human sexuality.
- Compare cross-cultural information related to human sexuality.
- Examine personal assumptions and bias related to human sexuality and sexual issues.



Ethridge, S. (2012). *The Fantasy Fallacy: Exposing the deeper meaning of sexual thoughts*. Nashville, TN: Thomas Nelson, Inc.

Topic	Readings	Assignments
Human Sexuality Defined	<p><i>The Fantasy Fallacy</i></p> <ul style="list-style-type: none"> • Forward • A Note to the Reader: Fifty Shades of Reality • Introduction: Reading Between the Lions • Chapter 1: Why Discuss Sexual Fantasies? • Behind the Curtain: How is Fantasy a Friend? 	<ul style="list-style-type: none"> • Pre-Test • Plagiarism Certification • Reflection Journal • Discuss 1 • Apply
Topic	Readings	Assignments
Human Sexuality: A Psychological Perspective	<p><i>The Fantasy Fallacy</i></p> <ul style="list-style-type: none"> • Chapter 2: The Benefits of Boundaries • Behind the Curtain: Retraining Our Brains • Chapter 3: The Faces Behind Sexual Fantasies • Behind the Curtain: Sophia's Layers of Loneliness 	<ul style="list-style-type: none"> • Reflection Journal • Discuss • Apply
Topic	Readings	Assignments
Human Sexuality: A Physiological Perspective	<p><i>The Fantasy Fallacy</i></p>	<ul style="list-style-type: none"> • Reflection Journal • Discuss

	<ul style="list-style-type: none"> • Chapter 4: The Fantasy Factory • Behind the Curtain: From Pain to Pleasure to Pain Again • Chapter 5: Bartering with Our Bodies • Behind the Curtain: Searching for the Softer Side of God 	<ul style="list-style-type: none"> • Apply
Topic	Readings	Assignments
Human Sexuality: A Cultural/Social Perspective	<i>The Fantasy Fallacy</i> <ul style="list-style-type: none"> • Chapter 6: When One “Flesh” Isn’t Enough Flesh • Behind the Curtain: Brent’s “Rock Bottom” • Chapter 7: Grappling with Gay and Lesbian Fantasies • Appendix 1: Ten Excuses That Turn Fantasies into Painful Realities 	<ul style="list-style-type: none"> • Reflection Journal • Discuss • Apply

Topic	Readings	Assignments
Deviant Sexuality	<i>The Fantasy Fallacy</i> <ul style="list-style-type: none"> • Chapter 8: Our Fascination With Pleasure, Pain and Power • Behind the Curtain: What’s Up with Sexual Fetishes? • Appendix 2: Curing the Sexual Abuse Epidemic • Appendix 3: Providing a Spiritual and Sexual Safe Haven 	<ul style="list-style-type: none"> • Reflection Journal • Discuss • Apply

	<ul style="list-style-type: none"> • Appendix 4: Twelve Steps to Recovery • Appendix 5: Recommended Resources for Your Church/Home Library 	
Topic	Readings	Assignments
Healthy Sexuality	<i>The Fantasy Fallacy</i> <ul style="list-style-type: none"> • Chapter 9: Putting Fantasy In Its Place • Behind the Curtain: Free at Last! • Conclusion: The Rest of the Story 	<ul style="list-style-type: none"> • Reflection Journal • Discuss • Final Project • Post-Test

Assessments	Number	Points Each	Total
Reflection Journal	6	25	150
Discuss	6	25	150
Application Assignments	5	50	250
Final Project	1	100	100
Pre-test	1	5	5
Post-test	1	5	5
Total			660

Students are expected to post in the discussion board a minimum of three separate posts and three separate post dates per discussion thread. The three posts for each thread must include:

- One "initial" post in response to the instructor's question (or stated assignment) no later than Thursday of each course week.
- Two "follow up" post in response to at least one classmate by Sunday of each course week.

The initial response to a discussion question should substantively demonstrate familiarity with the content of the question. The response should be 150-200 words in length. To ensure the discussion is a collective and focused exploration of the topic in the question, the discussion thread should remain focused on the question.

The timing of responses is important since other students are dependent on your postings in order to fully develop the discussion and to post "follow up" discussion entries. Responses should

occur in the week the discussion question is posted for reply. Preparation for the response is encouraged to ensure a thoughtful and well-founded contribution to the discussion.

Each learner is expected to both respond initially (by Thursday each week) to the discussion question or assignment instruction posted by the instructor/facilitator each week and make at least two follow-up responses to other learners' postings in the discussion thread by the end of the week (Sunday at 11:59pm). The purpose is to ensure an informed and thoughtful dialogue focused on the topic.

There are 5 application assignments in this course - one each in weeks 1-5. These are designed so you apply the knowledge and skills you learn during the week.

Click [here](#) to view the Apply Assignment Rubric

There is a pre and a post test in this course. The pre-test is scheduled for the first week of classes. The post test is scheduled for the last week of classes. While the actual score for both the pre and the post test do not get configured into your grade, you will earn 5 participation points for the submission of each. The pre and post tests should be taken seriously as they provide important feedback on your learning outcomes. This information is used to continuously improve the course.

This course does require the completion of a final written assignment, which is due at the close of the last week of class. The objective of this assignment is to provide a means through which the student demonstrates his or her ability to interpret and apply the information acquired throughout the course. The student will need to respond to one of the case scenarios presented, as if acting as a consultant submitting a proposal for change to policy or procedure regarding a human sexuality topic or issue.

Your Final Project is a culmination of the information you studied throughout this course. It is a written assignment that will focus on your choice of one of the issues or topics you researched over the past five weeks. Your Final Project will begin as a response to one of the following case studies. It will be composed as if you were acting as a consultant submitting a proposal presentation to either 1. a legislative or politic group in attempt to affect Western culture's human sexuality views, policies, legislation, practices, etc. or 2. a church board or congregation to advocate for a church attendee or the community at large struggling with the issue or topic.

In your written proposal presentation, you will relate the one issue or topic to each of the human sexuality perspectives covered in the course (Historical, Psychological, Physiological and Cultural/Social). Your assignment should contain at least two paragraphs per perspective, making sure the explanation presented is thorough and demonstrates your understanding of each respective perspective.

After concluding your written proposal presentation, your Final Project will culminate in your overall analysis of the issue or topic. This final section will focus on how the information presented is applicable to everyday life. You will need to explain in detail how you would use

your knowledge to advocate for change. Which specific questions or points would you make sure to address?

Assignment:

After choosing the human sexuality issue or topic on which you will focus, choose one of the following case scenarios:

1. You have been nominated to work with local policy makers in advocating for change regarding a human sexuality issue in your community (the issue of your choice). After planning with local leaders, you will have the opportunity to advocate for policy change at the state level. You will need to construct a proposal that includes education regarding the issue as well as a proposed solution or policy change to address the issue.
2. The church you attend in your local community has placed you on a task force committee to address human sexuality issues that may arise both within the church body and the community at large. Part of the committee's agenda is to determine how the church will respond to different sexuality issues that may come up as the church is actively pursuing ministry and community outreach programming. You have been nominated as the spokesperson to write a proposal and approach the church board and then the congregation for both education and policy implementation regarding human sexuality issues that have recently arisen (the issue of your choice).

Your proposal should begin by clearly stating the human sexuality issue or topic of your choice and why the issue or topic is important. Your proposal should then address the issue or topic from each of the four perspectives covered in this course (Historical, Psychological, Physiological and Cultural/Social). Each of these perspectives should be covered in at least two paragraphs each.

Next, include a detailed description of your plan for change or policy implementation. Include any necessary steps that will need to be relayed to your audience for implementation.

Finally, include several paragraphs regarding any important details or steps that you will need to focus upon in your presentation of the proposal. Include which perspective you would most heavily rely upon in your advocacy efforts.

Your proposal should include researched information with citations from at least four sources. You will need to include APA formatted citations in the body of your paper as well as an APA formatted references page.

Your assignment should be four to six pages in length and formatted in APA style throughout. Upload your completed document to your facilitator via the course. Documents should be saved utilizing the following format: FirstNameLastName_FinalProject

Document Type:	MS Word
Paper Size:	8.5 X 11"

Length: 4-6 pages
Margins: 1"
Font: 10-12 pt Times New Roman or a similar font
Line Spacing: Double. No extra double space between paragraphs please

Paper Structure:

- Title Page
- Introduction
- Body
- Conclusion
- References

In-text Citations &
Reference List Style APA

File Naming LastNameFirstName_FinalPaperProject
Convention Example: DoeJohn_FinalPaperProject

Click [here](#) to view the Discussion Rubric.

Click [here](#) to view the Reflection Journal Rubric.

Click [here](#) to view the Final Project Rubric