

Central Christian College of Kansas

Title: Personality Psychology

Code: SS-PY 312

Credits: 3

Prerequisites: No

This course has been designed to introduce the student to Personality Psychology and the theoretical concepts associated with the study of personality. This course will also introduce the student to the application of personality concepts and issues to a Judeo-Christian worldview.

Rationale: Understanding personality development and issues relating to personality is important to the helping professional. Students will be given the opportunity to master the conceptual knowledge on which many of the current psychotherapy tools and techniques are based. An understanding of the interaction between behavior, stimulus and environment is crucial to providing effective care within the confines of the helping relationship.

At the end of the course, you will be able to:

-

The student can express the basic concepts of Psychodynamic (First Force), Behaviorist (Second Force), Humanistic (Third Force), and emerging theories of personality. [PSY3, PSY6, PSY9]

The student can articulate influences effecting personality development. [PSY3, PSY4, PSY9]

The student can recognize and define key terms associated with personality theory. [PSY3, PSY9]

The student can defend the philosophical/theological underpinnings of personality theories. [PSY6, PSY9]

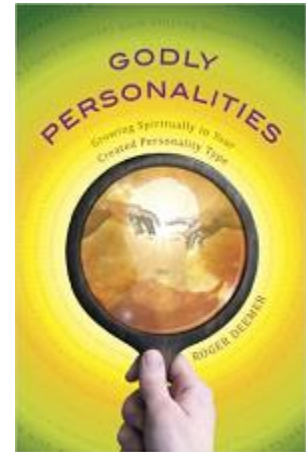
The student can infer theoretical knowledge to real life issues. [PSY2, PSY4, PSY9]

The student can synthesize current research with historical theories of personality. [PSY3, PSY5, PSY6, PSY8, PSY9]

The student can defend an appreciation for diverse personality types. [PSY2, PSY6]

Deemer, R. (2011). *Godly personalities: Growing spiritually in your created personality type*. Sisters, OR: Deep River Books.

- ISBN: 978-1935265559
- ISBN-10: 1935265555



Heffner, C. (2015). *Personality theory: An introduction*.

Available FREE online at:

<http://allpsych.com/personalitysynopsis/contents/#.VkBLmius8Qo>

Topic	Readings	Assignments
What is Personality?	<i>Personality Theory</i> <ul style="list-style-type: none"> • Chapter 1: Introduction to Personality Theory & Development (Sections 1-2) • Chapter 2: Personality Research & Assessment (Sections 1-7) 	<ul style="list-style-type: none"> • Pre-test • Plagiarism Certification • Discuss 1 • Discuss 2 • Apply
	<i>Godly Personalities</i> <ul style="list-style-type: none"> • Chapter 1: Introduction • Chapter 2: Spiritual Strengths & Vulnerabilities 	

Topic	Readings	Assignments
Biological Versus Psychoanalytic Theory	<p><i>Personality Theory</i></p> <ul style="list-style-type: none"> Chapter 3: Biological Components of Personality (Sections 1-4) Chapter 4: Psychoanalytic Theory (Sections 1-4) <p><i>Godly Personalities</i></p> <ul style="list-style-type: none"> Chapter 3: Judgers-Perceivers Chapter 4: Thinkers-Feelers 	<ul style="list-style-type: none"> Discuss 1 Discuss 2 Apply
Topic	Readings	Assignments
Psychodynamic / Neo-Freudian Theories	<p><i>Personality Theory</i></p> <ul style="list-style-type: none"> Chapter 5: Psychodynamic and Neo-Freudian Theories (Sections 1-7) Chapter 6: Psychodynamic Assessment (Sections 1-3) <p><i>Godly Personalities</i></p> <ul style="list-style-type: none"> Chapter 5: Sensors-Intuitives Chapter 6: Extraverts-Introverts 	<ul style="list-style-type: none"> Discuss 1 Discuss 2 Apply
Topic	Readings	Assignments
Trait & Humanistic Theories	<p><i>Personality Theory</i></p> <ul style="list-style-type: none"> Chapter 7: Trait Theory (Sections 1-5) Chapter 10: Humanistic Theory (Sections 1-4) 	<ul style="list-style-type: none"> Discuss 1 Discuss 2 Apply

	<i>Godly Personalities</i> <ul style="list-style-type: none"> Chapter 7: Considering Preference in Your Calling 	
--	--	--

Topic	Readings	Assignments
Learning & Behavioral Theories	<i>Personality Theory</i> <ul style="list-style-type: none"> Chapter 8: Learning Theory (Sections 1-5) Chapter 9: Behavioral Theory Applications and Research (Sections 1-4) 	<ul style="list-style-type: none"> Discuss 1 Discuss 2 Apply
	<i>Godly Personalities</i> <ul style="list-style-type: none"> Chapter 8: Godly Marriages and Homes 	
Topic	Readings	Assignments
Cognitive Theory & Psychopathology	<i>Personality Theory</i> <ul style="list-style-type: none"> Chapter 11: Cognitive Theory (Sections 1-4) Chapter 12: Disorders, Application, and Trends (Sections 1-4) 	<ul style="list-style-type: none"> Discuss 1 Discuss 2 Final Project Post-test

Assessments	Number	Points Each	Total
Discussion	12	25	300
Apply Assignments	5	50	250
Panopto Videos	6	10	60
Final Paper	1	100	100
Pre-test	1	5	5
Post-test	1	5	5
Total			720

Students are expected to post in the discussion board a minimum of three separate posts and three separate post dates per discussion thread. The three posts for each thread must include:

- One "initial" post in response to the instructor's question (or stated assignment) no later than Thursday of each course week.
- Two "follow up" posts in response to at least one classmate by Sunday of each course week.

The initial response to a discussion question should substantively demonstrate familiarity with the content of the question. The response should be 150-200 words in length. To ensure the discussion is a collective and focused exploration of the topic in the question, the discussion thread should remain focused on the question.

The timing of responses is important since other students are dependent on your postings in order to fully develop the discussion and to post "follow up" discussion entries. Responses should occur in the week the discussion question is posted for reply. Preparation for the response is encouraged to ensure a thoughtful and well-founded contribution to the discussion.

Each learner is expected to both respond initially (by Thursday each week) to the discussion question or assignment instruction posted by the instructor/facilitator each week and make at least two follow-up responses to other learners' postings in the discussion thread by the end of the week (Sunday at 11:59 p.m.). The purpose is to ensure an informed and thoughtful dialogue focused on the topic.

Initial Response (Standard Posting Requirements)

0 Points	1-2 Points	3-4 Points	5 Points
No initial response posted.	Initial response is superficial (less than 100 words), and/or posted after Thursday at 11:59 p.m. CT.	A substantive initial response is posted prior to Thursday at 11:59 p.m. CT that contains 100-149 words.	A substantive initial response is posted prior to Thursday at 11:59 p.m. CT that includes at least 1 reference to course material or another reliable source (150 words or more).

Initial Response (Quality of Content)

0 Points	1-2 Points	3-4 Points	5 Points
Response is irrelevant to the question and does not add to the intent of the discussion.	Response addresses the question, but lacks depth or goes off topic.	Response addresses the question, though greater reflection or development of thought would be helpful.	Response addresses the question, is reflective, and represents a substantive contribution to the discussion.

Follow-Up Posts

0 Points	1-2 Points	3-4 Points	5 Points
No follow-up posts made.	Follow-up posts do not provide sufficient analysis or synthesis of the discussion.	Follow-up posts demonstrate an appreciation for the input of others and add to the discussion.	Follow-up posts elaborate on the comments of others and add to the discussion with further analysis and synthesis.

Mechanics

0 Points	1-2 Points	3-4 Points	5 Points
Posts lack any organization and/or contain multiple errors in spelling or mechanics.	Posts are somewhat organized, but interrupted by significant errors in spelling and mechanics.	Posts could benefit by a bit more organization and attention to mechanical details.	Posts are clear and formatted in a way that is easy to read, free from spelling and mechanical errors.

Frequency of Participation

0 Points	1-2 Points	3-4 Points	5 Points
No participation in discussion.	All posts made on the same day.	Posts made on 2 different days.	Posts made on 3 (or more) different days.

Each week, the student will have the opportunity to complete an Apply Assignment. These assignments have been designed to challenge the student to move beyond the text and course interface, to apply the assignment or synthesize information discussed in the course. These assignments vary in type and scope, but often require a written submission. Students should pose questions to their course facilitator if the requirements of the assignment are unclear. Click [here](#) to view the rubric that will be used to evaluate your Apply assignments.

Pre/Post-Tests

There is a pre-test and a post-test in this course. The pre-test is scheduled for the first week of classes. The post-test is scheduled for the last week of classes. While the actual score for both the pre- and the post-test do not get configured into your grade, you will earn 5 participation points for the submission of each. The pre- and post-tests should be taken seriously as they provide important feedback on your learning outcomes. This information is used to continuously improve the course.

Final Paper

This course does require the completion of a final project assignment, which is due at the close of the last week of class. The objective of this assignment is to provide a means through which the student can demonstrate his or her ability to apply personality theory at both the individual level and in response to a presented case scenario.

Your Final Project is a written assignment that will consist of three specific sections. You may want to use APA formatted headings to clearly denote each section.

Section One

The first section of your Final Project assignment will apply the case scenario below to each of the personality theories discussed throughout this course (Psychoanalytic Theory, Psychodynamic Theory, Behavioral Theory, Humanistic Theory, and Cognitive Theory). In this first section, discuss how you, as a mental health professional, would treat the client under each theoretical approach. Your online textbook contains examples in Chapter 12, Section 3 indicating

how each theory can be applied to practice. Use these examples as guides for your own assignment.

Case Scenario:

Brandy has come to your office seeking help for her glossophobia, the fear of public speaking. Brandy's fear and anxiety surrounding public speaking is much more severe than the typical discomfort felt by many who prefer not to speak in public. Brandy's fear is so debilitating that she is literally unable to complete the task. In school, she received poor grades in classes that required presentations or speaking in front of the class because she would choose to take a zero grade instead of completing the assignment.

Now, Brandy is at a point of cross-roads in her career. Without overcoming this fear, Brandy runs the risk of being fired. Brandy will be unable to find a similarly paid position without the skill of public speaking.

Overcoming her fear of public speaking has become a necessity for Brandy's career.

Section Two

You likely noticed in your weekly review of personality theories that no one theory provides an explanation that covers all aspects of personality development. Your second section of your Final Project assignment should discuss which theory (or theories) of personality development you relate to or identify with most often. Include your rationale for why you favor one theory over the other. It is okay to take either an eclectic or integrational approach in your response!

Section Three

The third section of your Final Project assignment should provide a summary of your learning regarding your own personality tendencies. Summarize your strengths and vulnerabilities connected to your personality (keeping in mind that strengths are individually specific and not always tied directly to personality type). How does your personality relate to your spiritual tendencies and relationship with God? What pitfalls in interacting with others do you need to remain aware of and avoid? How do you specifically plan to develop your strengths and improve your vulnerabilities?

Your assignment should be formatted in APA style and 4-6 pages in length. Make sure to use course related concepts / information and include APA formatted citations for the information used in your paper. Your assignment should include an Introduction, Body, Conclusion and Reference Page.

Be sure to ask your facilitator should you have any questions in relation to this assignment.

Document Type:	MS Word
Paper Size:	8.5" X 11"
Length:	4-6 pages

Margins: 1"
Font: 12 pt Times New Roman or a similar font.
Line Spacing: Double. No extra double space between paragraphs please

Paper Structure

- Introduction
- Body
- Conclusion
- References

In-text Citations &
Reference List Style APA

File Naming LastNameFirstName_Final_Paper
Convention Example: DoeJohn_Final_Paper

Click [here](#) to view the rubric that you will use to evaluate your Final Paper.