

Dominican College
Division of the Social Sciences
PS 226 DA: Abnormal Psychology
Fall 2020

Dates: 8/31/2020 - 12/18/2020 **Day & Time:** MW 2:35 PM-3:50 PM **Location:** ONLINE

Instructor: Dr. Michael G. Ainette

Office Hours: MTWR 11 AM – 12 PM or by appointment

Mobile Phone: 646.430.4188

Call or text during office hours or scheduled appointment, text during off hours, zoom meetings can be scheduled during office hours as well.

Email: Michael.Ainette@dc.edu

Response times for Emails will vary so consider texting, calling, or setting up a zoom meeting.

Peer Assistant: Brianna Ramos

Mobile Number: 201.655.9013 (text messaging preferred)

Required Textbook: Beidel, D.C. & Bulik, C.M.(2016). *Abnormal Psychology: A Scientist-Practitioner Approach* (4th Edition). New Jersey: Pearson

Course Prerequisites: PS 102 or equivalent

Course Description:

An examination of the various syndromes currently classified as psychological disorders, with emphasis on disorders related to mood, anxiety, sex, personality, stress, substance use, and psychosis. Various theoretical models, in particular biopsychosocial and cognitive-behavioral, will be discussed with particular emphasis on the assessment, etiology, course, and treatment of each disorder.

Course Objectives:

1. To help students understand psychopathology.
2. To help students gain knowledge about the various theoretical orientations used to understand and treat psychological disorders.
3. To help students become acquainted with the classic research studies for each area of psychopathology.

Academic Learning Objectives:

1. discover and utilize information through responsible use of appropriate technologies.
2. express and exchange ideas effectively through various modes of communication.

Student Outcomes:

By the end of the course students should be able to:

1. understand and classify clusters of symptoms into psychological disorders.
2. apply theoretical models and research to case scenarios
3. identify and understand the etiology, course, and effective treatment paradigms for each disorder covered in the semester

COURSE EVALUATION CRITERIA:

Noncumulative Exams (60%): There are 3 noncumulative exams consisting of conceptual and applied items (each worth / weighted at 15%). The highest score of the three exams will also count as a fourth score (15%), so 60% in total. Exams will cover material in the assigned readings as well as everything discussed in lectures (multiple-choice and/or short answer format). Please add scheduled exam days to your mobile calendar with alerts. Missed exams will be recorded with a grade of zero. If you miss an exam due to extenuating circumstances, then reach out to me and be prepared to provide supporting documentation.

Cumulative Final Exam (18%): You will have an opportunity to demonstrate your overall knowledge of motivation psychology.

Annotated Bibliography (AB, 10%): Review “AB Instructions / Rubric / Score Sheet” under the course documents tab in Blackboard. Papers that are not submitted on time will NOT be accepted. Also, you must use the template that is provided. Failure to follow instructions will result in a score of zero. **I DO NOT** accept papers sent via Email. Deadlines are explicitly stated in this syllabus.

Participation (10%): During a lecture, you will be asked either to engage in a group activity or answer a question for 1% of your grade.

Student Agreement Form (2%): Please review the student agreement form (SAF), which is located on the last page of this syllabus. Then, sign and send it to me via email to earn 2% of your course grade. If you do not have a printer/scanner, you may provide an electronic signature.

FINAL GRADE:

Your final grade will be based on the following criteria:

Noncumulative Exams:	60%
Final Exam:	18%
Annotated Bibliography:	10%
Participation	10%
<u>Student Agreement Form:</u>	<u>2%</u>
Total	100%

GRADING POLICY (effective Fall 2020):

Points Earned	Equivalent Grade
95 – 100	A
90 – 94	A -
87 – 89	B +
83 – 86	B
80 – 82	B -
77 – 79	C +
73 – 76	C
70 – 72	C -
66 – 69	D +
60 – 65	D
Below 60	F

Policies:

Communication:

Be sure to check your email and Blackboard regularly, as important documents and announcements will be posted on Blackboard (typically, a copy is sent via Email). If you need to meet with me, you may reach me via phone during my office hours (indicated on page 1). I am working remotely, so please call me directly at 646.430.4188. If you prefer to send me a message, please do so by text to my mobile. Please begin your message with identifying yourself and the the class you are enrolled.

Standards:

All students will be expected and required to abide by all academic standards and norms of etiquette, including completing all assignments with integrity, arriving to class on time, remaining in class until the end of the session, and maintaining attentiveness to all class instruction. Meaningful and constructive dialogue is encouraged in this class and requires a degree of mutual respect, willingness to listen, and tolerance of opposing points of view. Respect for individual differences and alternative viewpoints will always be maintained in this class. One's words and use of language should be temperate and within acceptable bounds of civility and decency.

Streaming Lectures:

Lectures will be live streamed via Zoom. To access your Zoom invitation, log into Blackboard, select this course, and click on "Announcements." All students are expected log in on time and remain for the full class period. Please turn your camera on and keep your audio off (this will eliminate background noise). You may turn your audio on when you are ready to ask a question or partake in the discussion. Please dress as you would for class and behave as if in a classroom. Also, make everyone in your household aware that you will be streaming a live lecture and that your camera is on. This will help to maintain privacy in your home and prevent interruptions or embarrassing moments.

Attendance:

Attendance matters. If you are not here or arrive late, then you will miss important information. Based on my observations, students who attend every class tend to obtain higher grades than those who are absent or chronically late. If an absence or lateness is beyond your control (e.g., medical, legal, sports, etc.), then you must present documentation in order to be excused. This is particularly important because I am required to report attendance issues via sage reports. While excessive absence may indirectly affect your grade, it may also have implications for financial aid. **Attendance will be tracked via Zoom, so PLEASE MAKE SURE YOUR FULL NAME IS DISPLAYED.**

General Policies:

Students in this course are expected to abide by all policies and procedures stated in the Student Handbook [<https://www.dc.edu/wp-content/uploads/2019/07/2019-20-UG-handbook.pdf>]. You are also encouraged to make use of the many resources that the College provides to enhance their learning experience. You should give particular attention to the following parts of the Handbook:

- a. Academic Success Center (ASC) for Tutoring and Other Academic Support – please see pages 25-26;
- b. Services for Students with Disabilities – please see page 47;
- c. Title IX and NYS Education Law 129B Regarding Policies against Discrimination, Harassment, Violence, and Abuse – please see pages 24-25 and 79-81;

d. Academic Integrity – please see pages 22-24

Tentative Course Schedule

NOTE: The instructor reserves the right to make changes to the syllabus as needed. A new schedule will be provided if substantial changes are made. Some exams might be administered online.

Day/Date	Topic	Reading Assignment	Additional Assignments, Deadlines, Information, Comments *Set alerts in your mobile phone.
M 8/31/20	Introduction		Brief Intro to Course / Review Syllabus / Create Study Groups
W 9/2/20	Historical and Modern Perspectives	Chapter 1	
M 9/7/20	Labor Day – College Closed		
W 9/9/20	Research Methods	Chapter 2	
M 9/14/20	Assessment and Diagnosis	Chapter 3	*Deadline for AB title approval.
W 9/16/20	Study Group		Meet with peers to review the study guide for exam I.
M 9/21/20	Extra Credit Day		Collaborate with peers for extra credit points!
W 9/23/20	Exam I		Complete Exam I (Blackboard)
M 9/28/20	Progress Day		Meet with me to discuss your progress.
W 9/30/20	Anxiety, Trauma & Stress Related D/Os	Chapter 4	Video: Stress: Portrait of a Killer
M 10/5/20	Anxiety, Trauma & Stress Related D/Os		
W 10/7/20	Anxiety, Trauma & Stress Related D/Os		Enhance Stress Coping
M 10/12/20	Bipolar and Depressive Disorders	Chapter 7	
W 10/14/20	Bipolar and Depressive Disorders		
M 10/19/20	Substance-Related & Addictive D/Os	Chapter 10	
W 10/21/20	Substance-Related & Addictive D/Os		
M 10/26/20	Study Group		Meet with peers to review the study guide for exam II.
W 10/28/20	Extra Credit Day		Collaborate with peers for extra credit points!
M 11/2/20	Exam II		Complete Exam II (Blackboard)
W 11/4/20	Progress Day		Meet with me to discuss your progress.
M 11/9/20	Feeding and Eating Disorders	Chapter 8	Soft deadline for Annotated Bibliography. +1 extra credit for meeting this deadline.
W 11/11/20	Schizophrenia Spectrum and Other Psychotic Disorders	Chapter 11	
M 11/16/20	Gender Dysphoria, Sexual Dysfunctions, and Paraphilic Disorders	Chapter 9	
W 11/18/20	Study Group		Meet with peers to review the study guide for exam III.
M 11/23/20	Extra Credit Day		Collaborate with peers for extra credit points!
W 11/25/20	Thanksgiving Break		
M 11/30/20	Exam III		Complete Exam III (Blackboard)
W 12/2/20	Progress Day		
M 12/7/20	HARD DEADLINE for Annotated Bibliography. Late submissions will NOT be accepted (no exceptions).		
W 12/9/20	TBA		
M 12/14/20	Final Exam (20%)		

Student Agreement

Course Title: PS 226 DA: Abnormal Psychology

I, _____, acknowledge that I have received and reviewed the syllabus for this course. If applicable, I am aware of the prerequisites for this course and testify that I meet the prerequisite requirements. In addition, I am aware of and do understand the terms, conditions, policies and instructor's expectations (e.g., applicable prerequisites, material and text requirements, grading system, academic integrity, attendance policy, etc.) outlined in the syllabus. I acknowledge the fact that I may withdraw immediately from this course if I do not agree with course policies or instructor's expectations.

Signature: _____

Date: _____