



## Introduction to Psychology PSY 112 (Section XX) – 3 Credits

Semester:

Day(s):

Time(s):

Classroom:

Instructor:

Office Hours:

Office Location:

Phone Number:

Email:

INSERT  
Professional  
Headshot Here

Prerequisite/Co-Requisites: None

### Course Description

- This course will provide students with a general understanding of basic methodologies, concepts, theories, and practices in contemporary psychology. Areas of investigation may include the goals and research methodologies of psychology, the science of the brain, theories of human development and intelligence, concepts of motivation and emotions, the science of sensation and perceptions, and the current practices pertaining to psychological disorders, therapies, and treatments.



### Course Goal

- The goal of this course is to introduce students to various psychological theories and principles that shape human behavior. Students will learn how to apply these principles to real life experiences and career interests.



### Required Text

- Coon, D., Mitterer, J., and Martini, T. (2018). *Introduction to Psychology: Gateways to Mind & Behavior (15<sup>th</sup> ed.)*, Boston, MA: Cengage. [www.cengage.com/mindtap.com](http://www.cengage.com/mindtap.com)
  - Bundle: Introduction to Psychology: Gateways to Mind and Behavior, Loose-leaf Version, 15th + MindTapV2.0, 1 term Printed Access Card: ISBN: 9780357324851
  - MindTapV2.0 for Coon/Mitterer/Martini's Introduction to Psychology: Gateways to Mind and Behavior, 1 term Instant Access: ISBN: 9780357037430
- The materials required for this class and any others using Cengage products are included in ONE Cengage Unlimited subscription. For \$119.99 per semester, you get access to ALL your Cengage online textbooks, and access codes, in one place. \$7.99 hardcopy textbook rentals are also available for select titles. Download the free Cengage Mobile App to get your Cengage Unlimited online textbooks and study tools on your phone. Ask for Cengage Unlimited in the bookstore or visit [cengage.com/unlimited](http://cengage.com/unlimited).

## Student Learning Outcomes and Assessment Methods

<i>Learning Outcomes</i>	<i>Assessment Methods</i>
Identify major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.	Quizzes
Explain the application of basic research methods in psychology, including research design, data analysis, and real-life situations	Quizzes Current Event Analysis Paper
Explain the effects of biology on human behavior	Quizzes Current Event Analysis Paper
Apply psychological principles to personal, social, and organizational cultures.	Quizzes Current Event Analysis Paper



### Grading Policy

Your performance in this course is assessed using multiple, varied methods in the areas listed below and based on the expectations as described in the syllabus and outlined in assessment scoring guides or rubrics. If you do not understand the expectations, it is your responsibility to ask the instructor questions.

Class Participation	20%
Quizzes	30%
Current Event Analysis Papers	50%
<b>Total:</b>	<b>100%</b>

Students must complete this course with a 73% or higher in order to advance to the next level course.



### Coursework Expectations

- Any subject matter must be evaluated and achievement undertaken. The basic goal of the course is to develop working knowledge-- which is the responsibility of both the student and instructor. A good attitude, although difficult to define, is a guidepost that is helpful. All assessments must be taken at the assigned time and date. Failure to take an assessment at the scheduled time without prior agreement of the instructor will result in a zero for that unit.
- Your DISCUSSION grade will be based on four aspects: Quality, Quantity, Frequency, and Accuracy; **Discussions close each week on Sunday at 11:59 P.M. EST. Discussions may not be made up**
- This section of the syllabus contains a listing with brief descriptions of the assessment methods for this course. They are designed to align with the student-learning outcomes and provide you with varied ways to demonstrate mastery of the course content. ***Additional instructions and related scoring guides or rubrics are posted to Blackboard.***



**Class Participation (20%):** Course expectations related to class participation focus on intrapersonal, interpersonal, and cognitive competencies that are important to employers and a successful career. In this course, you will be assessed based on the following criteria: (a) acting ethically and with integrity, (b) demonstrating foundational knowledge pertaining to the week's topic, (c) contributing to a collaborative learning environment (e.g., sharing knowledge or resources with other learners), (d) advancing the level and depth of learning (e.g., commenting or questioning in ways that encourage critical thinking or deeper analysis of a topic).

To earn full credit, be sure to come to class (a) on time, (b) having read the assigned material, (c) having prepared any required assignments, and (d) ready to participate in discussion or group work with your peers. In class assignments will be assessed as completed during class. You are responsible for material covered if you are absent.



**Quizzes (30%):** The purpose of the quizzes is to help you to see what you are learning and where you need more focus. You will complete quizzes that are based on assigned readings. The quizzes are "open-book", but answers may not be shared with others. ***Each quiz must be completed before the first class the week they are due.***



**Current Event Analysis (50%):** The purpose of this assignment is to analyze current events through key psychological concepts (e.g., conditioning and learning, gender roles, perception, psycho-social influence, psychological applications). To complete this assignment, you will: (a) find an online article related to the topic of the week and important issues in our world today, (b) read the article and write a paragraph summary how the article has psychological influences, and (c) include a link to the article or attach a copy. Since this is a current events assignment you are to choose an article that is no more than a week old from the date the assignment is due. You may only use articles from credible newspapers, magazines, or broadcast news media sources.

***The Course Outline / Class Schedule contains due dates.***

### Course Outline / Class Schedule\*

Week / Date(s)	Topic(s) To be Covered Each Week	Assignments, Quizzes, and Readings to be Completed <i>Before</i> Each Week's First-Class Meeting	In-Class Assignments, Activities, and Writers' Workshops to be Covered Each Week
<b>1/ date</b>	Course Introduction & Syllabus Introduction to Goodwin College Resources, Technology, Email & Blackboard		<ul style="list-style-type: none"> <li>In class assignment: Questionnaire paper- What I know and do not know about Psychology</li> </ul>
<b>2/ date</b>	Chapter 1 – Psychology, Critical Thinking, and Science  Chapter 2 – Brain and Behavior	Complete assigned text readings - Chapters 1 and 2 View the PowerPoint Lectures Participate in the discussion board Complete the Survey and Questions in the Mindtap Activities section Complete the Reflect Practice in the Mindtap Activities section Take the RECITE Chapter 1 Quiz in the MINDTAP ACTIVITIES SECTION Take the RECITE Chapter 2 Quiz in the MINDTAP ACTIVITIES SECTION	Group Discussions Group Activity on Nature vs. Nurture  Collaborative Learning on Biology of the Brain
<b>3/ date</b>	Chapter 3 – Human Development	<ul style="list-style-type: none"> <li>Read Chapter 3</li> <li>View the PowerPoint Lectures</li> </ul>	<ul style="list-style-type: none"> <li>Group activity on development</li> </ul>

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		<ul style="list-style-type: none"> <li>• Watch YouTube Video: Erik Erikson's Stages of Psychosocial Development</li> <li>• <a href="https://www.youtube.com/watch?v=fJg7LKLtRBo">https://www.youtube.com/watch?v=fJg7LKLtRBo</a></li> <li>• Complete the Survey and Questions in the Mindtap Activities section</li> <li>• Complete the Reflect Practice in the Mindtap Activities section</li> <li>• Take the RECITE Chapter 3 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	
4/ date	Chapter 4 – Sensation and Perception	<ul style="list-style-type: none"> <li>• Read Chapter 4</li> <li>• View the PowerPoint Lectures</li> <li>• Watch YouTube Video: Ted Talk on Optical illusions</li> <li>• <a href="http://www.youtube.com/watch?v=mf5otGNbkuc">http://www.youtube.com/watch?v=mf5otGNbkuc</a></li> <li>• Complete the Survey and Questions in the Mindtap Activities section</li> <li>• Complete the Reflect Practice in the Mindtap Activities section</li> <li>• Take the RECITE Chapter 4 Quiz in the MINDTAP ACTIVITIES SECTION</li> <li>• <b>Complete Current Event Analysis 1</b></li> </ul>	<ul style="list-style-type: none"> <li>• Think-Pair-Share on Perception</li> </ul>
5/ date	Chapter 5 – States of Consciousness	<ul style="list-style-type: none"> <li>• Read Chapter 5</li> <li>• View PowerPoint Lectures</li> <li>• Watch YouTube Video: An Introduction to Mindfulness</li> <li>• <a href="https://www.youtube.com/watch?v=NbizmVKHdgs">https://www.youtube.com/watch?v=NbizmVKHdgs</a></li> <li>• Complete the Survey and Questions in the Mindtap Activities section</li> <li>• Complete the Reflect Practice in the Mindtap Activities section</li> <li>• Take the RECITE Chapter 5 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	<ul style="list-style-type: none"> <li>• In class assignment: States of Consciousness</li> <li>• Group discussion on Awareness</li> </ul>
6/ date	Chapter 6 – Conditioning and Learning	<ul style="list-style-type: none"> <li>• Read Chapter 6</li> <li>• View PowerPoint Lectures</li> <li>• Watch YouTube Video: Classical Conditioning</li> <li>• <a href="https://www.youtube.com/watch?v=cP5lCleK-PM">https://www.youtube.com/watch?v=cP5lCleK-PM</a></li> <li>• Watch YouTube: Reinforcement &amp; Punishment</li> <li>• <a href="https://www.youtube.com/watch?v=IJ0gbkzmB-4">https://www.youtube.com/watch?v=IJ0gbkzmB-4</a></li> <li>• Complete the Survey and Questions in the Mindtap Activities section</li> <li>• Complete the Reflect Practice in the Mindtap Activities section</li> <li>• Take the RECITE Chapter 6 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	<ul style="list-style-type: none"> <li>• In class assignment: Conditioning and Learning</li> <li>• Group Discussions</li> </ul>
7/ date	Chapter 7 – Memory  Chapter 8 – Cognition, Language, and Creativity	<ul style="list-style-type: none"> <li>• Read Chapter 7</li> <li>• Read chapter 8</li> <li>• View PowerPoint lectures</li> <li>• Complete the Survey and Questions in the Mindtap Activities section</li> <li>• Complete the Reflect Practice in the Mindtap Activities section</li> <li>• Take the RECITE Chapters 7 &amp; 8 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	<ul style="list-style-type: none"> <li>• In-class assignment: Muddiest Point</li> <li>• Group Discussion activity</li> </ul>

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8/ date	Chapter 9 - Intelligence	<ul style="list-style-type: none"> <li>Read Chapter 9</li> <li>View PowerPoint lectures</li> <li>Complete the Survey and Questions in the Mindtap Activities section</li> <li>Complete the Reflect Practice in the Mindtap Activities section</li> <li>Take the RECITE Chapter 9 Quiz in the MINDTAP ACTIVITIES SECTION</li> <li><b>Complete Current Event Analysis 2</b></li> </ul>	<ul style="list-style-type: none"> <li>Current Event Analysis Discussion</li> <li>Group Discussions</li> </ul>
9/ date	Chapter 10 – Motivation and Emotion	<ul style="list-style-type: none"> <li>Read Chapter 10</li> <li>View PowerPoint lectures</li> <li>Complete the Survey and Questions in the Mindtap Activities section</li> <li>Complete the Reflect Practice in the Mindtap Activities section</li> <li>Take the RECITE Chapter 10 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	<ul style="list-style-type: none"> <li>Think-Pair-Share</li> <li>Group discussion activity</li> </ul>
10/ date	Chapter 11 – Sex, Gender and Sexuality  Chapter 12 – Personality	<ul style="list-style-type: none"> <li>Read Chapter 11</li> <li>Read chapter 12</li> <li>View PowerPoint Lectures</li> <li>Youtube Video: Ted Talk on Who Are You, Really? The Puzzle of Personality</li> <li><a href="http://www.youtube.com/watch?v=-KDqDKDEvKk">http://www.youtube.com/watch?v=-KDqDKDEvKk</a></li> <li>Complete the Survey and Questions in the Mindtap Activities section</li> <li>Complete the Reflect Practice in the Mindtap Activities section</li> <li>Take the RECITE Chapters 11 &amp; 12 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	<ul style="list-style-type: none"> <li>In class activity focused on self and personality</li> <li>Group activity- Draw it!</li> </ul>
11/ date	Chapter 13 – Health, Stress, and Coping	<ul style="list-style-type: none"> <li>Read Chapter 13</li> <li>View PowerPoint Lectures</li> <li>Complete the Survey and Questions in the Mindtap Activities section</li> <li>Complete the Reflect Practice in the Mindtap Activities section</li> <li>Take the RECITE Chapter 13 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion activity</li> </ul>
12/ date	Chapter 14 - Psychological Disorders  Chapter 15 - Psychological Treatments	<ul style="list-style-type: none"> <li>Read Chapter 14</li> <li>Read chapter 15</li> <li>View PowerPoint Lectures</li> <li>Complete the Survey and Questions in the Mindtap Activities section</li> <li>Complete the Reflect Practice in the Mindtap Activities section</li> <li>Take the RECITE Chapters 14 &amp; 15 Quiz in the MINDTAP ACTIVITIES SECTION</li> <li><b>Complete Current Event Analysis 3</b></li> </ul>	<ul style="list-style-type: none"> <li>Current Event Analysis Discussion</li> <li>Group work on psychological treatments</li> </ul>
13/ date	Chapter 16 – Social Thinking and Social Influences  Chapter 17 – Prosocial and	<ul style="list-style-type: none"> <li>Read Chapter 16</li> <li>Read chapter 17</li> <li>View PowerPoint Lectures</li> <li>Watch YouTube Video: Attribution theory: Attribution error and culture, Individuals and</li> </ul>	<ul style="list-style-type: none"> <li>Group Discussion activity - Application Cards</li> </ul>

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	Antisocial Behavior	<ul style="list-style-type: none"> <li>society</li> <li><a href="https://www.youtube.com/watch?v=XYWFGJ2aYRU">https://www.youtube.com/watch?v=XYWFGJ2aYRU</a></li> <li>Complete the Survey and Questions in the Mindtap Activities section</li> <li>Complete the Reflect Practice in the Mindtap Activities section</li> <li>Take the RECITE Chapters 16 &amp; 17 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	
14/ date	Chapter 18 – Applied Psychology	<ul style="list-style-type: none"> <li>Read Chapter 18</li> <li>View PowerPoint Lecture</li> <li>Complete the Survey and Questions in the Mindtap Activities section</li> <li>Complete the Reflect Practice in the Mindtap Activities section</li> <li>Take the RECITE Chapter 18 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>	<ul style="list-style-type: none"> <li>Group work for psychological applications and treatments</li> </ul>
15/ date	Course Wrap-up	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>In-class assignment: Questionnaire Paper – What I learned from Psychology and how will it be applied to professional/personal life</li> </ul>

*\*This syllabus is subject to change at the discretion of the instructor.*



### Class Policies



**Class Meetings:** Arrive on time and be prepared for class with materials (e.g., pen, paper, laptop, textbook, assignments). Please refer to the course outline for schedule of meeting dates and holidays. Regular attendance and participation in class is expected. If you expect to be absent or late for a class meeting, email me **before** the beginning of class. If you need to leave class early, speak with me **before** the class session.



**Blackboard:** Blackboard contains class materials such as PowerPoints, worksheets, media, and links for submitting assignments. Be sure to **check Blackboard often** to stay up to date on announcements, new course materials, and other important information. **All assignments must be submitted on Blackboard.**



**Late Assignments:** Deadlines are an integral part of all professional careers. You must manage your time and complete all coursework thoroughly and on time (e.g., quizzes, exams, papers, projects, discussion board posts). Per

department policy, any work submitted to the instructor after the due date will result in a zero for that particular assignment. Late assignments or make-up exams are not permitted except when there are documented extenuating circumstances (i.e., medical and family emergencies), and the instructor has been notified 24 hours before or after the deadline. In circumstances in which the instructor permits a make-up assignments or exams, the format of the task is at the discretion of the instructor.



**Laptops and Tablets:** Laptops and tablets are welcome in the classroom for academic purposes.



**Cell Phones:** As a courtesy to your classmates and the instructor, please set cell phones to vibrate. If you must take or make a call, please step out of the classroom to do so.



**Course Decorum: Course Decorum:** We will create a positive learning environment in this course. There is an expectation of respect and professionalism. The professional conduct policy includes, but is not limited to:

1. Attending each class session, including arriving promptly and leaving at the designated time; notifying me prior to class should an exception be needed.
2. Working on only this class during class time.
3. Planning outside activities to avoid conflicts with the activities outlined in the syllabus.
4. Being an attentive, engaged, and active participant in class activities and discussions.
5. Demonstrating respect for instructors, peers, and self and treating others in a professional manner.
6. Abiding by Goodwin's academic integrity policies.



**Communication and E-mail:** Students are expected to communicate in a professional manner (i.e., verbal, written, and electronic). I will send course updates and announcements through Blackboard so please ***check your Goodwin e-mail account regularly.***



**APA Style:** This course follows APA style format for all written assignments. All written assignments must be produced using software that is compatible with Blackboard. Assessment of written assignments will include use of APA format, writing, grammar, quotations, and references. Academic Writer is also an available at <https://goodwin.libguides.com/academicwriter> to help with APA formatting.



**Expectations for Written Work:** The following are basic expectations for all written work:

2. One-inch margin for all sides of the page (e.g., top, bottom, left, and right side of the page).
3. The font is 12 point.
4. The paper is double spaced.
5. The first page of the paper includes:
  - ✓ Your full name
  - ✓ The date of submission

### **Goodwin College Policies and Services**

***This course adheres to all policies outlined in the Goodwin College catalog.***

General academic policies of Goodwin College may be found on the college web site at and in the college catalog at <http://www.goodwin.edu/academics/catalogs.asp>.

Student services information may be found on the Goodwin College website at <https://www.goodwin.edu/student-affairs/> and <http://www.goodwin.edu/library/>.