










**Introduction to Psychology**  
**PSY 112 (Section XX) – 3 Credits**  
**15 Week Online**

|  |   |  |
|--|---|--|
|  <b>DAY(s):</b>     |  <b>TIME(s):</b> |  <b>MODE / ROOM / BLDG.</b><br>Indicate synchronous or asynchronous |
|  <b>INSTRUCTOR:</b> | <b>OFFICE HOURS AND LINKS:</b>  |  <b>OFFICE LOCATION:</b>  |
|  <b>PHONE:</b>      |   |  <b>EMAIL:</b>  |

**Prerequisite/Co-Requisites:** None

Goodwin University works towards an inclusive learning environment where all members of the Goodwin community are treated with respect and dignity. We strive towards universally designed learning environments that are equitable and inclusive. We work to denounce discrimination of any form and maintain a collaborative community with an awareness of global perspectives on social justice.

### Course Description

This course will provide students with a general understanding of basic methodologies, concepts, theories, and practices in contemporary psychology. Areas of investigation may include the goals and research methodologies of psychology, the science of the brain, theories of human development and intelligence, concepts of motivation and emotions, the science of sensation and perceptions, and the current practices pertaining to psychological disorders, therapies, and treatments.



### Course Goal

The goal of this course is to introduce students to various psychological theories and principles that shape human behavior. Students will learn how to apply these principles to real life experiences and career interests.



### Required Text

Coon, D., Mitterer, J., and Martini, T. (2018). *Introduction to Psychology: Gateways to Mind & Behavior (15<sup>th</sup> ed.)*, Boston, MA: Cengage. [www.cengage.com/mindtap.com](http://www.cengage.com/mindtap.com)

PSY-112 CENGAGE DIGITAL or UNLIMITED (digital book, course quizzes, and course materials):

<https://www.cengage.com/c/introduction-to-psychology-gateways-to-mind-and-behavior-15e-coon/9780357037430/?filterBy=Student>

**ALL materials required for this class are included in the Cengage Digital or Unlimited subscription. You need this subscription by the first week of class.**

#### Student Learning Outcomes and Assessment Methods

| <b>Learning Outcomes</b>   | <b>Assessment Methods</b> |
|--|---------------------------|
| Identify major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.                          |                           |
| Explain the application of basic research methods in psychology, including research design, data analysis, and real-life situations. |                           |
| Explain the effects of biology on human behavior.  |                           |
| Apply psychological principles to personal, social, and organizational cultures.   |                           |
| Analyze the effects of culture on various topics in psychology.  |                           |
| Apply critical and creative thinking to solve problems related to human behavior.  |                           |



#### Grading Policy

Your performance in this course is assessed using multiple, varied methods in the areas listed below and based on the expectations as described in the syllabus and outlined in assessment scoring guides or rubrics. If you do not understand the expectations, it is your responsibility to ask the instructor questions.

|  |             |
|--|-------------|
| Quizzes  | 30%         |
| Discussion Board/Professionalism/Class Participation | 20%         |
| Current Events Analysis papers (3)                   | 50%         |
| <b>Total:</b>  | <b>100%</b> |

List any grade requirements from the course or program. For example, students must complete this course with a 73% or higher in order to advance to the next level course or students enrolled in this program must maintain a 2.7 GPA throughout their program of study.

#### Goodwin University Grading Scale

|            |            |              |
|------------|------------|--------------|
| 93-100 = A | 80-82 = B- | 67-69 = D+   |
| 90-92 = A- | 77-79 = C+ | 63-66 = D    |
| 87-89 = B+ | 73-76 = C  | 60-62 = D-   |
| 83-86 = B  | 70-72 = C- | Below 60 = F |



## Coursework Expectations

### Communication:

This course requires that you access Canvas regularly to complete all assignments. Students are responsible for making sure that their Goodwin email and Canvas accounts are functional prior to the start of the semester.

***Please be sure to check your Goodwin email and Canvas Announcements regularly.***

### Assessments:

The basic goal of the course is to develop working knowledge of psychological constructs. This is the responsibility of both the student and instructor. A good attitude, although difficult to define, is a guidepost that is helpful. All assessments must be taken at the assigned time and date.

**Failure to take a quiz or submit a Current Events paper at the scheduled time without prior agreement of the instructor will result in a zero for that assignment.**

**Quizzes (30% of final grade), discussion posts, and assignments will close each week on Sunday at 11:59 pm EST and cannot be made up.**

This section of the syllabus contains a listing with brief descriptions of the assessment methods for this course. They are designed to align with the student-learning outcomes and provide you with varied ways to demonstrate mastery of the course content. ***Additional instructions and related scoring guides or rubrics are posted to Canvas.***



### Discussion Board (20%):

The Discussion Board (20%) is where you will have ongoing conversation with your classmates and instructor. Students are expected to log in and participate in weekly discussion activity at least every other day. In the majority of courses, participation at least every other day is necessary if students are to meaningfully interact on discussion issues presented in class. In other courses, it is necessary for students to complete readings and problem assignments prior to meaningful participation and thus the "every other day" requirement may be appropriately interpreted as 3 days per week.

**In addition to posting a response to the weekly topic presented, students should respond to comments and questions from the instructor and/or two other students. This will give you a minimum of three posts each week.**

Your posts should: include research citations to support your writing, further the thread topics, show that you have learned something from our readings or outside research, bring anecdotal, life experiences to the threaded issues, ask relevant and forward moving questions, and/or otherwise promote the Course Objectives for the week.

- **3 posts, 3 different days, 150-250 word minimum and grammatically correct WITH RESEARCH CITATIONS will receive full credit each week.**
- **Posts will be graded 0 % (no participation), 33 % (one substantial post), 66% (two substantial posts), or 100% (three substantial posts) each week.**
- **Posts that are not grammatically correct will not receive full credit.**

- **Posts that are one or two sentences will not receive credit.**
- **Discussions open each Monday and close each week on Sunday at 11:59 P.M. EST.**
- **Discussions may not be made up.**



**Quizzes (30%):** There will be a total of **18 Quizzes**. Quizzes will count as 30% of your final grade. Each are open-book and untimed. Each quiz will consist of 20 multiple-choice questions. Missing a quiz will result in a score of zero. Each quiz is found in the “Weekly Unit” section / MindTap link. All quizzes are to be submitted via Canvas and will close each Sunday at 11:59 pm EST.



### **Current Event Analysis (50%):**

Fifty (50%) percent of your final grade will be based on successful completion of current event analysis writing. The purpose of this assignment is to analyze a current event through the lens of the psychological concepts discussed in class (e.g., conditioning and learning, gender roles, perception, psychosocial influence, motivation, etc.). To complete this assignment, you will identify a current event related to the topic of the week or important issue in our world today, research the topic, and write a 500+ word analysis (minimum). Include a link to the article/research or attach a copy. Specific details for these assignments are provided in Canvas.

Since this is a current events assignment, you are to choose a topic that is no more than 6 months old from the date the assignment is due.

The CEA assignments must be in APA format: title page, 500+ word analysis, reference page. Examples of what your paper should look like can be found in our classroom “Announcements” section.

**\*\*APA Style:** This course follows APA style format for all written assignments. All written assignments must be produced using software that is compatible with Canvas. Assessment of written assignments will include use of APA format, writing, grammar, quotations, and references. APA Style Central is also available at <http://apastylecentral.apa.org/>, the course Canvas shell, and through the Hoffman Family Library.

**APA Style-** [https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_style\\_introduction.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html)

***The Course Outline / Class Schedule contains due dates.***

### Course Outline / Class Schedule\*

- Provide a detailed class-by-class breakdown with dates of the following:
  - Lecture/discussion topics
  - Assignments
  - Dates of quizzes, papers, tests, final exam, etc.
  - Include dates of holidays – no class

| Week /<br>Date(s) | Topic(s)<br>To be Covered Each Week  | Assignments, Quizzes, and Readings   |
|-------------------|--|--|
| 1                 | Course Introduction  | <ul style="list-style-type: none"> <li>• Read Syllabus</li> <li>• Explore “How to Manual: Canvas Training for Students”</li> <li>• Complete the “Introducing Yourself” via the Discussion Board</li> </ul>   |
| 2                 | Chapter 1 – Psychology, Critical Thinking, and Science<br><br>Chapter 2 – Brain and Behavior | <ul style="list-style-type: none"> <li>• Complete assigned text readings - Chapters 1 and 2</li> <li>• View the PowerPoint Lectures</li> <li>• Participate in the discussion board</li> <li>• Complete the Survey and Questions in the MindTap Activities section</li> <li>• Complete the Reflect Practice in the MindTap Activities section</li> <li>• Take the RECITE Chapter 1 Quiz in the MINDTAP ACTIVITIES SECTION</li> <li>• Take the RECITE Chapter 2 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>  |
| 3                 | Chapter 3 – Human Development  | <ul style="list-style-type: none"> <li>• Read Chapter 3</li> <li>• View the PowerPoint Lectures</li> <li>• Watch YouTube Video: Erik Erikson’s Stages of Psychosocial Development</li> <li>• <a href="https://www.youtube.com/watch?v=fJg7LKLtRBo">https://www.youtube.com/watch?v=fJg7LKLtRBo</a></li> <li>• <u>Participate in the Discussion Board</u></li> <li>• Complete the Survey and Questions in the MindTap Activities section</li> <li>• Complete the Reflect Practice in the MindTap Activities section</li> <li>• <u>Take the RECITE Chapter 3 Quiz in the MINDTAP ACTIVITIES SECTION</u></li> </ul>                         |
| 4                 | Chapter 4 – Sensation and Perception   | <ul style="list-style-type: none"> <li>• Read Chapter 4</li> <li>• View the PowerPoint Lectures</li> <li>• Watch YouTube Video: Ted Talk on Optical illusions</li> <li>• <a href="http://www.youtube.com/watch?v=mf5otGNbkuc">http://www.youtube.com/watch?v=mf5otGNbkuc</a></li> <li>• <u>Participate in the Discussion Board</u></li> <li>• Complete the Survey and Questions in the MindTap Activities section</li> <li>• Complete the Reflect Practice in the MindTap Activities section</li> <li>• <u>Take the RECITE Chapter 4 Quiz in the MINDTAP ACTIVITIES SECTION</u></li> <li>• Complete Current Event Analysis #1</li> </ul> |

| Week /<br>Date(s) | Topic(s)<br>To be Covered Each Week                                       | Assignments, Quizzes, and Readings  |
|-------------------|---|---|
| 5                 | Chapter 5 – States of Consciousness                                       | <ul style="list-style-type: none"> <li>• Read Chapter 5</li> <li>• View PowerPoint Lectures</li> <li>• Watch YouTube Video: An Introduction to Mindfulness</li> <li>• <a href="https://www.youtube.com/watch?v=NbizmVKHdgs">https://www.youtube.com/watch?v=NbizmVKHdgs</a></li> <li>• <u>Participate in the Discussion Board</u></li> <li>• Complete the Survey and Questions in the MindTap Activities section</li> <li>• Complete the Reflect Practice in the MindTap Activities section</li> <li>• Take the RECITE Chapter 5 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>  |
| 6                 | Chapter 6 – Conditioning and Learning                                     | <ul style="list-style-type: none"> <li>• Read Chapter 6</li> <li>• View PowerPoint Lecture</li> <li>• Watch YouTube Video: Classical Conditioning</li> <li>• <a href="https://www.youtube.com/watch?v=cP5ICleK-PM">https://www.youtube.com/watch?v=cP5ICleK-PM</a></li> <li>• <u>Watch YouTube: Reinforcement &amp; Punishment</u></li> <li>• <a href="https://www.youtube.com/watch?v=IJ0gbkzmB-4">https://www.youtube.com/watch?v=IJ0gbkzmB-4</a></li> <li>• <u>Participate in the Discussion Board</u></li> <li>• Complete the Survey and Questions in the MindTap Activities section</li> <li>• Complete the Reflect Practice in the MindTap Activities section</li> <li>• <u>Take the RECITE Chapter 6 Quiz in the MINDTAP ACTIVITIES SECTION</u></li> </ul> |
| 7                 | Chapter 7 – Memory<br><br>Chapter 8 – Cognition, Language, and Creativity | <ul style="list-style-type: none"> <li>• Read Chapter 7</li> <li>• Read chapter 8</li> <li>• <u>View PowerPoint lectures</u></li> <li>• <u>Participate in the Discussion Board</u></li> <li>• Complete the Survey and Questions in the MindTap Activities section</li> <li>• Complete the Reflect Practice in the MindTap Activities section</li> <li>• Take the RECITE Chapters 7 &amp; 8 Quiz in the MINDTAP ACTIVITIES SECTION</li> <li>• Complete Current Event Analysis #2</li> </ul>  |
| 8                 | Catch Up Week   | <ul style="list-style-type: none"> <li>• No class</li> <li>• No assignments due</li> </ul>  |
| 9                 | Chapter 9 - Intelligence Chapter 10 – Motivation and Emotion              | <ul style="list-style-type: none"> <li>• Read Chapters 9 &amp; 10</li> <li>• <u>View PowerPoint lectures</u></li> <li>• <u>Participate in the Discussion Board</u></li> <li>• Complete the Survey and Questions in the MindTap Activities section</li> <li>• Take the RECITE Chapter 9 Quiz in the MINDTAP ACTIVITIES SECTION</li> <li>• Complete the Reflect Practice in the MindTap Activities section</li> </ul>   |

| Week /<br>Date(s) | Topic(s)<br>To be Covered Each Week  | Assignments, Quizzes, and Readings   |
|-------------------|--|--|
|                   |  | <ul style="list-style-type: none"> <li>Take the RECITE Chapter 10 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>  |
| 10                | Chapter 11 – Sex, Gender and Sexuality<br><br>Chapter 12 – Personality                                   | <ul style="list-style-type: none"> <li>Read Chapter 11</li> <li>Read chapter 12</li> <li>View PowerPoint Lectures</li> <li>YouTube Video: Ted Talk on Who Are You, Really? The Puzzle of Personality</li> <li><a href="http://www.youtube.com/watch?v=-KDqDKDEvKk">http://www.youtube.com/watch?v=-KDqDKDEvKk</a></li> <li>Participate in the Discussion Board</li> <li>Complete the Survey and Questions in the MindTap Activities section</li> <li>Complete the Reflect Practice in the MindTap Activities section</li> <li>Take the RECITE Chapters 11 &amp; 12 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul> |
| 11                | Chapter 13 – Health, Stress, and Coping  | <ul style="list-style-type: none"> <li>Read Chapter 13</li> <li>View PowerPoint Lectures</li> <li>Participate in the Discussion Board</li> <li>Complete the Survey and Questions in the MindTap Activities section</li> <li>Complete the Reflect Practice in the MindTap Activities section</li> <li>Take the RECITE Chapter 13 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>  |
| 12                | Chapter 14 - Psychological Disorders<br><br>Chapter 15 - Psychological Treatments                        | <ul style="list-style-type: none"> <li>Read Chapter 14</li> <li>Read chapter 15</li> <li>View PowerPoint Lectures</li> <li>Participate in the Discussion Board</li> <li>Complete the Survey and Questions in the MindTap Activities section</li> <li>Complete the Reflect Practice in the MindTap Activities section</li> <li>Take the RECITE Chapters 14 &amp; 15 Quiz in the MINDTAP ACTIVITIES SECTION</li> <li>Complete Current Event Analysis #3</li> </ul>   |
| 13                | Chapter 16 – Social Thinking and Social Influences<br><br>Chapter 17 – Prosocial and Antisocial Behavior | <ul style="list-style-type: none"> <li>Read Chapter 16</li> <li>Read chapter 17</li> <li>View PowerPoint Lectures</li> <li>Watch YouTube Video: Attribution theory: Attribution error and culture, Individuals and society</li> <li><a href="https://www.youtube.com/watch?v=XYWFGJ2aYRU">https://www.youtube.com/watch?v=XYWFGJ2aYRU</a></li> <li>Participate in the Discussion Board</li> <li>Complete the Survey and Questions in the MindTap Activities section</li> <li>Complete the Reflect Practice in the MindTap Activities section</li> </ul>  |

| Week /<br>Date(s) | Topic(s)<br>To be Covered Each Week | Assignments, Quizzes, and Readings   |
|-------------------|-------------------------------------|--|
|                   |                                     | <ul style="list-style-type: none"> <li>Take the RECITE Chapters 16 &amp; 17 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul>  |
| 14                | Chapter 18 – Applied Psychology     | <ul style="list-style-type: none"> <li>Read Chapter 18</li> <li>View PowerPoint Lecture</li> <li>Participate in the Discussion Board</li> <li>Complete the Survey and Questions in the MindTap Activities section</li> <li>Complete the Reflect Practice in the MindTap Activities section</li> <li>Take the RECITE Chapter 18 Quiz in the MINDTAP ACTIVITIES SECTION</li> </ul> |

*\*This syllabus is subject to change at the discretion of the instructor.*



### Class Policies



#### Academic Integrity

Goodwin University values the principles of academic integrity. This means that our class expects students to think critically, to share original ideas, and to be honest with respect to their intellectual efforts. Submission of work for academic credit must be original to this class, and it must be the student's own work. Goodwin University courses document sources in accordance with APA 7<sup>th</sup> ed. It is the responsibility of each student to become familiar with what constitutes academic dishonesty and to avoid all forms of cheating and plagiarism. If you have questions about the university's Academic Integrity Policy or about what constitutes academic dishonesty, ask your instructor.



**Class Meetings:** Arrive on time and be prepared for class with materials (e.g., pen, paper, laptop, textbook, assignments). Please refer to the course outline for schedule of meeting dates and holidays. Regular attendance and participation in class is expected. If you expect to be absent or late for a class meeting, email me **before** the beginning of class. If you need to leave class early, speak with me **before** the class session.



**Canvas:** Canvas contains class materials such as PowerPoints, worksheets, media, and links for submitting assignments. Be sure to **check Canvas often** to stay up to date on announcements, new course materials, and other important information. **All assignments must be submitted on Canvas.**



**Late Assignments:** Deadlines are an integral part of all professional careers. You must manage your time and complete all coursework thoroughly and on time (e.g., quizzes, exams, papers, projects, discussion board posts). Per department policy, any work submitted to the instructor after the due date will result in a zero for that particular



assignment. Late assignments or make-up exams are not permitted except when there are documented extenuating circumstances (i.e., medical and family emergencies), and the instructor has been notified 24 hours before or after the deadline. In circumstances in which the instructor permits a make-up assignments or exams, the format of the task is at the discretion of the instructor.



**Laptops and Tablets:** Laptops and tablets are welcome in the classroom for academic purposes.



**Cell Phones:** As a courtesy to your classmates and the instructor, please set cell phones to vibrate. If you must take or make a call, please step out of the classroom to do so.



**Course Decorum:** We will create a positive learning environment in this course. There is an expectation of respect and professionalism. The professional conduct policy includes, but is not limited to:

1. Attending each class session, including arriving promptly and leaving at the designated time; notifying me prior to class should an exception be needed.
2. Working on only this class during class time.
3. Planning outside activities to avoid conflicts with the activities outlined in the syllabus.
4. Being an attentive, engaged, and active participant in class activities and discussions.
5. Demonstrating respect for instructors, peers, and self and treating others in a professional manner.
6. Abiding by Goodwin's academic integrity policies.



**Communication and E-mail:** Students are expected to communicate in a professional manner (i.e., verbal, written, and electronic). I will send course updates and announcements through Canvas so please **check your Goodwin e-mail account regularly**.



**APA Style:** This course follows APA style format for all written assignments. All written assignments must be produced using software that is compatible with Canvas. Assessment of written assignments will include use of APA format, writing, grammar, quotations, and references. Academic Writer is also an available at <https://goodwin.libguides.com/academicwriter> to help with APA formatting.



**Expectations for Written Work:** The following are basic expectations for all written work:

1. One-inch margin for all sides of the page (e.g., top, bottom, left, and right side of the page).
2. The font is 12 point.
3. The paper is double spaced.
4. The first page of the paper includes:
  - ✓ Your full name
  - ✓ The date of submission

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### Goodwin University Policies and Services

***This course adheres to all policies outlined in the Goodwin University catalog.***

General academic policies of Goodwin University may be found on the University web site at and in the University catalog at <http://www.goodwin.edu/academics/catalogs.asp>.

Student services information may be found on the Goodwin University website at <https://www.goodwin.edu/student-affairs/> and <http://www.goodwin.edu/library/>.