

HARDING UNIVERSITY
KINS 3000 (1 hr) Introduction to Coaching Theory
Summer online 4 weeks

INSTRUCTOR: Stephen Burks

CLASS MEETING: On-line

COURSE TEXT: None

PURPOSE: Instruction on the fundamentals of coaching theory and how it applies to all sports. This course will address motivation, practice planning, game preparation, and game management.

COURSE OBJECTIVES: Students will be able to:

1. Identify, learn, and develop a personal coaching theory and philosophy for sports in general as well as individual sports.
 - a. Football, basketball, track and field, baseball, tennis, golf, soccer, volleyball
2. Develop an understanding of athlete and team motivation strategies and techniques.
3. Describe and develop a basic understanding and individual and team practice planning by:
 - a. practice organization
 - b. use of assistants and volunteers
 - c. practice time management
 - d. practice administration
 - e. in-season and off-season practices
4. Develop an understanding of game preparation by:
 - a. scheduling procedures
 - b. playing location preparation
 - c. securing event staff required to facilitate a game situation
 - d. discussing roles of managers, assistant coaches and staff utilization.
5. Develop an understanding of game management by:
 - a. identifying basic coaching pre-game routines.
 - b. developing game decision making
 - c. developing post game decision making

LEARNING EXPERIENCES

1. Class participation in class discussions and assignments (series of 5 questions).
2. Write a coaching style paper.
3. Complete one book reviews on coaching
4. Complete a movie review on coaching.
5. Final

STUDENT LEARNING EXPERIENCES:

1. Completion of a coaching style paper.
(PLO 1, 5) (ULO 2, 3) (SP 1, 3)
Assessed by rubric.
2. Completion of a biographical book review.
(PLO 1, 5) (ULO 2, 3, 5) (SP 1, 3)
Assessed by rubric.
3. Completion of a practice observation.
(PLO 1, 5) (ULO 2) (SP 1, 3)
Assessed by rubric.

Course Assessment and Grading:

1. Series of 5 questions: 5 at 20 points each.
2. Book Review #1: 50 points.
3. Movie Review: 30 points
4. Coaching Style review: 50points

5. Participation/Final: 20 points

Evaluation scale: 90%-100%=A, 80%-89%=B, 70%-79%=C, 60%-69%=D, Below 60%=F.

Academic Integrity

Cheating in all its forms is inconsistent with Christian faith and practice and will result in sanctions up to and including dismissal from the class with a failing grade.

Assessment: Harding University, since its charter in 1924, has been strongly committed to providing the best resources and environment for the teaching---learning process. The board, administration, faculty, and staff are wholeheartedly committed to full compliance with all criteria of the Higher Learning Commission. The university values continuous, rigorous assessment at every level for its potential to improve student learning and achievement and for its centrality in fulfilling the stated mission of Harding. Thus, a comprehensive assessment program has been developed that includes both the Academic units and the Administrative and Educational Support (AES) units. Specifically, all academic units will be assessed in reference to the following Expanded Statement of Institutional Purpose: **The University provides programs that enable students to acquire essential knowledge, skills, and dispositions in their academic disciplines for successful careers, advanced studies, and servant leadership.**

Students with Disabilities: It is the policy for Harding University to accommodate students with disabilities, pursuant to federal and state law. Therefore, any student with a *documented disability* condition (e.g. physical, learning, or psychological) who needs to arrange reasonable accommodations must contact the instructor and the Disabilities Office at the *beginning* of each semester. (If the diagnosis of the disability occurs during the academic year, the student must self---identify with the Disabilities Office *as soon as possible* in order to get academic accommodations in place for the remainder of the semester.) The Disabilities Office is located in **Room 205** in the **Student Center**, telephone, (501) 279---4019.

Time Management Expectations

For every class hour, the typical student should expect to spend at least two clock hours of problem solving, reading, reviewing, organizing notes, preparing for coming exams/quizzes and other activities that enhance learning.