

**Course Number:** MPSY 5400

**Course Title:** Advanced Counseling Theory

**Course Description:**

This course is intended to be an examination of the main forces of psychotherapy. Several major theories used to understand human thoughts, feelings and behaviors within the main forces of psychotherapy will be explored. 3 credits

**Prerequisites:** None.

**Credit hours:** 3

**Learning Outcomes:**

Upon successful completion of this course students will be able to:

1. Demonstrate proficiency in the application of counseling theory from the four forces of psychotherapy: psychodynamic, behavioral & cognitive, existential and social constructivism and postmodernism.
2. Integrate theoretical knowledge to formulate their own model for understanding the development of human personality, thoughts and behaviors.
3. Distinguish and differentiate between individual theories of counseling within the four forces of psychotherapy.

**Indiana Tech**  
*College of Professional Studies*  
**MPSY 5400 Advanced Counseling Theory**  
**Online Syllabus Course Content**

**Instructor Information:**

Please see the Professor Profile tab on the Blackboard site for this course for details.

**Course Schedule:**

Please see Course Schedule in the Course Syllabus tab of the Blackboard site for this course.

**Online Course Policies:**

All of the online courses taken by students are required to follow the policies posted online at <http://online.indianatech.edu/tech-policies/policies/>. Please review the posted policies carefully. If you are unable to abide by the policies listed, please contact the Warrior Information Network (WIN) at 888.832.4742 and request to withdraw from this course.

**Required Texts:**

Jones-Smith, E. (2016). *Theories of counseling and psychotherapy* (2<sup>nd</sup> ed.). Thousand Oaks, CA: Sage.

**Recommended Text:**

American Psychological Association. (2010). *Publication manual of the American psychological association* (6<sup>th</sup> ed.). Washington, D.C.: American Psychological Association.

**Grading Events/Course Requirements:**

**GRADING EVENTS**

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Course Preparation Quiz	20 points
Human Nature paper Part I	50 points
Human Nature paper Part II	50 points
Conceptualization papers 3 @ 100 points each	300 points
Reading Quizzes	250 points
Discussion Board	<u>150 points</u>
	820 points

**Unless otherwise specified, all assignments must be submitted via Blackboard.**

View of Human Nature Paper Part I (50 points) Part II (50 points)

You are to write a 2 to 3-page paper, following proper APA format, describing your view of human nature and your beliefs about change. (e.g., Do humans have the capacity to change? What contributes to change? How do counselors help people change?).

You will be asked to revisit and rewrite the paper at the end of the course as well with additional information about how the various theories of counseling apply to your beliefs about human nature.

### **Conceptualization Papers (3 @ 100 points each, 300 total points)**

After reading about theories of a particular force in psychology, you will be required to choose 2 theories within that force and describe how each theory believes mental health issues develop and how they should be treated. Then you are to compare and contrast the two theories with each other.

### **Quizzes (250 points)**

Throughout the session there will be lectures over each chapter for you to listen to and view as you read the course material. You will be given a short quiz each week over the reading materials to ensure you are understanding and retaining the materials. The quizzes will be objective in nature including multiple choice, True/False and/or matching. Each one will vary in length and the amount of points it is worth but all of them will be worth a total of 250 points.

### **Discussion Board/Participation (150 points)**

Each week your instructor will start a thread on the discussion board pertaining to the topics being addressed that week. You are required to post at least **ONE** of your own responses/thoughts/questions related to the instructor's post. You are also to respond to at least **TWO** of your peer's responses. Specific guidelines for your posts and responses can be found in the Assignment folder under the Syllabus tab.

### **Grading Scale**

The following grading scale will be used to assign a grade at the end of the course:

Percentage Achieved	Grade	Percentage Achieved	Grade
90% or above	A	70% or above	C
80% or above	B	Below 70%	F

### **Late Assignments:**

All assignments and required online activities are due according to the deadline listed in the course schedule. Granting deadline extension is the course instructor's autonomy.

### **Incompletes**

If you are unable to complete the requirements for this course due to extenuating circumstances, an Incomplete grade (I) may be granted if you meet the general guidelines stated below.

General Guidelines for submitting a course incomplete request:

- More than 50% of the course session has elapsed.
- The student has encountered an unexpected situation that is beyond his or her control.

- The student is
  - in good academic standing -- up-to-date on all of the course assignments and has at least an overall passing grade,
  - able to complete all of the remaining coursework within a session (5 weeks for an undergraduate course and 6 weeks for a graduate course) that immediately follows the session the student is currently enrolled, and
  - able to provide support documentations to substantiate the need for extra time should a session is not enough to complete the course requirements.

If an Incomplete is granted, the instructor will set a deadline for all work to be completed. **The deadline cannot go past one (1) session.** All incomplete grades and deadlines are subject to approval by the designated university authority.

### **Course Related Communication**

Online courses are conducted in an accelerated format. Timely communication is very important. When receiving emails from your classmates or instructor, please respond as soon as you can.

Students are **REQUIRED** to use their Indiana Tech email account for all course related communication. The most direct, and effective, way to email your course instructor and classmates, is by using the Send Email function within the Blackboard course site. When you use the Send Email function, you automatically receive a carbon copy of the email you sent. In the event when you need to substantiate your claim that you did email your classmates or instructor, you can show that carbon copy to the person(s) who requested it.

Please note that Blackboard only permits you to send email, it does not provide you with the check email function. All of the emails your classmates and instructor send to you will be delivered to your Indiana Tech email account. You are strongly encouraged to check your Indiana Tech email account regularly, preferably several times a week, to minimize the likelihood of miscommunication.

The University policy requires each online course instructor to respond to a student's email within 24 hours. Unless there is an extraneous situation that prevents the instructor from following this rule, you can expect to hear from the instructor within 24 hours. If you don't receive a reply within 24 hours, please do not hesitate to follow up with another email or forward the carbon copy of the email you sent to [OnlineSupport@IndianaTech.edu](mailto:OnlineSupport@IndianaTech.edu) with a note "Please help. It's been 24 hours and I have not heard from my instructor" and the University support staff will act on your behalf to contact your course instructor.