

Course Syllabus Cover Page - Spring 2021

Course Number: PSY 2520

Course Title: Abnormal Psychology

Course Description:

Abnormal behavior including major psychological disorders. Emphasis on various contemporary approaches to their understanding and treatment.

Prerequisites: PSY 1700.

Credit hours: 3

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- 1. Define the concept Psychopathology and state the four concerns of psychology regarding the treatment of Abnormal behavior (Describe, Explain, Predict and Change..
- 2. Explain the four significant considerations for determining if an individual is experiencing psychopathological behaviors (Distress, Deviance, Dysfunction and Dangerousness..
- 3. Distinguish between true Abnormal Behavior, non-conformity and differences due to multicultural diversity,.
- 4. List and describe the historical development of Abnormal Behavior, including Prehistoric and Ancient Beliefs through the Reform Movement and discuss the contributions of Reformist like Philippe Pinel and Dorothea Dix in changing the way Abnormal Behavior is viewed today.
- 5. Explain the concept Managed Health Care and describe the current status of Prescription privileges for Psychologist. Anxiety Disorders
- 6. Identify and describe the symptoms and etiology (causes. of the various Anxiety Disorders and distinguish the similarities and differences in the Multipath model of Anxiety Disorders (Biological Dimension, Psychological Dimension, Social Dimension and Sociocultural Dimension...
- 7. Identify and describe the appropriate usefulness of the psychological & psychopharmacological treatments of Anxiety Disorders.

Trauma and Stress Related Disorders

- 8. Identify and state the symptoms of Acute Stress and Post Traumatic Stress Disorders and identify the specific difference (s. between the two disorders.
- 9. Cite examples of the etiology of Acute and Post Traumatic Stress disorders as they relate to the Multipath models associated with these disorders (Biological dimension, Psychological Dimension, Social Dimension and, Sociocultural Dimension...
- 10. Outline the treatments of Acute and Post Traumatic Stress Disorders.

Somatic and Dissociative Disorders

- 11. Identify and describe the symptoms of Somatoform, Factitious and Dissociative Identity Disorders and be able to differentiate between these disorders.
- 12. Compare and contrast the etiology (cause. of Somatoform, Factitious and Dissociative Identity Disorder and describe the role of the Multipath model for Somatoform and Dissociative Identity Disorders.

Depressive and Bipolar Disorders

- 13. Reproduce and associate the symptoms of Depressive Disorders (Major Depression, Dysthymic [Chronic Depressive Disorder], Seasonal Affective Disorder and, Premenstrual Dysphoric Disorder..
- 14. Cite the epidemiological statistics of Depressive Disorders.

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College of Professional Studies PSY 2520 Abnormal Psychology Online Course Syllabus Content

Instructor Information

Please see Professor Profile at the Blackboard instructional site.

Course Schedule

Please see Course Schedule in the Course Syllabus area of the Blackboard instructional site.

Online Course Policies

All of the online courses taken by students are required to follow the policies posted online at http://online.indianatech.edu/tech-policies/policies/. Please review the posted policies carefully. If you are unable to abide by the policies listed, please contact the Warrior Information Network (WIN) at 888.832.4742 and request to withdraw from this course.

Textbook

Sue, D., Sue, D.W., Sue, D., & Sue, S. (2013). *Understanding abnormal behavior*. Belmont, CA.: Wadsworth Cengage Learning.

Grading Events & Grading Criteria All assignments must be submitted via Blackboard

Graded Assignment	Points
M1 Course Preparation Quiz	2.5
M1 DQ1: Discussion: Introductions	2
M1 DQ2: Abnormal Theories	5
M1 DQ3: Classification of Disorders	5
M2 DQ1: Anxiety Disorders	5
M2 DQ2: Traumas	5
Writing Assignment #1: Obsessive Compulsive Disorders	10
M3 DQ1: Somatic Disorders	5
M3 DQ2: Depressive & Bi-Polar Disorders	5
Writing Assignment #2: Suicide	10
M4 DQ1: Eating Disorders	5
M4 DQ2: Other Disorders	5
M5 DQ1: Sexual Dysfunctions	5
M5 DQ2: Childhood Disorders	5
Final Research Paper	28
Total	102.5

Discussions

Each week students will participate in online discussions with classmates, which are related to the week's readings. These discussions replace the interactive dialogue that occurs in the traditional classroom setting. Initial posts should be a minimum of 250 words in length. Responses to at least two other students should be a minimum of 100 words in length (each). Discussions represent approximately 50% of the overall course grade.

Assignments Written Assignments

There is a written assignment due in Weeks One, Two, and Three of this course. These assignments must reflect college-level writing and critical thinking. **Assignments represent approximately 20% of the overall course grade.**

Final Paper

The final assignment for this course is a Final Paper. The purpose of the Final Paper is for you to culminate the learning achieved in the course. **The Final Paper represents** approximately 28% of the overall course grade.

For your Final paper, select one of the following disorders to investigate:

- 1. Obsessive Compulsive Disorder (OCD)
- 2. Post-Traumatic Stress Syndrome (PTSD)
- 3. Any of the Eating Disorders

- 4. Any of the Mood Disorders
- 5. Bipolar Disorder
- 6. Gender Dysphoria
- 7. Any of the Paraphilic Disorders
- 8. Any of the Childhood Disorders

Present a thorough overview of the chosen disorder. Assume your audience has no prior knowledge of this disorder; therefore, be sure your explanations are relevant to your audience. When writing this paper, it is vital that you communicate all the necessary information in a straightforward manner using non-clinical jargon. Support your analysis with at least five scholarly, peer-reviewed sources (not including the course text) that were published within the last five years. Your Final Paper must include the following:

- **1**. Define the disorder and its main symptoms.
- **2.** Describe who is most likely to have this disorder with regard to age, gender, social class and ethnicity.
- **3.** Summarize the risk factors (biological, psychological, and/or social) for this disorder.
- **4.** Describe the relationship between this disorder and other disorders.
- **5.** Evaluate recommended treatments for the disorder and the likelihood of success or possible outcomes for each treatment.
- **6.** List five references (include both print and web-based sources) that would provide more information for individuals with this disorder. Give the citation for the source as well as a two to three sentence description for each resource. This list of support resources will not count toward the required resources for your paper.
- **7.** Apply what you have learned throughout the course and from this assignment to your career (present and future). What information have you found to be the most useful or relevant?

Grading Scale

The following grading scale will be used to assign a grade at the end of the course:

Percentage Achieved	Grade	Percentage Achieved	Grade	Percentage Achieved	Grade
93% or above	Α	80% or above	B-	70% or above	C-
90% or above	A-	77% or above	C+	60% or above	D
87% or above	B+	73% or above	С	Below 60%	F
83% or above	В				

Late Assignments

All assignments and required online activities are due according to the deadline listed in the course schedule. Granting deadline extension is the course instructor's autonomy.

Incompletes

If you are unable to complete the requirements for this course due to extenuating circumstances, an Incomplete grade (I) may be granted if you meet the general guidelines stated below.

General Guidelines for submitting a course incomplete request:

- More than 50% of the course session has elapsed.
- The student has encountered an unexpected situation that is beyond his or her control.
- The student is
 - in good academic standing -- up-to-date on all of the course assignments and has at least an overall passing grade,
 - able to complete all of the remaining coursework within a session (5 weeks for a undergraduate course and 6 weeks for a graduate course) that immediately follows the session the student is currently enrolled, and
 - able to provide support documentations to substantiate the need for extra time should a session is not enough to complete the course requirements.

If an Incomplete is granted, the instructor will set a deadline for all work to be completed. **The deadline cannot go past one (1) session.** All incomplete grades are subject to approval by the designated university authority.

Course Related Communication

Online courses are conducted in an accelerated format. Timely communication is very important. When receiving emails from your classmates or instructor, please respond as soon as you can.

Students are REQUIRED to use their Indiana Tech email account for all course related communication. The most direct, and effective, way to email your course instructor and classmates, is by using the Send Email function within the Blackboard course site. When you use the Send Email function, you automatically receive a carbon copy of the email you sent. In the event when you need to substantiate your claim that you did email your classmates or instructor, you can show that carbon copy to the person(s) who requested it.

Please note that Blackboard only permits you to send email, it does not provide you with the check email function. All of the emails your classmates and instructor send to you will be delivered to your Indiana Tech email account. You are strongly encouraged to check your Indiana Tech email account regularly, preferably several times a week, to minimize the likelihood of miscommunication.

The University policy requires each online course instructor to respond to a student's email within 24 hours. Unless there is an extraneous situation that prevents the

instructor from following this rule, you can expect to hear from the instructor within 24 hours. If you don't receive a reply within 24 hours, please do not hesitate to follow up with another email or forward the carbon copy of the email you sent to OnlineSupport@IndianaTech.edu with a note "Please help. It's been 24 hours and I have not heard from my instructor" and the University support staff will act on your behalf to contact your course instructor.

Websites

Agoraphobia. http://www.mentalhealth.com/dis/p20-an02.html

American Anorexia/Bulimia Association, Inc. http://www.aabainc.org/

Antisocial Personality Disorder. http://www.mentalhealth.com/dis/p20-pe04.html

Anxiety Disorders Association of America (A.D.A.A). http://www.adaa.org/

Bipolar Disorder. http://www.mentalhealth.com/dis/p20-md02.html

Mood Changes. http://www.mentalhealth.com/dis/p20-md01.html

Schizophrenia.com. http://www.schizophrenia.com/

The Sidran Foundation. http://www.sidran.org/

Web of Addictions. http://www.well.com/user/woa

Recommended Reading Articles

All-Psych Online (2012) Diagnostic and Statistical Manual of Mental Disorders: Psychiatric Disorders. Available from the Web at: http://allpsych.com/disorders/dsm.html

Terry-McElrath, Y. M., Johnston, L. D., O'Malley, P. M., & Yamaguchi, R. (2005). Substance abuse counseling services in secondary schools: A national study of schools and students, 1999-2003. *Journal of School Health*, 75(9), 334-341. Retrieved from the ProQuest database.

Ting, L., Jacobson, J. M., & Sanders, S. (2011). Current levels of perceived stress among mental health social workers who work with suicidal clients. *Social Work*, *56*(4), 327-336. Retrieved from the ProQuest database.