

Course Number: PSY 4600

Course Title: Addictions Theory/Counseling Skills

Course Description:

This course is an introduction to the basic concepts and principles of addiction theories and counseling approaches. A bio-psychosocial framework will be presented to assist in understanding addictive behaviors and substance use and abuse. The philosophies related to prevention, intervention, treatment planning, family education and recovery will also be explored.

Prerequisites: PSY4560.

Credit hours: 3

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

1. Demonstrate an understanding of substance use, abuse and addiction from a biopsychosocial perspective.
2. Integrate clinical information and be able to develop a course of treatment for individuals with addictions.
3. Demonstrate an understanding of prevention, intervention, family education and recovery as they relate to individuals with substance use, abuse and addiction.

Indiana Tech
College of Professional Studies
Psychology 4600 – Addictions Theory and Counseling Skills
Online Syllabus Course Content

Instructor Information:

Please see the Professor Profile tab on the Blackboard site for this course for details.

Course Schedule:

Please see Course Schedule in the Course Syllabus tab of the Blackboard site for this course.

Online Course Policies:

All of the online courses taken by students are required to follow the policies posted online at <http://online.indianatech.edu/tech-policies/policies/>. Please review the posted policies carefully. If you are unable to abide by the policies listed, please contact the Warrior Information Network (WIN) at 888.832.4742 and request to withdraw from this course.

Required Textbook:

Miller, G. (2015). *Learning the language of addiction counseling* (4th ed.). Hoboken, NJ: Wiley.

Grading Events – Descriptions and Policies:

Unless otherwise stated, all assignments must be submitted via Blackboard

A. Course Preparation Quiz (20 points)

B. Exams (450 points)

The three exams are based on readings for the course and lecture materials. The exams are multiple choice. Exams will have a time limit, so you will need to plan to set aside the appropriate block of time to complete them. Once an exam is opened and started in Blackboard you will need to complete it in one sitting.

C. Editorial Article (140 points + 10 points for topic approval)

Each student will write an editorial article on a current substance abuse issue. This assignment is designed to assist students with learning to advocate for people impacted by substance abuse/addiction issues. It also allows students to build on an area of personal interest. When choosing a topic for this article, students will research the topic using scholarly journals to form an understanding of the issue and the impact the issue is having on people and society. When deciding on a topic and preparing your editorial, students should be thinking about matters of current concern in the substance abuse field. Topics can include how substance abuse is being addressed within certain ethnicities, socioeconomic groups, gender groups, or areas of the country. Other ideas for topics can

be treatment options that exist, access to treatment, or manners of prevention. **The topic for this article must be approved by the instructor during week 1.** The rubric for the specific requirements that need to be included in this assignment is provided in Module 3 and can be found in Appendix A at the end of this syllabus.

D. Substance Abuse Case Study (150 points)

You will be given a case study about a client presenting for substance abuse treatment. You will be asked to read through the history and create questions that would be used in a substance abuse assessment as well as diagnose the client and create an initial treatment plan for the individual. The final document will be a three-to-four page assessment of the client and the plan of treatment for the client. The rubric for the specific details that need to be included in this assignment is provided in Module 5 and can be found in Appendix B at the end of this syllabus.

E. Discussion Board/Participation (150 points)

You are required to make at least three separate posts for these discussions, one post in which you give your own response to the question/topic, and two replies to your fellow students. All posts will reflect substantial thought on your part, contributing something to the discussion beyond simple disagreement or agreement. Some examples of substantial contributions include: elaboration on a point, constructive criticism, finding relevant examples or counterexamples from authoritative sources or personal experience, and finding outside research on the topic, or addressing an example in the context of what is discussed in course materials. Your response to the question/topic should be **at least 250 words** in length and **your replies to fellow students should also be 250 words**. Your response to the initial question/topic is worth up to 10 points and your reply posts are worth 10 points each (totaling a possible 30 points for the week's discussion board assignment).

Grading Events – By Module:

Module 1:	Course Preparation Quiz	20 points
	Discussion Board Assignment #1	30 points
	Editorial Article Topic (for Approval)	10 points
Module 2:	Discussion Board Assignment #2	30 points
Module 3:	Discussion Board Assignment #3	30 points
	Exam #1 (Chs. 1, 2, 3, 4)	150 points
	Editorial Article	140 points
Module 4:	Discussion Board Assignment #4	30 points
	Exam #2 (Chs. 5, 6, 7, 8)	150 points
Module 5:	Discussion Board Assignment #5	30 points
	Substance Abuse Case Study	150 points
	Exam #3 (Chs. 9 and 13)	150 points

Grading Events – Distribution of Points:

1. Exams	450 points
2. Substance Abuse Case Study	150 points
3. Editorial Article Topic Approval	10 points
4. Editorial Article	140 points
5. Discussion Board/Participation	150 points
	920 points

Grading Scale:

The following grading scale will be used to assign a grade at the end of the course:

Points Achieved	Grade	Points Achieved	Grade	Points Achieved	Grade
837 points or above	A	720 points or above	B-	630 points or above	C-
810 points or above	A-	693 points or above	C+	540 points or above	D
783 points or above	B+	657 points or above	C	Below 540 points	F
747 points or above	B				

Proofreading and Formatting:

Given that this is a college course, ALL assignments are to be thoroughly proofread BEFORE being submitted. Any assignment submitted that is not clearly proofread by a human (NOT a computer) looks sloppy and unprofessional. Please proofread all work before putting your name on it and then submitting it. The proper method of proofreading your work is to print it out once finished, and then use a pen to circle the mistakes; you would then correct the mistakes, re-save the work, re-print the assignment, and then look for more mistakes. Repeat the process until the paper is error-free, THEN (and only then) submit the assignment. Merely utilizing spell-check to complete the process doesn't work, because computers are stupid; they do not know the difference between there and their, pear and pair, where and ware, bear and bare, etc. Do not trust a computer to do what an actual human can do better. Regarding "smart" phones, these are NOT computers! Work submitted via a "smart" phone looks sloppy and unprofessional. Students are highly encouraged to not regard a phone as a computer, and to only use a real, actual computer to compose/complete any work. Instructors can immediately tell when a student uses their "smart" phone to complete an assignment, because the formatting is drastically off; it appears rushed, filled with mistakes, and looks completely unprofessional.

Academic Honesty:

Please be aware of Indiana Tech's Academic Honesty Statement, which is presented in both our course syllabus and on the Indiana Tech website:

Academic Honesty

Student Dishonesty: Student dishonesty (cheating or plagiarism) will not be tolerated in any class (face-to-face, online, or Independent Study) at Indiana Tech. Inform the class instructor, or the appropriate academic dean, if there is suspicion that a student is cheating or plagiarizing. Anonymity will be protected.

Plagiarism: All work must be your own. Plagiarism (defined as presenting someone else's work as if it were one's own) is serious academic theft.

Consequences: Any form of dishonesty (cheating or plagiarism) will, at a minimum, result in a failing grade for either the assignment or exam, and can result in a failing grade for the course.

Types of Academic Dishonesty

Examples of academic dishonesty include, but are not limited to...

Cheating, which includes submitting the work of another person as one's own work, or using unauthorized aids.

Plagiarism, which is the misrepresentation of another person's work as one's own. Submitting any writing that does not properly acknowledge the quoting or paraphrasing of another person's words or that fails to give proper credit for another person's ideas is plagiarism. Acts of plagiarism can also include the unacknowledged use of other forms of media including, but not limited to music, video, audio, theater projects, compositions, website, and computer software.

Self-Plagiarism (or Recycling Fraud), which is the resubmission of part or all of one's own work to fulfill academic requirements in the same course or in other courses without providing proper acknowledgment of the original work with accurate citations.

Fabrication, which is the falsification or invention of information or data in any academic undertaking.

Facilitating Academic Dishonesty, which involves assisting someone in an act of dishonesty.

Academic dishonesty is regarded as a serious offense against the academic community. When a student is believed to have disregarded the principles of academic integrity, consequences will follow. Any form of dishonesty (cheating or plagiarism) will, at a minimum, result in a failing grade for either the assignment or test, and can result in a failing grade for the course.

Late Assignments:

All assignments and required online activities are due according to the deadline listed in the course schedule. Granting deadline extension is the course instructor's autonomy.

Incompletes:

If you are unable to complete the requirements for this course due to extenuating circumstances, an Incomplete grade (I) may be granted if you meet the general guidelines stated below:

General Guidelines for submitting a course incomplete request:

- More than 50% of the course session has elapsed.
- The student has encountered an unexpected situation that is beyond his or her control.
- The student is
 - in good academic standing -- up-to-date on all of the course assignments and has at least an overall passing grade,
 - able to complete all of the remaining coursework within a session (5 weeks for a undergraduate course and 6 weeks for a graduate course) that immediately follows the session the student is currently enrolled, &
 - able to provide support documentations to substantiate the need for extra time should a session is not enough to complete the course requirements.

If an Incomplete is granted, the instructor will set a deadline for all work to be completed. The deadline cannot go past one (1) session. All incomplete grades and deadlines are subject to approval by the university designated authority.

Course Related Communication:

Online courses are conducted in an accelerated format. Timely communication is very important. When receiving emails from your classmates or instructor, please respond as soon as you can. Students are **REQUIRED** to use their Indiana Tech email account for all course related communication. The most direct, and effective, way to email your course instructor and classmates, is by using the Send Email function within the Blackboard course site. When you use the Send Email function, you automatically receive a carbon copy of the email you sent. In the event when you need to substantiate your claim that you did email your classmates or instructor, you can show that carbon copy to the person(s) who requested it.

Please note that Blackboard only permits you to send email, it does not provide you with the check email function. All of the emails your classmates and instructor send to you will be delivered to your Indiana Tech email account. You are strongly encouraged to check your Indiana Tech email account regularly, preferably several times a week, to minimize the likelihood of miscommunication.

The University policy requires each online course instructor to respond to a student's email within 24 hours. Unless there is an extraneous situation that prevents the instructor from following this rule, you can expect to hear from the instructor within 24 hours. If you don't receive a reply within 24 hours, please do not hesitate to follow up with another email or forward the carbon copy of the email you sent to OnlineSupport@IndianaTech.edu with a note "Please help. It's been 24 hours and I have not heard from my instructor" and the University support staff will act on your behalf to contact your course instructor.

Appendix A

Editorial Article Description

Each student will write an editorial article on a current substance abuse issue. This assignment is designed to assist students with learning to advocate for people impacted by substance abuse/addiction issues. It also allows students to build on an area of personal interest. When choosing a topic for this article, students will research the topic using scholarly journals to form an understanding of the issue, and the impact the particular issue is having on people and society. When deciding on a topic and preparing your editorial, students should be thinking about matters of current concern in the substance abuse field. Topics can include how substance abuse is being addressed within certain ethnicities, socioeconomic groups, gender groups, or areas of the country. Other ideas for topics can be treatment options that exist, access to treatment, or manners of prevention. The topic for this article must be approved by the instructor **during week 1**.

ARTICLE: Once your topic has been approved by the instructor, you will need to find at least 4 scholarly resources to use in your editorial. The sources should come from academic journals and should not only give you an understanding of the current issue, but also support your side of the issue. This is an editorial so you will want to express your thoughts and opinions about the topic; however, these should be supported by the research you found. Remember, you want to advocate for some type of change in the way this topic is being viewed currently in society. Be sure to include some of your thoughts on how the issue should be addressed vs. the way it is currently being addressed. The article should be 2 to 3 type written pages (not including title or reference page) in length. All papers should follow APA (American Psychological Association's) guidelines including being typed with 1" margins, using a standard 10 to 12 point font. Each paper should have a reference page listing the articles that were used for the assignment. APA's *Publication Manual* (6th ed.) is available in the library and some style tips can be found at the APA website <http://www.apastyle.org/styletips.html>

Grading Rubric:

Proper Topic	10 points
APA Title page	5 points
Discussion/understanding of current issue	30 points
Clear statement of your side of the issue	20 points
Advocate how change should occur based on research	30 points
Conclusion summarizing argument with support	20 points
Grammar/proper internal APA citations	15 points
APA reference page	10 points
Total:	140 points

Appendix B

Substance Abuse Case Study Description

Students will be provided with a template for conducting a substance abuse case assessment. The necessary background and historical information will be discussed. Students will produce a 3-4 page written assessment, including treatment goals and recommendations for the client. You will be provided with the history of a theoretical client for the case study. You should read the history and then write your 3 to 4 page assessment of him/her addressing each of the areas listed below.

- A. Write out important pertinent background information that would be helpful for supporting your diagnosis of the client.
- B. Identify at least 3 areas of concern you have about the client.
- C. Diagnose the client according to level of use and stage of substance use. Include consequences he/she has faced, is facing, or will likely face in the future.
- D. If the client were in treatment with you what would be your treatment goals for him? List your goals out and support their relevance for working with this client.
- E. Describe current and future recommendations for the client.
- F. Identify a prognosis for the client and support this prognosis with pertinent data.

You should include a proper APA formatted title page and this does not count as the 3-4 pages the assignment requires. If you refer to any specific therapies as you write your treatment goals for the client and you use an academic reference for this you should then also include a properly formatted APA reference page.

Grading Rubric for paper:

APA title page	5 points
Grammar/Style	15 points
Background information	20 points
Three areas of concern clearly identified	20 points
Diagnoses, stage of usage, consequences	25 points
Treatment Goals	25 points
Recommendations	20 points
Prognosis	20 points
Total:	150 points