

Syllabus

REL-227: Christian Spirituality

Written By: Russ Gunsalus

Course Description

Christian Spirituality is an introduction to personal spiritual formation, including spiritual health and the practice of spiritual disciplines. Students may not receive credit for both REL-226 and REL-227.

Credit Hours: 3

Prerequisite Courses: BIL-101: Old Testament Survey and BIL-102: New Testament Survey, or their equivalents.

Prerequisite Skills and Knowledge: None

Course Outcomes

Upon completion of this course, you should be able to:

1. Describe the 12 approaches to spiritual formation discussed in this course.
2. Describe one's own spiritual health according to the twelve approaches to spiritual formation used in this course.
3. Analyze biblical and theological principles of spiritual growth.
4. Apply the 12 diverse approaches to one's own personal spiritual growth.
5. Evaluate which practices for spiritual growth are currently effective for your own growth.
6. Explain why spiritual practices must be intentional to ensure growth and transformation into Christlikeness.
7. Create a general "rule" for spiritual growth teaching others.

Course Textbook

Boa, K. (2001). *Conformed to his image*. Grand Rapids, MI: Zondervan.

Life application study Bible (New International Version). (2011). Wheaton, IL: Tyndale House Publishers. (*This*

Bible is used throughout the program so it would be wise to purchase. However, for this course any modern translation Bible will suffice.)

The "primary source" on Christian Spiritual Formation to be selected by the student will come from the resources identified in the book *Conformed to His Image*.

Course Technology

None.

Grading Scale

Grade	Quality Points Per Credit	Percentage	Score

A	4.0	95%–100%	950–1000
A-	3.7	92%–94.9%	920–949
B+	3.3	89%–91.9%	890–919
B	3.0	85%–88.9%	850–889
B-	2.7	82%–84.9%	820–849
C+	2.3	79%–81.9%	790–819
C	2.0	75%–78.9%	750–789
C-	1.7	72%–74.9%	720–749
D+	1.3	69%–71.9%	690–719
D	1.0	65%–68.9%	650–689
F	0.0	0%–64.9%	0–649

Grading Policies

Your grading policy for your course is dependent on your school and program. Your grading policies can be found in the IWU Catalog.

Letter Grade Equivalencies

Grade	Description of Work
A	Clearly stands out as excellent performance. Has unusually sharp insights into material and initiates thoughtful questions. Sees many sides of an issue. Articulates well and writes logically and clearly. Integrates ideas previously learned from this and other disciplines. Anticipates next steps in progression of ideas. Example "A" work should be of such nature that it could be put on reserve for all cohort members to review and emulate. The "A" cohort member is, in fact, an example for others to follow.
B	Demonstrates a solid comprehension of the subject matter and always accomplishes all course requirements. Serves as an active participant and listener. Communicates orally and in writing at an acceptable level for the degree program. Work shows intuition and

	creativity. Example "B" work indicates good quality of performance and is given in recognition for solid work; a "B" should be considered a good grade and awarded to those who submit assignments of quality less than the exemplary work described above.
C	Quality and quantity of work in and out of class is average. Has marginal comprehension, communication skills, or initiative. Requirements of the assignments are addressed at least minimally.
D	Quality and quantity of work is below average. Has minimal comprehension, communication skills, or initiative. Requirements of the assignments are addressed at below acceptable levels.
F	Quality and quantity of work is unacceptable and does not qualify the student to progress to a more advanced level of work.

Course Workshop Summary

Workshop	Discussion*	Assignment*	Quiz*	Total Points per Workshop
Workshop One	3/60	1/100	1/60	220
Workshop Two	4/80	0/0	0/0	80
Workshop Three	6/100	0/0	0/0	100
Workshop Four	5/100	1/60	0/0	160
Workshop Five	4/80	2/360	0/0	440
End of Course Survey				10 extra credit
TOTAL	420	520	60	1000

* Number of Activities/Sum Point Totals

Workshop One Outline

Title	Due Dates	Time	Points

Title	Due Dates	Time	Points
1.1 Discussion: Pathways and Personalities in Christian spirituality	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
1.2 Discussion: Spiritual Disciplines	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
1.3 Discussion: History of Christian Spirituality	Post your initial response by the end of the fourth day of the workshop and your two responses by the end of the workshop	2 hours	20
1.4 Quiz: Christian Spirituality Terminology and Disciplines	Due by the end of the workshop	1 hour	60
1.5 Assignment: Spiritual Formation Application Paper	Due by the end of the workshop	6 hours	100
Totals		13 hours*	220

Workshop Two Outline

Title	Due Dates	Time	Points
2.1 Discussion: Relational Spirituality: The Great Commandment to Love	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
2.2 Discussion: Paradigm Spirituality and the Long View	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
2.3 Discussion: Christian Spirituality and Christ-Centered Identity	Post your initial response by the end of the fourth day of the workshop and your two responses by the end of the workshop	2 hours	20
2.4 Discussion: Christian Spirituality and True Satisfaction	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
2.5 Exercise: Final Assignment Preview	Due by the end of the workshop	30 minutes	0
Totals		8:30 hours*	80

Workshop Three Outline

Title	Due Dates	Time	Points
3.1 Discussion: Motivation for Christian Formation and Spirituality	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
3.2 Discussion: Identifying and Engaging Our Spiritual Motivators	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
3.3 Discussion: God Image, Incarnation, and Devotion	Post your initial response by the end of the fourth day of the workshop and your two responses by the end of the workshop	2 hours	20
3.4 Discussion: Devotional Practices: The Contemplative Way and Loving God	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
3.5 Discussion: Devotional Practices: The Practice of Sacred Reading and Loving God	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
3.6 Discussion: Book Selection	Post your selected book by the end of the workshop	1 hour	0
Totals		11 hours*	100

Workshop Four Outline

Title	Due Dates	Time	Points
4.1 Discussion: Holistic Spirituality: The Lordship of Christ in Daily Life	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
4.2 Discussion: Holistic Spirituality: The Christ-Centered Life	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
4.3 Discussion: Holistic Spirituality: Christ-like Family Relationships	Post your initial response by the end of the fourth day of the workshop and your two responses by the end of the workshop	2 hours	20
Totals		14 hours*	160

Title	Due Dates	Time	Points
4.4 Discussion: Holistic Spirituality: Christ-like Public Relationships	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
4.5 Discussion: Holistic Spirituality: Process and Being vs. Product and Doing	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
4.6 Assignment: Future Spiritual Formation: Personal Plan	Due by the end of the workshop	4 hours	60
Totals		14 hours*	160

Workshop Five Outline

Title	Due Dates	Time	Points
5.1 Discussion: Spirit-Filled Spirituality: Walking in the Spirit	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
5.2 Discussion: Spirit-Filled Spirituality: Spiritual Gifts	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
5.3 Discussion: Warfare Spirituality: The World, the Flesh, and the Devil	Post your initial response by the end of the fourth day of the workshop and your two responses by the end of the workshop	2 hours	20
5.4 Discussion: Corporate Spirituality: Encouraging, Supporting Growth Together	Post your initial response by the end of the fourth day of the workshop and required responses by the end of the workshop	2 hours	20
5.5 Assignment: Classic Spirituality: Book Review	Due by the end of the workshop	5 hours	100
5.6 Assignment: Future Spiritual Formation: Personal Plan	Due by the end of the workshop	8 hours	260
End of Course Survey	Due by the end of the workshop	30 minutes	10 Extra Credit Points
Totals		21:30 hours*	440

Course Assignments

TOTALS	68 hours*	1000
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* These timings are based on estimations of average times to complete each assignment. Actual assignment completion times will vary.

Expectations, Policies, and Important Student Information

School/Division	Link
DeVoe School of Business Division of Liberal Arts School of Services and Leadership	View School/Division Expectations, Policies, and Student Information
School of Educational Leadership	View School/Division Expectations, Policies, and Student Information
Wesley Seminary @ IWU	View School/Division Expectations, Policies, and Student Information
Nursing - Undergraduate	View School/Division Expectations, Policies, and Student Information
Nursing - Graduate	View School/Division Expectations, Policies, and Student Information