

**Course Number & Title** – PCN212 Systems of Counseling II: Psychology

**Department** – Counseling & Social Work

**Contacting Your Professor** – To contact your professor, select “Inbox” from the global navigation bar on the left-hand side of your screen. After selecting “Inbox,” click the pencil in the top right of your screen to begin your message. Type in your professor’s name and your message before sending.

**Delivery** – Online

**Course Description** – This course surveys the various psychological systems of counseling beginning with the early pioneers and extending to the most recent therapeutic methodologies. Consideration is given for an integrative approach that utilizes a foundational methodology with intervention strategies from various schools of thought. (3 credits)

**Course Prerequisite(s)** – None

**Student Learning Outcomes** – As a result of this course the student will do the following:

1. Identify and list various systems of counseling according to individual techniques.
2. Observe the application of current systems of counseling through the use of video resources and case studies.
3. Learn and practice interventions from various forms of therapies to case study applications.
4. Design a treatment plan based on a case study, utilizing one or more of the systems of counseling and/or interventions studied.

### **Course Requirements**

1. *Textbook(s)* – Book information and a price comparison tool can be found at [lbcbookstore.com](http://lbcbookstore.com).
  - a. Capuzzi, David & Mark D Stauffer. *Counseling & Psychotherapy: Theories and Interventions*. 6th Ed. Virginia: ACA, 2016. ISBN: 9781556203541 (This book is available for free in the library’s eBook collection, but you may purchase a physical copy from the bookstore or elsewhere if you prefer.)
2. *Materials*
  - a. None
3. *Assignments*
  - a. **Discussion Forums (15%)** – Discussions will take place throughout the course, typically in response to course materials or a set of questions provided by the instructor. These discussions are meant to build and enhance the learning community as we interact with each other as a class. As this is the case, discussion posts will not be accepted late. Specific instructions will be given in the course. [SLOs 1–4]

- b. **Reading & Class Activities (20%)** – You are expected to complete the assigned readings and will respond in a variety of ways including creation of graphic organizers, short written responses, and short video recordings. These responses should demonstrate understanding of the material and applications to practice. Specific details will be provided for each activity within the course. [SLOs 1–4]
  - c. **Case Study & Treatment Plan (25%)** – You will design a treatment plan based on a case study, utilizing one or more of the systems of counseling and/or interventions studied. You will detail this treatment plan in a 5- to 6-page description. [SLO 4]
  - d. **Counselor Interview Project (15%)** – Locate and interview a practicing therapist who utilizes one or more of the systems of counseling presented within this course. Determine information such as the benefits and challenges of the chosen systems, as well as the day-to-day operation of how they use the systems in practice and to what degree. You will write a summary and analysis of this information following the interview, detailing practical applications to inform your future practice. [SLOs 2–3]
  - e. **Counseling Systems Presentation (20%)** – Through the reading of our textbook and the discussions and learning activities in class, you will become quite familiar with various systems of counseling. You will create a 15-slide presentation on the systems of counseling that we discuss and deliver it to the class. [SLO 1]
  - f. **Meeting Participation Reports (5%)** – Each week, you will participate in a live meeting led by your instructor to discuss course topics, ask questions, and reflect on what you're learning. These meetings will be conducted online, and you are required to participate either through live attendance or by watching the recording and completing a reflective activity. Further details will be provided by your instructor.
- 4. *Exams and Quizzes*
    - a. None
  - 5. *Extra Credit*
    - a. None

## **Course Procedures**

- 1. *Course Practices* – This course is being offered as a standard online educational experience utilizing a variety of online learning techniques which include reading, research, writing and posting of assigned papers, completion of projects, etc. It is the responsibility of the student to post all completed assignments and discussion responses on the respective due dates. Within discussion posts it is expected that you will remain professional, courteous, and uphold the idea of creating a community of Christian believers. You may disagree with your classmates while remaining respectful.
- 2. *Participation Policy* – Participation in this course occurs in the form of completing the necessary assignments and contributing to all discussion posts. You should submit your initial discussion posting as early in the week as possible. This will give your colleagues an opportunity to submit a meaningful response to your post by Sunday evening. Posting on the due date, or after, does not allow your colleagues an opportunity to interact with your contributions, as they have moved on to other course activities. Posting late also diminishes the course's learning community. The other various activities are designed to help you delve deeper into your thought processes and habits as they relate to your future practice.

3. *Grading Policy, Rating Scale, Assignment Weights, etc.*

<i>Excellent</i>	A	=	94–100		B-	=	80–83		D+	=	67–69
	A-	=	90–93		C+	=	77–79	<i>Passing</i>	D	=	64–66
	B+	=	87–89	<i>Average</i>	C	=	74–76		D-	=	60–63
<i>Good</i>	B	=	84–86		C-	=	70–73	<i>Failure</i>	F	=	0–59

The weight of each assignment in relation to your final grade is allocated in this way:

Discussion Forums	15%
Reading & Class Activities	20%
Case Study & Treatment Plan	25%
Counselor Interview Project	15%
Counseling Systems Presentation	20%
Meeting Participation Reports	5%

4. *Late Assignment Policy* – Meeting assigned due dates is critical for demonstrating progress and ensuring appropriate time for Global Faculty feedback on assignments. Students are expected to submit their assignments on or before the due date. Students who submit work up to fourteen (14) days late will receive a daily penalty of two (2) percent. Assignments will not be accepted after fourteen (14) days or after the end date of the course unless there are verified extenuating circumstances documented in writing. Discussion board postings and group projects will not be accepted for credit after the originally stated deadline in the assignment. Review the [full late assignment policy](#).
5. *Make-up Policy* – See Late Assignment Policy (above).
6. *Ally Center Statement* – The Ally Center is LBC | Capital’s hub for academic services, resources, and accessibility. The academic services include disability services, writing services, and academic mentoring services and are available at no additional cost. To schedule an online or on-campus appointment, or for information regarding resources, locations, and hours of operation, visit [lbc.edu/ally](http://lbc.edu/ally).
- a. *Disability Services* – LBC | Capital is committed to creating an educational environment that is inclusive and accessible, in compliance with the guidelines of the ADA and Section 504 of the Rehabilitation Act. Students choosing to disclose a disability must contact the Disability Services Office to discuss reasonable accommodations.

After speaking with the student and reviewing documentation, reasonable accommodations will be determined. It is in the student’s best interest to contact the Disability Services Office as early as possible prior to each new term since professors cannot provide accommodations without verification from the DSO and accommodations cannot be applied retroactively. More information and disclosure forms are available at [lbc.edu/ally](http://lbc.edu/ally).

Please note: Students should register with the Disability Services Office each term for which accommodations are desired; accommodations from the prior semester are not automatically carried over.

The Disability Services Office can be reached at 717.560.8200 ext. 5383 or [DSO@lbc.edu](mailto:DSO@lbc.edu). The confidential fax line is 717.560.8261.

- b. *Writing Services* – The Writing Services is available to help any LBC | Capital student with writing assignments from any course. Students can schedule a one-on-one appointment with professional personnel or peer mentors at any point in the writing process. Writing Services include: assistance in brainstorming and outlining, development of ideas, critique of partial or full drafts, and/or review of formatting and citations. Appointments are available both on campus and online. A variety of writing resources are available at [lbc.edu/ally](http://lbc.edu/ally).

Writing Services can be reached at 717.560.8200 ext. 5389 or by email at [WritingCenter@lbc.edu](mailto:WritingCenter@lbc.edu).

- c. *Academic Mentoring Services* – Academic Mentoring Services (AMS) provides academic services at no cost to any current undergraduate LBC student. Professional personnel and peer mentors come alongside students to assist with major projects, time management, review of course content, test-taking skills, and study strategies. A variety of academic resources are available at [lbc.edu/ally](http://lbc.edu/ally).

Students may make academic mentoring appointments by phone at 717.560.8200 ext. 5389 or by email at [AMS@lbc.edu](mailto:AMS@lbc.edu).

- d. *Contact Information*

<b>Location</b>	<b>Email</b>	<b>Phone</b>
Lancaster	<a href="mailto:AllyCenter@lbc.edu">AllyCenter@lbc.edu</a>	717.569.7071 ext. 5389
Philadelphia	<a href="mailto:AllyPhilly@lbc.edu">AllyPhilly@lbc.edu</a>	215.329.5400 ext. 5753
Washington D.C.	<a href="mailto:AllyDC@lbc.edu">AllyDC@lbc.edu</a>	301.552.1400 ext. 5806
Online	<a href="mailto:AllyCenter@lbc.edu">AllyCenter@lbc.edu</a>	717.569.7071 ext. 5389

- 7. *Academic Integrity Statement* – As followers of Christ, we need to be fully committed to honesty and truthfulness in all aspects of our lives, including in our academic lives. Therefore, academic dishonesty will not be tolerated in any way. Students are responsible to familiarize themselves with LBC’s Academic Integrity Policy and adhere to it. It is located in the Student Handbook.
- 8. *Statement on Self-Care* – College in general is a rich and fulfilling experience, full of opportunities for students. Along with this abundance of opportunities comes the challenge of maintaining a healthy life balance characterized by productive tension, a sensible schedule, and time for rest. Productive tension, at times, can be compounded by unexpected life challenges, causing unproductive levels of stress. This can lead to feelings of sadness, increased anxiety, and an overall lack of focus. For this reason, LBC | Capital strongly encourages students to care for themselves physically, emotionally, and spiritually during each academic term and throughout their journeys. Everyone benefits by support in times of struggle so students are also encouraged to seek help promptly by talking with professors, College staff or the Counseling & Career Center (C3) about life challenges as related to academic performance and to seek advice regarding available supports inside and outside of the LBC | Capital community. They can be reached at [C3@lbc.edu](mailto:C3@lbc.edu).

## Course Resources

1. *Technology Difficulties* – The Help Desk is available to help you with computer and technology problems and questions. Call 717.560.8200 ext. 4357 (HELP), email [help@lbc.edu](mailto:help@lbc.edu), or visit [lbc.edu/helpdesk](http://lbc.edu/helpdesk).
2. *Library Resources* – The library subscribes to numerous databases to provide access to scholarly and peer-reviewed journal articles, eBooks, newspapers, magazines, and much more. Online resources are accessible anywhere on campus or remotely 24/7 using your LBC username and password. To access these resources, go to [lbc.edu/library](http://lbc.edu/library). The library website also includes links for students to request research assistance:
  - CHAT NOW is for immediate assistance – usually from a non-LBC librarian.
  - ASK US is for information from an LBC librarian within 24 hours (Monday–Friday).
  - SCHEDULE A MEETING is for arranging an appointment with a librarian, either in-person or online.
3. *Program/Content Coordinator* – Counseling & Social Work, [csw@lbc.edu](mailto:csw@lbc.edu)
4. *Bibliography* – None
5. *Extra Resources* – None