

Introduction to Psychology

Principles and facts necessary for an introduction to the scientific understanding of human behavior on a biological and social-personal level. Provides an introduction to basic concepts necessary for specialization in the field.

The mission of McKendree University is to provide a high quality educational experience to outstanding students.

~Responsible Citizenship ~Engagement
~Academic Excellence ~Lifelong Learning

**COURSE NUMBER AND COURSE TITLE: PSY 153
INTRODUCTION TO PSYCHOLOGY (4)**

INSTRUCTOR: Tami Eggleston, Ph.D.

CONTACT INFORMATION (e.g., phone, email):
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SEMESTER/YEAR/TIME: SUMMER, 2016 ONLINE

OFFICE HOURS: VIA EMAIL

ONLINE COURSES REQUIRE:

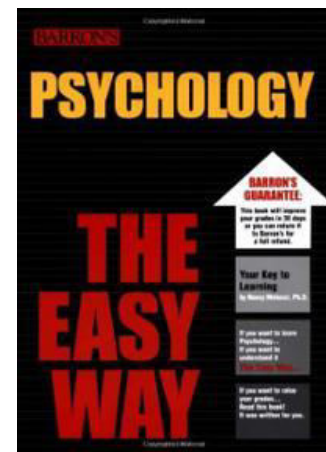
ORGANIZATION

TIME MANAGEMENT

RESPONSIBILITY



Your Tour Guide for Learning:
Tami Eggleston



Required Text

Barrons Psychology The Easy Way by Melucci 2004

13-978-0-7641-2393-1

Course Objectives Students Will:

Summarize the history, primary theories, and research methods of psychology

List and explain the structures and function of the brain

Experience, apply, and critique personality tests

Apply basic learning and behavioral modification techniques

Synthesize the research on memory and stress

Analyze a movie and identify psychopathologies

Collaborate on a group project on a psychology topic

Identify current events in the news that have psychological content and make connections to the book information

Misc Info:

- The course is 8 weeks long. There will be something due EVERY WEEK! Most things are due on Sunday at midnight (CST). The course is divided into 6 modules.
- Don't confuse modules with weeks. They are related but some weeks we cover 2 modules! And some weeks you get a little break and we start off slowly!
- Discussion Boards (DB) are a place for all people to discuss and share. There is an all-campus DB and just a team/group DB. Your first DB posts should all be done on Thursday at midnight (CST) and respond to your classmates by Sunday at midnight (CST).
- A blog is an individual post but all people can see it!
- The Wiki is a shared page for a group to work on.
- A journal is a private place for you to write and only you and the instructor can see.
- When you take a quiz, shut down all other applications (e.g., email, Facebook, etc.). You have to finish the quiz once you start and you only have one hour.



How to Succeed in this Course:

We have various resources to help students succeed at McKendree University, please visit the website or Blackboard for information on these resources.

Read your e-mails!

Don't Procrastinate!

Have FUN!

Work Hard!

Be respectful to your peers!

Set specific times each week to do your work for the class!

SELECTED MCKENDREE UNIVERSITY COURSE POLICIES:

Academic Honesty:

Any student detected of cheating or engaging in plagiarism on any exam or paper, or participating in any other form of academic dishonesty, will receive the appropriate sanctions, which can include a failing grade ("F") for the course. Please visit with me regarding any questions. In cases of serious violations, additional sanctions (such as academic probation or suspension) are possible.

ADA Policy:

A student requiring assistance with the technical portions of the course should contact the Instructor or the Academic Support Center. Services for Students with disabilities are provided through the McKendree Academic Support Center (MASC) in order to help the student integrate into the entire university experience. MASC provides coordination and implementation of special accommodations for students with documented disabilities.

Challenges to Academic Decisions:

Students who think that their work has been improperly evaluated or who think that they have been unfairly treated in any academic decision may use the grievance procedures found in the catalog.

Course Deletions/Additions:

Students may drop or add courses according to the schedules posted by the Office of Academic Records for each semester. Drops and adds are not effective until recorded by the Registrar. A course may not be added after one week from the first class meeting.

Email:

Every student is issued a McKendree email account, which is one of the major means of communication from departments such as the Office of Academic Records, Student Affairs and the Business Office. All students are responsible for checking their McKendree email accounts regularly, and are accountable for information disseminated to their email accounts. Failure to read university communications sent to McKendree email accounts does not absolve students from knowing and complying with the content of these communications.

Assignments

The instructor reserves the right to make adjustments to the grading criteria. All students will be notified of any changes to the criteria.

ALL assignments must be done on time. A major part of this online class is taking responsibility and time management. Any late assignments will lose points. Also don't work too far ahead. ☺

***10 Discussion Boards.** Post complete answers using the book and other references as resources. Post the answers by Thursday at Midnight and respond to two other posts by Sunday at Midnight.

Also respond to the Introduction Blackboard and to the Group DB questions. (Counts as one more grade.)

***10 Quizzes.** You can use your book, but you will only have 1 hour to complete the quizzes. You must read the book first so you have enough time. All quizzes are due by Sunday at Midnight.

***Behavior Modification Journals.** Pick one specific change to work on such as drink more water, stop smoking, spend more time with your family, stop chewing your fingernails, swear less, sleep more, etc. Use the calendar below for each step. You will end up with about one small paragraph per journal entry. Only you and instructor can see your journal. You will receive a final grade, but must complete each step on time. Think of this as your final project that you work on the whole class. USE THE BOOK AND OUTSIDE INFO TOO!

***Individual current event blog.** This can be completed at ANY time during the class. Go the Current event Blog button for more info.



Grading Criteria

110 (11 Discussion Boards X 10)

+100 (10 Quizzes X 10)

+30 (Behavior Mod Journal)

+35 (Group Wiki)

+25 (Individual blog current event)

Total = 300 points

PLEASE NOTE: SIMPLY DOING THE MINIMUM WILL NOT GET YOU FULL POINTS. It is completion AND quality for grades.

Grades will be determined on a straight percentage. If you get an 89.5% that is a B+, I do not round up.

A 94-100%		A- 90-93%
B+ 87-89%	B 83-86%	B- 80-82%
C+ 75-79%	C 70-74%	C- 65-69%
D 50-64%		
F Below 50%		



TEAMS/GROUPS/COLLABORATION

***Group Wiki.** Use the calendar below for each part of the project. The team captain can earn extra credit for their work. At the end of the Wiki you have a survey to answer about your group.

Tips for the GROUP WIKI project:

Yes, I KNOW that working in groups is challenging. But it is also really important to learn to work in groups, especially in a psychology class. Here are some tips to help your groups succeed.

1. One person should become the team captain and pick one of the chapters.
2. There are about 7 jobs depending on how you count them. On the big grid below it has all of the jobs your group has to do. Depending on how big your group is you will have different number of jobs to do. Some jobs are harder than others. And you can get feedback and edit your group work.
3. Go to the GROUP button (group for wiki and group db) and go to the group discussion board and say what parts/jobs you will do. For example, "I will do the 5 websites", "I will find 2 photos", "I want to post the question", etc.
4. Then go to the Group button and click on the "WIKI" link and you can go post on that page. It is just a shared page that you can add everything you need. The neat thing is everybody can edit it. So if one person wants to start he could say on the DB I want to do the 5 objectives and go put them on the wiki, but then the next person could go and edit them a little and add her part, etc. A Wiki is just a shared page. (Think Wikipedia!) This is our own little Wikipedia page just for our class.
5. For the final WIKI make sure you have all of the parts on the syllabus included, but you can also be a little creative and change colors, fonts, etc. I don't have any notion of exactly how long or if it is written in complete sentences, it could be bullets. Think of it almost like you are designing a webpage (Again, Think Wikipedia).

DETAILED SCHEDULE AND ASSIGNMENTS (PRINT AND USE THIS!!)

Module Week	Chapter	Objectives	Discussion Board (DB)	Quiz (Q)	Individual Journal	Group Wiki Project
<u>Module 1</u> Week1: June 6 June 12 Week 2: June 13- June 19	Read Syllabus Surf around BB Orient yourself Chapter 1: Intro	Get orientated, introductions, Think about projects, get in groups (week 2) *Summarize a brief overview of the history of psychology *Compare and Contrast Research Methods	Intro DB DB # 1 (All DBs first posts due Thursday at midnight and responses by Sunday at midnight) DB # 1 due June 19	Quiz # 1 Quiz #1 due June 19	Journal # 1 Brainstorm different things that you may use for individual journal project. Think of something you truly want to change (e.g., smoking, negativity, etc.) (Really think about a thing that matters to you!)	Week 2: Meet your group members on the first DB in the group section. Pick which chapter your group will create the Wiki, pick captain, and start to divide the work. Post pick on the DB.
<u>Module 2</u> Week 3: June 20- June 26	Chapter 3: Brain Chapter 13: Personality	*Identify the main parts of the human brain and their functions *Summarize the theories of Freud, McCrae & Costa, Maslow & Rogers, Bandura *Experience some personality tests	DB # 2 DB # 3 DB #2 & 3 due June 26	Quiz # 2 Quiz # 3 Quiz #2 & #3 due June 26	Journal # 2 Pick your specific, measurable, achievable, realistic, and time bound change goal. Why did you pick this? How does your personality influence your behavior?	*Work on your team Wiki *Objectives *Outline Chapter *What are the 5 most important pieces of info

					Baseline this week: How often are you doing or not doing behavior?	<p>*Find 5 useful websites and post with a summary of the website</p> <p>*Find at least 2 photos</p> <p>*Find one YouTube or ted.com or other video related to topic</p>
<p>Module 3</p> <p>Week 4 & 5: June 27- July 10</p> <p>(Holiday Weekend so you may want to work ahead!!)</p>	<p>Chapter 6: Learning</p> <p>Chapter 7: Memory</p>	<p>*List learning theories and apply them to situations</p> <p>*List the stages of memory</p> <p>*Apply the research to improve memory</p>	<p>DB # 4</p> <p>DB # 5</p> <p>DB #4 & #5 due July 10</p>	<p>Quiz # 4</p> <p>Quiz # 5</p> <p>Quiz # 4 & #5 due July 10</p>	<p>Journal # 3</p> <p>Use the information on page 119 about behavior mod and set up a PLAN to change your behavior. Be VERY DETAILED in your plan!</p> <p>Are you using any Reinforcer? Why or why not?</p>	<p>*Finish your group Wiki and post one question on the Main/Big DB based on your wiki information</p> <p>Only one person from your team needs to post a question.</p>
<p>Module 4</p> <p>Week 6: July 11- July 17</p>	<p>Chapter 9: Development</p>	<p>*Summarize the theories of Piaget, Kohlberg, Erikson, & Marcia</p>	<p>DB # 6</p> <p>OTHER STUDENT GROUP DBS</p> <p>Due July 17</p>	<p>Quiz # 6</p> <p>Quiz #6 due July 17</p>	<p>Journal # 4</p> <p>Find 5 websites about your change goal to help you succeed.</p>	<p>*Answer ALL other group's discussion board questions</p>

					How did your behavior develop? What age did you start or not start? Why?	
Module 5 Week 7: July 18- July 24	Chapter 11: Stress Chapter 12: Social	*Critique the research on stress *Apply the research on stress to improve coping *List the situations where people are influenced by others	DB # 7 DB # 8 DB # 7 & DB #8 due July 24	Quiz # 7 Quiz # 8 Quiz #7 & #8 due July 24	Journal # 5 Continue your plan. What are your strengths & challenges to make a change? How does stress influence your goal? Use information from the book to help you with your goal.	*Evaluate your group project with the Quiz for the group! I won't share your responses but will use them for grading purposes!
Module 6 Week 8: July 25- July 29 CLASS ENDS ON FRIDAY JULY 29 12:00 MID-NIGHT	Chapter 14: Psychopathology Chapter 15: Mental Health Treatment	*List and explain the Mental Illnesses in the DSM-IV-TR *Compare and contrast the primary therapy types	DB # 9 DB # 10 DB #9 & #10 due July 29	Quiz # 9 Quiz # 10 Quiz #9 & #10 due July 29	Journal # 6 Your last journal entry- How did you do? What did you learn? What could you do differently? Will you continue? Why or why not? Other comments & conclusion!	Please complete an overall course evaluation. 2 bonus points for completion Thanks!

		Individual BLOG due by Friday July 29= 25 points	10 DBS + GroupDB 11 X 10 = 110 points	10 Qs 10 X10 = 100	6 entries 6 X 5 points = 30 points	Group Wiki Project = 35 points
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