

HCA405: Long-Term Care

Syllabus Overview

This syllabus contains all relevant information about the course: its objectives and outcomes, the grading criteria, the texts and other materials of instruction, and weekly topics, outcomes, assignments, and due dates. Consider this your roadmap for the course. Please read through the syllabus carefully and ask questions if you would like anything clarified. Please print a copy of this syllabus for reference.

Course Description

3 Credits

Prerequisite: None

This course will prepare the student to evaluate and make recommendations concerning long-term care theory and practice. The course will promote the student's understanding of new approaches to long-term care, incorporating technology and considering cultural diversity and voluntary versus paid services. Issues of cost, insurance and governmental involvement will also be examined.

Course Outcomes

At the completion of this course, students should be able to:

- Explain the diversity and characteristics of populations needing long-term care
- Summarize the changing components of long-term care
- Illustrate the English philosophy of care that shaped early colonial policy along with the development of long-term care services over the years
- Analyze existing law and the involvement of the U.S. government in the long-term care division of the healthcare industry through policy making and Medicare/Medicaid funding
- Identify age-friendly communities along with being able to justify where, how, and why older adults age in place
- Describe interventions that promote and enhance family involvement in long-term care options
- Analyze and critique the topic of ethics and aging especially in the areas of hospice and palliative care

Communication with Your Instructor

You will receive a welcome email from your instructor prior to the start of class. This email will contain your instructor's contact information. Your instructor will also be communicating with you via several methods in the course, including:

- **Announcements** – This communication tool, located on the navigation menu within your course in Canvas, contains important updates. Be sure to check for new announcements from your instructor each time you access your course.
- **Q&A** – Use this discussion board, located on the Home screen in your course, to communicate with your instructor and classmates regarding general course questions (e.g., missing links, assignment clarification, etc.).
- **Inbox** – Use the Inbox, located in the top right corner of Canvas, to send a message to your instructor or classmates.

Materials and Resources

Required or Supplemental Text or Resources:

- Rowles, G. and Teaster, P. (2016). *Long-term care in an aging society*. New York, NY: Springer Publishing Company

Bookstore Information

The bookstore can be located in the left-hand navigation of any Canvas course.

Library Services

Detailed information about the eLibrary can be found in the Student Resource Center. This is a course that all students have access to during their academic career.

Canvas Help Desk and Technical Questions

If you experience technical issues in your course, please contact the Canvas Help Desk by clicking the Help link (top right corner within Canvas). There are three ways to contact them:

- Phone (888-628-2749)
- Live chat
- Report a problem (submit a ticket)

Be sure to notify your instructor of any technical difficulties you are experiencing.

Additional resources are available in the Student Resource Center and the Canvas Guides website:

<https://community.canvaslms.com/docs/DOC-4121>

Weekly Schedule

Week 1 The Long-Term Care Continuum in an Aging Society The History of Long-Term Care	
Outcomes	<ul style="list-style-type: none"> • Explain the demographic context of contemporary long-term care. • Describe the diversity and characteristics of populations needing long-term care • Illustrate the English philosophy of care that shaped early colonial policy. • Define the beliefs about older adults in the first half of the 21st century.
Readings	<ul style="list-style-type: none"> • Long-Term Care in an Aging Society – Chapter 1 and Chapter 2
Lectures	<ul style="list-style-type: none"> • Chapter 1 and Chapter 2
Discussion 100 points.	Discussion: During a conversation at a social event, someone mentions that all nursing homes should be closed permanently. How would this action influence the care of older individuals today? Is this a reasonable suggestion? Why or why not?
Assignments 100 points	Individual Assignment Instructions: Access an internet search engine and enter the word “almshouse” and the name of your home state. What information is available? Did your state have many of them? Were they for specific health problems, the elderly, or just the poor? Please prepare a one-to-two-page summary of your findings.
Week 2 The Role of Family in Community-Based Long-Term Care Family Involvement in Residential Long-Term Care	
Outcomes	<ul style="list-style-type: none"> • Summarize the involvement of family and friends in the type of care being provided to older persons with chronic illnesses living in the community. • Explain the demographic characteristics of the informal providers of community-based long-term care. • Define the public policies that address the needs and well-being of informal providers of community-based care to older adults.
Readings	<ul style="list-style-type: none"> • Long-Term Care in an Aging Society – Chapter 3 and Chapter 4
Lectures	<ul style="list-style-type: none"> • Chapter 3 and Chapter 4
Discussion 100 points	Discussion: A middle-aged female with a physical disability is being expected by family members to provide informal care to two aging parents. What challenges and issues should this informal caregiver prepare to address once this role is accepted?
Assignments 100 points	Individual Assignment Instructions: Watch the YouTube video Holistic Approach to Transformational Change https://www.youtube.com/watch?v=DtRnzz4ztbka and then answer the following questions: <ul style="list-style-type: none"> • What is individualized care? • Who supported the studies for this approach to care? • What are the six domains to achieve transformational change in a caregiving organization?

	<ul style="list-style-type: none"> What is the role of family and community in this model? <p>Please prepare a one-to-two-page summary of your findings.</p>
Week 3	Home Health Care Rehabilitation
Outcomes	<ul style="list-style-type: none"> Critique the complexity of home care marketplace and forces that contributed to the development of three specific home care models. Analyze the population, services, and quality assurances used for Medicare home health care.
Readings	<ul style="list-style-type: none"> Long-Term Care in an Aging Society – Chapter 5 and Chapter 6
Lectures	<ul style="list-style-type: none"> Chapter 5 and Chapter 6
Discussion 100 points	<p>Discussion: A patient being discharged from the hospital is being considered for home care. What criteria should be used to determine the type of agency to meet this patient's needs?</p>
Assignments 100 points	<p>Individual Assignment Instructions: Access the Home Health Compare website (www.medicare.gov/homehealthcompare/search.html), and then enter your home zip code. Then answer the following questions:</p> <ul style="list-style-type: none"> How many Medicare-certified agencies are in your neighborhood? What services are provided by these agencies? What publications are available through this website? <p>Please prepare a one-to-two-page summary of your findings.</p>
Week 4	Adult Day Services Environmental Design and Assistive Technologies
Outcomes	<ul style="list-style-type: none"> Summarize the history and development of adult day services (ADS) as a component of the long-term care spectrum. Analyze existing research on the impact and effectiveness of ADS for participants, family members, and society. Define assistive technology that facilitates aging in place.
Readings	<ul style="list-style-type: none"> Long-Term Care in an Aging Society – Chapter 7 and Chapter 8
Lectures	<ul style="list-style-type: none"> Chapter 7 and Chapter 8
Discussion 100 points	<p>Discussion: The daughter of an older adult patient is having difficulty encouraging her mother to attend an adult day services (ADS) facility. The patient says she does not need a baby sitter. What can you explain to the patient about ADS to encourage her to participate?</p>
Assignments 100 points	<p>Individual Assignment Instructions: Access The National Adult Day Services Association (NADSA) website (www.nadsa.org), and then answer the following questions:</p> <ul style="list-style-type: none"> What is the process of opening an Adult Day Service?

	<ul style="list-style-type: none"> • What educational preparation is suggested? Where can one obtain this education? • What is included in the site-visit checklist? • What areas are included within the Code of Ethics for Adult Day Centers? <p>Please prepare a one-to-two-page summary of your findings</p>
Quiz 50 points	Complete the 20-question Quiz that addresses topics covered in Chapter 1 through Chapter 8 of our textbook.
Week 5	Housing's Role in the Long-Term Care Continuum Assisted Living
Outcomes	<ul style="list-style-type: none"> • Justify where, how, and why older adults age in place. • Describe innovative models that allow for long-term care to be delivered in the home through shared housing, and through shared community experiences. • Illustrate the philosophy of care associated with assisted living.
Readings	<ul style="list-style-type: none"> • Long-Term Care in an Aging Society – Chapter 9 and Chapter 10
Lectures	<ul style="list-style-type: none"> • Chapter 9 and Chapter 10
Discussion 100 points	Discussion: The children of an aging couple are frustrated that their parents will not downsize and move to an assisted living facility. What should you discuss with the children regarding their patient's reluctance to move?
Assignments 100 points	<p>Individual Assignment</p> <p>Instructions: Access the Assisted Living Federation of America's (Argentum) website https://www.argentum.org/, and then answer the following questions:</p> <ul style="list-style-type: none"> • What information about state regulations is available? • What types of research articles are posted on this site? • Enter your home address into the search for facilities area on the home page. • How many independent living and assisted living facilities are near your place of residence? <p>Did you know that there were independent/assisted living facilities?</p> <ul style="list-style-type: none"> • How are the facilities rated? <p>Please prepare a one-to-two-page summary of your findings</p>
Week 6	Nursing Facilities Hospice and Providing Palliative Care
Outcomes	<ul style="list-style-type: none"> • Illustrate the history of the development and growth of nursing facilities. • Define the services provided in nursing homes. • Compare reimbursement by Medicare and Medicaid programs.
Readings	<ul style="list-style-type: none"> • Long-Term Care in an Aging Society – Chapter 11 and Chapter 12
Lectures	<ul style="list-style-type: none"> • Chapter 11 and Chapter 12

Discussion 100 points	Discussion: An older male is applying for Medicaid to pay for nursing home care. While completing the paperwork, he contacts his daughter and gives her a check for \$20,000 to close his checking account. Will this individual be eligible for Medicaid? Will this action fulfill the five-year look back rule? Why or why not?
Assignments 100 points	Individual Assignment Instructions: Access the Nursing Home Compare website: (http://www.medicare.gov/nursinghomecompare/search.html), and then answer the following questions: <ul style="list-style-type: none"> • How many criteria are used to rate the nursing facilities? • How can a nursing facility have below average health inspections but above average quality measures? • Who performs the Quality Measures assessments? • What additional information is available under Tools and Tips that can be used to make a decision regarding a nursing facility? Please prepare a one-to-two-page summary of your findings.
Week 7	Long-Term Care Populations: Persons with Mental Illness Ethics, Aging, and Long-Term Care: Questioning What ‘Everyone Knows’ Long-Term Care and the Law
Outcomes	<ul style="list-style-type: none"> • Analyze and critique the topic of ethics and aging. • Describe ways to work within applicable legal parameters to improve the quality of care and quality of life for LTC consumers.
Readings	<ul style="list-style-type: none"> • Long-Term Care in an Aging Society – Chapter 13, Chapter 14, and Chapter 15
Lectures	<ul style="list-style-type: none"> • Chapter 13 and Chapter 15
Discussion 100 points	Discussion: A resident of a nursing facility tells family that a “nurse” slapped her when she wouldn’t follow directions when getting back into bed. What recourse does the resident and family have in this situation? Is this a legal issue, an ethical issue, or both? Why or why not?
Assignments 100 points	Individual Assignment Instructions: Read the article “10 Ethical Principles in Geriatrics and Long-Term Care” (https://www.managedhealthcareconnect.com/article/8736). What ethical principles should be a priority? Which ethical principles do you speculate would be difficult to uphold in a nursing facility? Please prepare a one-to-two-page summary of your findings.
Week 8	Financing Long-Term Services and Supports in an Aging Society Understanding Long-Term Care Policy
Outcomes	<ul style="list-style-type: none"> • Explain the main public mechanisms for financing long-term services and supports. • Summarize challenges facing the United States as they relate to paying for long-term care services. • Define the types of public policies affecting long-term care.

	<ul style="list-style-type: none"> Summarize the variety of interest group politics that influence long-term care policy decisions.
Readings	<ul style="list-style-type: none"> Long-Term Care in an Aging Society – Chapter 16 and Chapter 17
Lectures	<ul style="list-style-type: none"> Chapter 16 and Chapter 17
Discussion 100 points	<p>Discussion: An older couple is investigating options to help pay for in-home healthcare assistance. What options are available to them? Who should be contacted first for financial assistance? Why?</p>
Assignments 100 points	<p>Individual Assignment Instructions: Access the American Geriatrics Society website: http://www.americangeriatrics.org/about_us/who_we_are/. Click on the Advocacy Public Policy link and answer the following questions:</p> <ul style="list-style-type: none"> What are the most recent policy priorities for this organization? What are the workforce issues? What information is available about quality and safety? What is the Health in Aging Foundation located under Public Education? Would you use these websites as resources regarding long-term care policy formation and community education? <p>Please prepare a one-to-two-page summary of your findings.</p>
Quiz 50 points	<p>Complete the 20-question Quiz that addresses topics covered in Chapter 9 through Chapter 17 of our textbook.</p>

Grading and Evaluation

Your grades will reflect the way in which you present and support your topics and positions in the various learning activities used in this course. The grades will be based on the quality and quantity of your comments and responses in the various activities.

Be sure to review the discussion and assignment rubrics in the course for specific grading criteria.

The various graded activities are weighted as follows:

Course Element	% of Final Grade
Assignments	40%
Discussions	40%
Quizzes	20%
Total	100%

Students will be expected to meet all the deadlines of the class as indicated throughout the course and in the syllabus. This is primarily so we don't get behind in the course. In addition, discussions cannot overlap from one week to the next. This is to ensure that all discussions and submissions take place within the week they are scheduled in order to be of value to the entire class as well as to help you not get behind. If there are extenuating circumstances, you will need to communicate that to the instructor and make arrangements accordingly, if appropriate.

Late Assignments: Exceptions are to be determined by the instructor on a case-by-case basis. There will be no opportunities for extra credit.

Learner Success Guidelines

These guidelines are provided to help you succeed in your coursework:

- Participate in the class introduction activity on the first day of class.
- Submit ALL assignments by the posted due dates and times.
- Check your emails daily.
- Contact Portal Help for logon problems or Canvas Help for technical issues with Canvas.
- Participate fully in all threaded discussions.
- Contact your instructor if you have questions about an assignment or need additional help completing your work successfully.

Academic dishonesty is grounds for dismissal from the program.

Academic Policies

The following Academic Policies can be found in the [Student Resource Center](#).

- Grading Criteria
- Reasonable Accommodations Policy
- Student Attendance Policy

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- Academic Honesty and Integrity Policy
- Student Engagement and the Granting of Academic Credit
- Copyright Policy

Caveat

The above schedule, content, and procedures in this course are subject to change. All policies are superseded by the latest College Catalog available on our website:

<https://www.cambridgecollege.edu/student-rights-complaints-grievances/student-code-conduct>