

THEO 535, Promoting Spiritual Formation and Discipleship, Syllabus (3 credits)

COURSE DESCRIPTION

Students research the Biblical concept of holistic spirituality, the expectation of spiritual growth of the minister, and the means of spiritual well-being and growth through classic spiritual disciplines, such as meditation, prayer, Lectio Divina, simplicity, solitude, and service. They integrate a holistic model of spirituality with discipleship strategies for spiritual well-being in the minister and for the ministry context.

REQUIRED TEXTS & RESOURCES

Cordeiro, Wayne. *Leading on Empty*. Minneapolis: Bethany House, 2009.

ISBN: 978-0-7642-0350-3

Hagberg, Janet O. *Real Power: Stages of Personal Power in Organizations*. 3rd ed. Salem, WI: Sheffield Publishing, 2003.

ISBN: 1-879215-46-2

Hall, Clarence. *Samuel Logan Bringle: Portrait of a Prophet*. Atlanta: The Salvation Army Supplies and Purchasing Dept., 1933.

ISBN: 0-86544-006-09

Jones, E. Stanley. *Christ of the Mount: A Working Philosophy of Life*. New York: Abingdon Press, 1931.

NOTE: The Point University Bookstore may offer this textbook (s) in other formats. Information can found at www.point.edu/bookstore.

COURSE SCHEDULE

Each course begins on a Wednesday with a Getting Started module before moving into the week 1-7 content. The introduce yourself forum is required during the Getting Started module in order to be counted present during this half-week of instruction. The introduce yourself forum is open from the start of the course to the first Sunday. All posts are due by Sunday at 11:59 p.m. Participation is required to be marked present for this time period. Keep in mind that in future weeks, forum due dates may be different.

Unless stated otherwise, graded assignments are due on the last day of the course week (Sunday). <http://point.edu/course-schedules/>

	Learning Activities	Graded Assignments
Week 1	Unit 1: Intro to THEO 535	
	Lectures	
	Group Exercise	
	Threaded Discussions – COTM	Due Week 1, Day 6

	Chapter Readings	Due Week 1, Day 5
	Journal Entries – RP	Due Week 1, Day 7
	Sermon on the Mount Readings	Due Week 1, Day 7
Week 2	Unit 2: Brokenness – The Process	
	Lecture	
	Group Exercise	
	Threaded Discussions – COTM & Lct	Due Week 2, Day 6
	Chapter Readings	Due Week 2, Day 5
	Journal Entries – RP	Due Week 2, Day 7
	Sermon on the Mount Readings	Due Week 2, Day 7
Week 3	Unit 3: “Be ye perfect” – What we become	
	Lecture	
	Group Exercise	
	Threaded Discussions - SLB & Lct	Due Week 3, Day 6
	Chapter Readings	Due Week 3, Day 5
	Journal Entries – RP	Due Week 3, Day 7
	Sermon on the Mount essay #1	Due Week 3, Day 7
Week 4	Unit 4: Hindrances to Brokenness	
	Lecture	
	Group Exercise	
	Threaded Discussions - SLB & Lct	Due Week 4, Day 6
	Chapter Readings	Due Week 4, Day 5
	Journal Entries – RP	Due Week 4, Day 7
Week 5	Unit 5: Brokenness – The Reward	
	Lectures	
	Group Exercise	
	Threaded Discussions – COTM	Due Week 5, Day 6
	Chapter Readings	Due Week 5, Day 5
	Journal Entries – RP	Due Week 5, Day 7
	Sermon on the Mount essay #2	Due Week 5, Day 7
Week 6	Unit 6: You are tired so...	
	Lectures	
	Group Exercise	
	Threaded Discussions – LOE	Due Week 6, Day 6
	Chapter Readings	Due Week 6, Day 5
	Journal Entries – RP	Due Week 6, Day 7
Week 7	Unit 7: Final Reflections	
	Lectures	
	Group Exercise	

	Threaded Discussions – LOE	Due Week 7, Day 6
	Chapter Readings	Due Week 7, Day 5
	Journal Entries – RP	Due Week 7, Day 7
	Final Reflection essay	Due Week 7, Day 7
	Course Evaluations	Due Week 7, Day 7

GRADING POLICIES

Course Evaluation Plan

An assessment instrument (checklist, rubric, quiz, etc.) will accompany each major graded assignment. See the instructions for specific assignment criteria and accompanying grading instruments.

Points Distribution

Graded assignments will be distributed as follows:

Graded Assignments	Points Possible
Threaded Discussions (10)	300
Chapter Readings (7)	50
Journal Readings (7)	210
Sermon on the Mount essays (2)	340
Final Reflection paper (1)	100
Total Points:	1000

Final Grades

The following scale will be used when calculating final grades:

A	90-100%	D	60-69%
B	80-89%	F	0-59%
C	70-79%		

Final grades will be posted according to the Academic Calendar:

<http://point.edu/academic-calendar/>

COURSE LEARNING GOALS & OBJECTIVES

TIME REQUIREMENTS & COMMITMENTS

This course is 3 credit hours. Regarding time on task, students can expect to spend approximately 16 hours per week for an undergraduate course.

COURSE GOALS AND OBJECTIVES	
Goal 1: To equip students with Biblical knowledge in the area of spiritual formation	
	Objective 1.1: Examine the Sermon on the Mount through the lens of spiritual formation
	Objective 1.2: Discuss Jesus' model for prayer as described in the Sermon on the Mount
	Objective 1.3: Examine the Biblical concept of brokenness
Goal 2: To lead students on an introspective journey and communicate the goal of such an exercise	
	Objective 2.1: Discuss the Hagberg maturity model
	Objective 2.2: Evaluate through qualitative means which Hagberg stage the students believe he or she to be
	Objective 2.3: Identify giants of the faith and look for common threads in their spiritual experience
Goal 3: To equip students with the tools for personal spiritual formation	
	Objective 3.1: Identify factors that lead to burn out
	Objective 3.2: Discuss self-care methods that will help reenergize and restore balance
	Objective 3.3: Develop a self-care plan

DISABILITY SERVICES

Point University is committed to providing qualified students with disabilities an equal opportunity to access a Point education through the provision of reasonable and appropriate accommodations and support services. Accordingly, Point complies with Title IX (<https://point.edu/title-ix>) of the Educational Amendments of 1972 and the subsequent reauthorization of that act, Section 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990 and subsequent amendments to that act. For more information about Disability Support Services, see the "Consumer Information" section of the website (<http://point.edu/disclosures>) and the "Student Services" section of this catalog, or contact the Director of Disability Services and College Section 504 Coordinator, at disability.services@point.edu.

COURSE EXPECTATIONS

Attendance

A student is expected to actively participate in each week of the class in which he or she is enrolled. Active participation each academic week includes submitting classwork in one or more of the following activities within the course during the week they are due: discussion forums, assignments such as (but not limited to) projects, papers, presentations, case studies, quizzes, or exams. Students may be absent up to 25% of the class. After absences exceed 25% of the session or term's total – in either consecutive or cumulative days – the student will be withdrawn from the class roster

and assigned a grade on the basis of work completed at the time of withdrawal unless, because of exceptional circumstances, prior arrangements have been made with the professor and the Chief Academic Officer.

Students representing the university, such as student-athletes, remain responsible for submitting work online within the week it is due to be counted present. No student will be disadvantaged while representing the university. However, the responsibility is on the student to notify faculty no later than one week before missing class for any reason, to ensure time for content to be made available to them and for make-up work to be considered and arranged. It is expected that students will limit their absences outside of these required absences, as they will be dropped if they overcut the allowed number of absences.

The full attendance policy is found in the catalog (<https://point.edu/catalogs/>).

Etiquette & Netiquette

Students are expected to be respectful and well-mannered towards the instructor and their peers, whether in the physical classroom or the online course site. For guidance on meeting this expectation, particularly in the online environment, please see the materials provided during student orientation or reach out to advising.center@point.edu.

Policies

For academic policies governing attendance, late assignments, and student support, please refer to the Academic Catalog directly (<https://point.edu/catalogs/>).

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