



PRAIRIE COLLEGE

Online Education Syllabus for
PA 103 LEADERSHIP COACHING
Edition 1, Published 2018
3 Credit Hours

Course Instructor: Dr. Roger Helland
Email: roger.helland@prairie.edu

I. COURSE DESCRIPTION

Leadership Coaching provides an orientation to gospel coaching in its relation to pastoral shepherding and disciple-making ministry. The out of class practicum will involve one on one and/or small group coaching. Students will discover that coaching comes from how God has shaped us and will learn how to appreciate gospel language in the ministry life of Jesus.

II. COURSE RATIONALE

The great need for today is gospel-centered conversations that transform leaders through the practice of coaching. As leaders, one of the most important roles we have is shaping the outcome of our disciples in personal, spiritual, and missional life. We must be proactive in gospel coaching relationships to bring about transformation in ourselves and in the lives of others. *No prerequisites are required for this course.*

III. COURSE OBJECTIVES

By the end of this course, the student should be able to:

Gain Knowledge

1. Articulate a biblical theology and practice of the gospel and gospel coaching, particularly in the themes as outlined in the syllabus and discussed in the course.
2. Describe the practice of gospel coaching of others as a shepherd and disciple-maker.
3. State the basics of a Gospel Coach Model and Philosophy.

Cultivate Godly Attitudes and Values

4. Demonstrate an increasing desire for and commitment to transformational change as defined by the gospel.
5. Display an expanding understanding for and dedication to authentic Christian coaching and mentoring relationships.
6. Exhibit a growing awareness of Jesus Christ and Holy Spirit led conversations.
7. Increasingly value coaching people using Scripture in conversation.

Express Life and Ministry Skills

8. Coach at least one person using the biblical principles and practices of Gospel coaching.
9. Develop a gospel coaching philosophy and practices to serve as a framework for present and/or future ministry.
10. Be equipped as a gospel coach and practice the skills of gospel-centered conversations.

IV. REQUIRED TEXTBOOKS

Thomas, Scott and Tom Wood. *Gospel Coach*. Grand Rapids: Zondervan Books, 2011.
Thomas, Scott. *Gospel Coach Workbook*. C2C Network, 2014.

V. COURSE REQUIREMENTS

1. Reading and Written Assignments (A total of 12 sessions at 4% each = 48%)

For Sessions 1-12, you will submit the following written assignments according to the course schedule on pages 4-5 of the syllabus. Grades will be assigned for each session rather than for each individual item submitted.

Chapter Critiques of Gospel Coach

Read each chapter of *Gospel Coach* for each Session, then re-read it as you then develop your notes to summarize the chapter. In two double-spaced typewritten pages, state the main idea of the chapter and the author's supporting points (don't merely list the points verbatim). Include pertinent quotes. Offer your critical evaluation of the chapter. *You are not required to provide any written assignment from Appendices 1-6 or for Chapter 13 for Session 13.* Evaluation will be based on your ability to comprehend, concisely present, and critique the author's material.

Answers to Gospel Coach Workbook

Read each chapter of *Gospel Coach Workbook* (and the endnotes) for each Session; then, re-read and provide brief answers to each question contained in the chapter. Please type out each question before you answer it. There is no reading for Sessions 11-12. Evaluation will be based on how well you provide insightful reflections on the questions.

Biblical Practices - Pastoral Epistles

Read *1 Timothy* (Session 9), *2 Timothy* (Session 11), and *Titus* (Session 12). In two double-spaced typewritten pages for each epistle, describe specific biblical practices that inform Gospel coaching. Evaluation will be based on how well you detect and describe the biblical practices.

2. Forum Reflections: (A total of 12 at 1% each = 12%)

For each session, there will be an online Forum Reflection related to the course lectures and videos (videos are included in Sessions 2 and 10). Concisely summarize the material in your own words. You will be assessed based upon how well you can state the main ideas, and how well you can clearly communicate rather than ramble or use filler words. Each post should be about

250 words.

In addition, there will be three scheduled 30-minute Skype conversations: an introductory one at the beginning of the course, one mid-way through, and one to conclude the course. These provide a way to connect in person and not just by text. They will not be assigned a grade but they do still need to be completed.

3. Coaching Practicums (A total of 5 at 4% each = 20%)

Students must Gospel coach at least one person one-on-one, or two persons in a small group with the three of you, for a minimum of **five** times. Each coaching session should be about 60 minutes in length. Because this course is experiential in nature, a portion of the grade will be based on these five Gospel coaching experiences and your personal evaluations of them (**4% each**). You must submit five double-spaced two-page reports that summarize the coaching experience with 1) the questions you asked, 2) how you directed the session according to the Gospel coaching model, and 3) your evaluation of the session. The first coaching session should occur **after** Session 6 and **before** the Skype discussion in Session 7. You must complete the four remaining coaching sessions by the end of the course (four months from the start date). Ideally, they should occur at least bi-weekly.

4. Gospel Coaching Philosophy Paper (20%)

You will write an integrative paper on your Gospel Coaching Philosophy and Practice. The paper should include a clear and concise articulation of your philosophy, and specific practices that embody and express that philosophy. The paper must include 10 pages of double-spaced text (excluding title page). Please use Times New Roman 12-point font and Turabian 6th ed. Format with one-inch margins and double-spacing, with good spelling and grammar checks, and footnotes with proper documentation. The paper should reflect a concise yet comprehensive integration of the course material with the textbooks, videos, workbook assignments, *and at least two other sources*. Evaluation will be based on the Prairie College grading scale provided on the next page.

VI. EVALUATION

1. Reading and Written Assignments:	48%
2. Forum Reflections (12):	12%
3. Coaching Practicums (5):	20%
4. Gospel Coaching Philosophy Paper:	20%
Total:	100%

VII. ACADEMIC POLICIES

Academic Integrity: “Plagiarism” (i.e., passing off the work of someone else as your own) is a serious offense, and will be taken seriously. Students must also avoid misrepresentation of facts for academic benefit, and may not submit work in more than one course without the approval of all the Instructors. For further guidelines on academic policies and integrity, see the *Prairie College Academic Guide*: <https://prairie.edu/current-students/registrars-office/>.

Grading and Feedback: My timeline for grading and assignment feedback is 7-10 days. I will endeavour to respond to student communications within 2 days, excluding weekends, holidays, and vacation time. I will give my cell number by email for texting and Skype address once the student is enrolled in the course.

The following Prairie College grading scale applies to all submitted assignments.

Letter Grade	Number Grade	Rating	Point Value
A+	90-100		4.0
A	85-89	Excellent	3.7
B+	77-79		3.3
B	73-76	Good	3.0
B-	70-72		2.7
C	63-66	Satisfactory	2.0
C-	60-62		1.7
D+	55-59		1.3
D	50-54	Poor	1.0
F	0-49	Failure	0.0
P	50 or above	Pass	
AU	-----	Audit	
I	-----	Incomplete	
W	-----	Withdrew	

Numerical course grades are not rounded

VIII. COURSE SCHEDULE

Session	Theme/Lecture	Reading, and Viewing Videos	Due
1	Why Everyone Needs a Gospel Coach	<i>Gospel Coach</i> Introduction & Chapter 1 <i>Gospel Coach Workbook</i> Chapter 1	Skype Conversation 1 Forum Reflection 1 Critique Chapter 1 Workbook Chapter 1
2	Why Every Leader Needs the Gospel	<i>Gospel Coach</i> Chapter 2 <i>Gospel Coach Workbook</i> Chapter 2 View Skye Jethani Video	Forum Reflection 2 Critique Chapter 2 Workbook Chapter 2
3	The Problem with Performance Centered Leadership	<i>Gospel Coach</i> Chapter 3 <i>Gospel Coach Workbook</i> Chapter 3	Forum Reflection 3 Critique Chapter 3 Workbook Chapter 3
4	The Only Solution to the Stress of Church Ministry	<i>Gospel Coach</i> Chapter 4 <i>Gospel Coach Workbook</i> Chapter 4	Forum Reflection 4 Critique Chapter 4 Workbook Chapter 4
5	The Three Aspects for Examining Life	<i>Gospel Coach</i> Chapter 5 <i>Gospel Coach Workbook</i> Chapter 5	Forum Reflection 5 Critique Chapter 5 Workbook Chapter 5
6	Church Leadership is Shepherding	<i>Gospel Coach</i> Chapter 6, Appendices 4 & 6 <i>Gospel Coach Workbook</i> Chapter 6	Forum Reflection 6 Critique Chapter 6 Workbook Chapter 6
7	Coaching Qualities: Knowing	<i>Gospel Coach</i> Chapter 7, Appendices 4 & 6 <i>Gospel Coach Workbook</i> Chapter 7	Forum Reflection 7 Critique Chapter 7 Workbook Chapter 7 Coaching Session 1 Skype Conversation 2
8	Coaching Qualities: Feeding	<i>Gospel Coach</i> Chapter 8, Appendices 4 & 6 <i>Gospel Coach Workbook</i> Chapter 8	Forum Reflection 8 Critique Chapter 8 Workbook Chapter 8
9	Coaching Qualities: Leading	<i>Gospel Coach</i> Chapter 9, Appendices 4 & 6 Workbook Chapter 9 <i>1 Timothy</i>	Forum Reflection 9 Critique Chapter 9 Biblical Practices 1 Timothy
10	Coaching Qualities: Protecting	<i>Gospel Coach</i> Chapter 10 <i>Gospel Coach Workbook</i>	Forum Reflection 10 Critique Chapter 10 Workbook Chapter 10

		Chapter 10 View Henderson/Symons Video	
11	A Gospel Coaching Conversation	<i>Gospel Coach</i> Chapter 11, Appendices 4 & 6 <i>2 Timothy</i>	Forum Reflection 11 Critique Chapter 11 Biblical Practices 2 Timothy
12	5 Practical Phases of the Coaching Session	<i>Gospel Coach</i> Chapter 12 <i>Titus</i>	Forum Reflection 12 Critique Chapter 12 Biblical Practices Titus
13	Putting it All Together and Review of Course Material	<i>Gospel Coach</i> Chapter 13, Appendices 1-3 <i>Gospel Coach Workbook</i> Chapter 11 Review All Assignments and PowerPoints	Skype Conversation 3 Coaching Sessions 2-5 (between session 8 and the end of course)

IX. BIBLIOGRAPHY

- Anderson, Keith R. and Randy D. Reese. *Spiritual Mentoring: A Guide for Seeking and Giving Direction*. Downers Grove: Intervarsity Press, 1999.
- Bandy, Thomas G. *Coaching Change: Breaking Down Resistance, Building Up Hope*. Nashville: Abingdon Press, 2000.
- Brazelton, Katie, and Shelley Leith. *Character Makeover: 40 Days with a Life Coach to Create the Best You*. Grand Rapids: Zondervan, 2008.
- Collins, Gary R. *Christian Coaching: Helping Others Turn Potential into Reality*. Colorado Springs: NavPress, 2001.
- Creswell, Jane. *Christ-centered Coaching: 7 Benefits for Ministry Leaders*. St. Louis: Lake Hickory Resources, 2006.
- Dale, Robert D. *Seeds for the Future: Growing Organic Leaders for Living Churches*. St. Louis: Lake Hickory Resources, 2005.
- Dirks, Morris. *Forming the Leader's Soul: An Invitation to Spiritual Direction*. Soul Formation, 2013.
- Gangel, Kenneth O., and Charles R. Swindoll. *Coaching Ministry Teams: Leadership and Management in Christian Organizations*. Nashville: Word Pub, 2000.
- Hammett, Edward H. *Spiritual Leadership in a Secular Age: Building Bridges Instead of Barriers*. Lake Hickory Resources, 2005.
- Hawkins, Thomas R. *Faithful Guides: Coaching Strategies for Church Leaders*. Nashville: Discipleship Resources, 2006.
- Hendricks, Howard G. *Developing Leadership Through Mentoring and Coaching with Dr. Howard G. Hendricks*. Dallas: Dallas Theological Seminary, 2002.
- Klopp, Henry. *The Leadership Playbook: A Game Plan for Becoming an Effective Christian Leader*. Grand Rapids: Baker Books, 2004.
- Kreider, Larry. *Speak, Lord, I'm Listening: How to Hear God's Voice Above the Noise*. Ventura: Regal Books, 2008.
- _____. *Authentic Spiritual Mentoring*. Ventura: Regal, 2008.
- McCallum, Dennis, and Jessica Lowery. *Organic Disciplemaking: Mentoring Others into Spiritual Maturity and Leadership*. Houston: Touch Publications, 2006.

- Melander, Rochelle. *A Generous Presence: Spiritual Leadership and the Art of Coaching*. Herndon: Alban Institute, 2006.
- Miller, Linda J., and Chad W. Hall. *Introduction to Coaching: A Practical Guide for Christian Leaders*. St. Louis: Chalice Press, 2007.
- Nelson, Alan E. *Coached by Jesus: 31 Life-Changing Questions Asked by the Master*. West Monroe: Howard, 2005.
- Ogne, Steven L., and Tim Roehl. *Transformissional Coaching: Empowering Spiritual Leaders in a Changing Ministry World*. Nashville: B&H, 2008.
- Pue, Carson. *Mentoring Leaders: Wisdom for Developing Character, Calling, and Competency*. Grand Rapids: Baker Books, 2005.
- Stanley, Paul D. and J. Robert Clinton. *Connecting: The Mentoring Relationships You Need to Succeed in Life*. Colorado Springs: NavPress, 1992.
- Snow, Martyn, and Huw Thomas. *Coaching in the Church: Leadership and Growing the Skills of Those Around You*. Cambridge: Grove Books, 2008.
- Witmer, Timothy Z. *The Shepherd Leader: Achieving Effective Shepherding in Your Church*. Phillipsburg: P & R Publishing, 2010.
- Zigarelli, Michael. *Influence Like Jesus: 15 Principles of Persuasion*. Nashville: B&H, 2008.