

Course Syllabus

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 **Edit**

PSYC 3133

Adult Development and Aging

Course Description

The course focuses on the cognitive, physical, emotional, and social development during the period following adolescence. The course also examines the issues related to aging such as longevity, mental health, work and retirement, and dying.

Course Prerequisites

none

Required Materials

Adult Development and Aging, 8th Edition, by John. C. Cavanaugh and Fredda Blanchard- Fields, ISBN: 978-1-337-55908-9

Accreditation

Southern Wesleyan University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award associate, baccalaureate, and masters degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of Southern Wesleyan University.

Course Learning Outcomes

CLO#1	1. Explain the fundamental developmental changes experienced by adults in the cognitive, social, emotional, and physical domains.
CLO#2	2. Identify significant adult development theorists and explain their theories of development.

CLO#3	3. Describe the major life issues associated with the aging process.
CLO#4	4. Identify, analyze, and apply current findings from leading contemporary researchers.
CLO#5	5. Develop strategies for healthy aging across adulthood.

Course Learning Assignments and Assessments

Grading

Healthy Living Discussion Posts	5%
Chapter Quizzes	35%
Media Response Papers	25%
Learning Activities	10%
Theory Summaries	25%
Total	100%

Healthy Living Discussion Posts- 5 %

Each week, students will write a 75-100 word discussion post describing an idea from the week's topics that they found interesting, challenging, or informative regarding healthy aging. Students may draw from the text, the media pieces, learning activities, or the theorists. Students may also use another source if they wish.

Chapter Quizzes- 35%

Each week students will take a 30-question quiz from each of the two assigned textbook chapters. There is no time limit and students may refer to the text and personal notes to complete the quizzes. Students will have two attempts at each quiz and the highest score will be used for the grade.

Media Response Papers- 25 %

Each week students will write a 250-word response to media presentations related to the chapter topic. The responses should summarize the main idea or theme of the presentation and describe an idea, notion, concept, or fact that was interesting, challenging, engaging, or informative. The responses should also explain how this idea, concept, etc. is personally relevant or is related to the course content.

Learning Activities- 10 %

Students will complete an online activity related to each week's topics such as a personality or reaction-time test or do some online research. Students will then write a brief response regarding the activity.

Theory Summaries- 25%

Each week students will write a two to three-page summary (500-750 words) of one developmental theorist. The summary should include a brief bio of the theorist, a description of her/his main idea(s), the writers and theorists that influenced her/his thinking, and their contribution to the field of adult development.

GRADE EQUIVALENCY TABLE

All grades are reported in a system of eleven letter grades designated as "A" through "F" with appropriate plus and minus additions reflecting the following scheme:

Percentage Value	Letter Grade	Numeric Value for GPA
95%-100%	A	4.0
90%-94%	A-	3.7
85%-89%	B+	3.4
80%-84%	B	3.0

75%-79%	B-	2.7
70%-74%	C+	2.4
65%-69%	C	2.0
60%-64%	C-	1.7
55%-59%	D+	1.4
50%-54%	D	1.0
<50%	F	0.0

Course Policies

Attendance Policy

Regular attendance is a key to success in the course. Please refer to the Attendance Policy outlined in the Catalog for full details of the SWU policy on attendance.

Online attendance is based on completion of at least one designated assignment by the due date/time posted within the course site for each session. Online activities may include lecture, assignments, readings, discussion forums, and assessments (e.g. quizzes, tests).

Communication

The course site (Canvas) and SWU email are the primary tools for class communication, assignments, handouts, etc. All participants must have access to the course site and SWU e-mail and are expected to access them on a daily basis.

While it is important to maintain good communication with the instructor, Internet connectivity problems and home computer problems are not considered adequate excuses for missing assigned class work.

Technology Requirements

To be successful in this course, all participants are expected to ensure their technology equipment meets the [recommendations](http://www.swu.edu/about-swu/technology-services/computer-recommendations/) provided by SWU's Technology Services.

Students requiring technical support related to their courses or other SWU-provided technologies should send an e-mail to helpdesk@swu.edu or call 864.644.5050.

Academic Honesty





Honesty in all matters - including honesty in academic endeavors - is a valued principle at Southern Wesleyan University. It is the expectation of the university that all those joining the academic program will act with integrity in all matters.













No forms of academic dishonesty will be tolerated. Students are encouraged to help each other maintain these high standards. All academic dishonesty should be reported to the faculty directly. Faculty, upon evidence of academic dishonesty (cheating, plagiarism, or misuse of another's intellectual property), either by voluntary confession, report of another student, or on the basis of work submitted, must follow the procedure outlined in the Catalog (under *Academic Honesty*). This includes but is not limited to a zero for the work involved, 10% course grade reduction, or a failing grade for the course. Unresolved cases may be appealed using the Appeal Process outlined in the Catalog (under *Academic Honesty*).














Accommodations for Students with Disabilities













Southern Wesleyan University is committed to providing equitable access to learning opportunities for all students. Accommodations can be made for students with disabilities, as outlined in "Services for Students with Disabilities," found in mySWU's Student tab under The Learning Center. Any student desiring accommodations must send the request and all documentation to the Academic Coordinator at the learning site where he/she attends classes. The Academic Coordinator will forward the materials to the Student Success Coordinator for Southern Wesleyan University.














Course Summary:



Date	Details	Due
Sun Jan 17, 2021	 Chapter 1 Media Response https://swu.instructure.com/courses/3004956/assignments/30156114	due by 11:59pm
	 Chapter 1 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156096	due by 11:59pm
	 Chapter 2 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156093	due by 11:59pm
	 Chapter 2-1 Media Response https://swu.instructure.com/courses/3004956/assignments/30156115	due by 11:59pm

Date	Details	Due
	 Chapter 2-2 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156116)	due by 11:59pm
	 Healthy Aging - Week 1 Discussion (https://swu.instructure.com/courses/3004956/assignments/30156099)	due by 11:59pm
	 Learning Activity 1 - Real Age Test (https://swu.instructure.com/courses/3004956/assignments/30156128)	due by 11:59pm
	 Theory Summary - Erik Erikson (https://swu.instructure.com/courses/3004956/assignments/30156137)	due by 11:59pm
	 Chapter 4 Review Questions (https://swu.instructure.com/courses/3004956/assignments/30156098)	due by 11:59pm
	 Healthy Aging - Week 2 Discussion (https://swu.instructure.com/courses/3004956/assignments/30156100)	due by 11:59pm
	 Chapter 3 Review Questions (https://swu.instructure.com/courses/3004956/assignments/30156094)	due by 11:59pm
	 Chapter 3-1 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156117)	due by 11:59pm
Sun Jan 24, 2021	 Chapter 3-2 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156118)	due by 11:59pm
	 Chapter 4 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156119)	due by 11:59pm
	 Learning Activity 2 - Cancer Risk Factors (https://swu.instructure.com/courses/3004956/assignments/30156129)	due by 11:59pm
	 Theory Summary - Jean Piaget (https://swu.instructure.com/courses/3004956/assignments/30156140)	due by 11:59pm

Date	Details	Due
Sun Jan 31, 2021	 Chapter 5 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156087	due by 11:59pm
	 Chapter 6 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156088	due by 11:59pm
	 Healthy Aging - Week 3 Discussion https://swu.instructure.com/courses/3004956/assignments/30156101	due by 11:59pm
	 Chapter 5 Media Response https://swu.instructure.com/courses/3004956/assignments/30156120	due by 11:59pm
	 Chapter 6 Media Response https://swu.instructure.com/courses/3004956/assignments/30156121	due by 11:59pm
	 Learning Activity 3 - Memory and Reaction Time Tests https://swu.instructure.com/courses/3004956/assignments/30156130	due by 11:59pm
Sun Feb 7, 2021	 Theory Summary - Daniel Levinson https://swu.instructure.com/courses/3004956/assignments/30156135	due by 11:59pm
	 Chapter 7 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156092	due by 11:59pm
	 Chapter 8 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156086	due by 11:59pm
	 Healthy Aging - Week 4 Discussion https://swu.instructure.com/courses/3004956/assignments/30156103	due by 11:59pm
	 Chapter 7 Media Response https://swu.instructure.com/courses/3004956/assignments/30156122	due by 11:59pm
	 Chapter 8-1 Media Response https://swu.instructure.com/courses/3004956/assignments/30156123	due by 11:59pm
 Chapter 8-2 Media Response https://swu.instructure.com/courses/3004956/assignments/30156124	due by 11:59pm	

Date	Details	Due
	 Learning Activity 4 - Ageism Test https://swu.instructure.com/courses/3004956/assignments/30156131	due by 11:59pm
	 Theory Summary - Robert Havighurst https://swu.instructure.com/courses/3004956/assignments/30156142	due by 11:59pm
	 Chapter 10 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156085	due by 11:59pm
	 Chapter 9 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156095	due by 11:59pm
	 Healthy Aging - Week 5 Discussion https://swu.instructure.com/courses/3004956/assignments/30156104	due by 11:59pm
	 Chapter 10-1 Media Response https://swu.instructure.com/courses/3004956/assignments/30156107	due by 11:59pm
Sun Feb 14, 2021	 Chapter 10-2 Media Response https://swu.instructure.com/courses/3004956/assignments/30156108	due by 11:59pm
	 Chapter 9-1 Media Response https://swu.instructure.com/courses/3004956/assignments/30156125	due by 11:59pm
	 Chapter 9-2 Media Response https://swu.instructure.com/courses/3004956/assignments/30156126	due by 11:59pm
	 Learning Activity 5 - Personality Traits https://swu.instructure.com/courses/3004956/assignments/30156132	due by 11:59pm
	 Theory Summary - George Vaillant https://swu.instructure.com/courses/3004956/assignments/30156139	due by 11:59pm
Sun Feb 21, 2021	 Chapter 11 Review Questions https://swu.instructure.com/courses/3004956/assignments/30156097	due by 11:59pm

Date	Details	Due
	 Chapter 12 Review Questions (https://swu.instructure.com/courses/3004956/assignments/30156089)	due by 11:59pm
	 Healthy Aging - Week 6 Discussion (https://swu.instructure.com/courses/3004956/assignments/30156105)	due by 11:59pm
	 Chapter 11 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156109)	due by 11:59pm
	 Chapter 12 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156110)	due by 11:59pm
	 Learning Activity 6 - Research on Marriage and Divorce (https://swu.instructure.com/courses/3004956/assignments/30156133)	due by 11:59pm
	 Theory Summary - Gail Sheehy (https://swu.instructure.com/courses/3004956/assignments/30156138)	due by 11:59pm
Sun Feb 28, 2021	 Chapter 13 Review Questions (https://swu.instructure.com/courses/3004956/assignments/30156090)	due by 11:59pm
	 Chapter 14 Review Questions (https://swu.instructure.com/courses/3004956/assignments/30156091)	due by 11:59pm
	 Healthy Aging - Week 7 Discussion (https://swu.instructure.com/courses/3004956/assignments/30156106)	due by 11:59pm
	 Chapter 13-1 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156111)	due by 11:59pm
	 Chapter 13-2 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156112)	due by 11:59pm
	 Chapter 14 Media Response (https://swu.instructure.com/courses/3004956/assignments/30156113)	due by 11:59pm
	 Learning Activity 7 - Facts on Aging (https://swu.instructure.com/courses/3004956/assignments/30156134)	due by 11:59pm

Date	Details	Due
	 Theory Summary - Jeffrey Arnett https://swu.instructure.com/courses/3004956/assignments/30156141	due by 11:59pm
	 Roll Call Attendance https://swu.instructure.com/courses/3004956/assignments/31582170	