

Course Syllabus

[Jump to Today](#)

 [Edit](#)

PSYC 3713 Counseling Theory and Practice

Course Description

An introductory course on the theories and techniques of counseling, stages of other counseling processes, the use of background materials and tests in counseling, counseling settings, and the counselor as a person.

Accreditation

Southern Wesleyan University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award associate, baccalaureate, and masters degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of Southern Wesleyan University.

Course Prerequisites

PSYC 2003 General Psychology

Required Materials

- Corey, G. (2017). *Theory and Practice of Counseling and Psychotherapy (10th Edition)*. Cengage Learning. (ISBN 978-1-305-26372-7)
- All other readings will be provided by the instructor and links will be placed in the Canvas course.

Course Learning Outcomes

At the conclusion of the course, you should be able to:

1. Evaluate major theories in therapeutic practice and their application to a variety of counseling settings
2. Analyze your own skills, strengths, and challenges related to professional counseling
3. Discuss the interaction of major counseling theories and Christian faith
4. Engage in the art and practice of counseling beyond a basic level

Course Learning Assignments and Assessments

Grading

Reading Questions (7 @ 20 points)	140 points
Video Summary (7 @ 10 points)	70 points
Case Study (7 @ 20 points)	140 points
Discussion Participation (7 @ 15 points)	105 points
Final Paper	160 points
7 Online Quizzes (7 @ 15 points)	105 points
Introduction (10 points) & Reflection Paper (15 points)	25 points
Total	745 points

Explanation of Assignments:

Reading Questions (double spaced between questions, with a 12 point font size, and 1" margins)

The reading questions are designated questions for each chapter that supplements your learning of the information from each chapter. There will be **up to** 10 questions per chapter (some chapters will have less than 10 questions.) Answer **ALL** questions that are listed for each chapter. Questions need to be completed on a WORD document and submitted on Canvas. Due on Sundays by 11:59 p.m.

Video Summary (doubled spaced pages, with a 12 point font size, and a maximum 1 inch margins)

For EACH module you will watch approximately 3-5 videos. After watching the videos, students are expected to write a 2 full page summary (i.e., brief summary for each video, techniques used in the session if applicable, and your thoughts/reflection etc.). Please type in Word. Due on Sundays by 11:59 p.m.

Case Study (doubled spaced pages, with a 12 point font size, and a maximum 1 inch margins)

You will have a case study weekly. All activities are completed individually. Case studies must be submitted through Canvas. Due on Sundays by 11:59 p.m.

Discussion Participation

Discussions are an integral part of this course and where much of our class integration will take place. Essentially, this is where we will have our class discussions. In a face-to-face course, if someone asked a question, everyone would benefit from hearing the response. Similarly, in the discussions, our responses to each other will prove useful to all of us. Discussion participation occurs every session of the course. Typically, initial post is due on Thursdays by 11:59 p.m.; responses to peer comments are due on Sundays by 11:59 p.m. These contributions and responses should demonstrate critical thinking and reflection and should not simply be a statement of fact or a recitation of information presented in the readings.

All discussions are graded. In each session, there are 15 points allotted toward your grade for contributions to the Discussions. These roughly correspond to the minimum of 3 posts required for each Discussion (1 initial post, and 2 responses). All students are expected to post an original response as well as a response to at least two other contributors. A detailed outline of the number of points allocated for each post is given below.

Please avoid responses like, "I agree," or "This was really good." Instead, push yourself to engage in a meaningful dialogue with your peers, providing well-thought-out points instead of "shoot from the hip" answers. For example, if you agree, explain why.

Discussion	Points	Point Allotment
Session 1 Discussion	15	10 points for initial post & 2.5 points each for 2 peer responses
Session 2 Discussion	15	10 points for initial post & 2.5 points each for 2 peer responses
Session 3 Discussion	15	10 points for initial post & 2.5 points each for 2 peer responses

Session 4 Discussion	15	10 points for initial post & 2.5 points each for 2 peer responses
Session 5 Discussion	15	10 points for initial post & 2.5 points each for 2 peer responses
Session 6 Discussion	15	10 points for initial post & 2.5 points each for 2 peer responses
Session 7 Discussion	15	10 points for initial post & 2.5 points each for 2 peer responses
Total	105	

Keep in mind that the perceptions of other members of the class toward you may be almost entirely driven by your postings; consider the perception that you want others to have of you. All your online communications should be composed with fairness, honesty and tact. Spelling and grammar are very important in an online course. What you put into an online course illustrates your level of professionalism. For more information, see the rules of netiquette at

<http://www.albion.com/netiquette/corerules.html> [_ \(http://www.albion.com/netiquette/corerules.html\)](http://www.albion.com/netiquette/corerules.html)

Theory of Counseling and Christianity Final Paper (doubled spaced pages, with a 12 point font size, and a maximum 1 inch margins)

Identify your individual theory of counseling from those you learned about in the text, include a summary of the theory, what is appealing to you about that theory, a self-analysis of your strengths as a counselor and the areas on which you think that you need to work (i.e., challenges.) This part of the paper is to be based upon your experiences in the course, your weekly assignments and other course work, and your understanding/perceptions of the different theories of counseling. This part of the paper should be 3-4 pages in length. Then you are to take the theory of counseling you identified in the first part of the paper and write an evaluation of that theory of counseling from a Christian perspective. In your evaluation, you are expected to address the ways in which the theory is compatible and NOT compatible with Christianity. How would the approach/theory need to be modified or adapted to make it suitable for "Christian counseling?" This part of the paper should be 3-4 pages in length. Total pages required for the paper is **8-10 pages including the Title page and Reference page.**

There must have at least two reasonably up-to-date (less than 15 years old) citations beside your text. It is important to note that the most current and accurate information in counseling is NOT found on the

Internet or in books; the most current and accurate information is found in professional journals. THEREFORE, OF THE TWO REFERENCES YOU ARE EXPECTED TO INCLUDE, AT LEAST HALF (i.e., at least 1 peer-reviewed article) MUST BE FROM CURRENT PROFESSIONAL PSYCHOLOGICAL JOURNALS (note that newspapers, newsletters, and magazines such as "Psychology Today," "Time," "Newsweek," or "Christian Parenting" ARE NOT professional journals). You are encouraged to use the library databases for your literature search.

Among other factors, marking will take into account: clarity of thought and writing, quality of insight and understanding, grammar and spelling, correct citation for references and compliance with the following APA format. You are encouraged to visit the following site to help with writing your research paper. Please view the URL: "Basics of APA Style Tutorial" <http://flash1r.apa.org/apastyle/basics/index.htm> (<http://flash1r.apa.org/apastyle/basics/index.htm>)

You are also encouraged to visit & utilize the 'Purdue Online Writing Lab' below for additional writing support: <http://owl.english.purdue.edu/owl/resource/560/01/> (<http://owl.english.purdue.edu/owl/resource/560/01/>)

**Please, include references and cite sources in APA format.*

You may **Not use more than three direct quotes (the Exact words of the author) in your writing.*

Final paper must be submitted in Canvas.

7 Online Quizzes:

You are responsible for reading the assigned chapters and taking an online quiz weekly. The quizzes will be posted on Canvas. Due on Sunday by 11:59 p.m.

Introduction & Reflection paper

In this course, you will write two short papers (i.e., self-introduction paper at the beginning of the course and a reflection paper at the end of the course).

GRADE EQUIVALENCY TABLE

All grades are reported in a system of eleven letter grades designated as "A" through "F" with appropriate plus and minus additions reflecting the following scheme:

Points	Percentage	Letter Grade
945-1000	95%-100%	A

895-944	90%-94%	A-
865-894	87%-89%	B+
835-864	84%-86%	B
795-834	80%-83%	B-
765-794	77%-79%	C+
735-764	74%-76%	C
695-734	70%-73%	C-
665-694	67%-69%	D+
600-664	60%-66%	D
<600	<60%	F

Course Policies

WRITTEN REPORT GUIDELINES

- All material should be submitted in APA format (see [Purdue Writing Lab \(https://owl.english.purdue.edu/owl/section/2/10/\)](https://owl.english.purdue.edu/owl/section/2/10/)).
- All work that is not your own (ideas, research, concepts) should be appropriately cited.

Attendance Policy

Regular attendance is a key to success in the course. Please refer to the Attendance Policy outlined in the Catalog for full details of the SWU policy on attendance.

Hybrid courses are a combination of online and classroom activities. Students are expected to attend all campus class meetings as well as to adhere to posted online deadlines for assignments. Face-to-face sessions are held once a week for three hours, and attendance is mandatory. Classroom attendance will be taken in class by the instructor.

Online attendance is based on completion of at least one designated assignment by the due date/time posted within the course site for each session. Online activities may include lecture, assignments, readings, discussion forums, and assessments (e.g. quizzes, tests).

Communication

The course site (Canvas) and SWU email are the primary tools for class communication, assignments, handouts, etc. All participants must have access to the course site and SWU e-mail and are expected to access them on a daily basis.

While it is important to maintain good communication with the instructor, Internet connectivity problems and home computer problems are not considered adequate excuses for missing assigned class work.

Technology Requirements

To be successful in this course, all participants are expected to ensure their technology equipment meets the [recommendations](http://www.swu.edu/about-swu/technology-services/computer-recommendations/) [\(http://www.swu.edu/about-swu/technology-services/computer-recommendations/\)](http://www.swu.edu/about-swu/technology-services/computer-recommendations/) provided by SWU's Technology Services.

Students requiring technical support related to their courses or other SWU-provided technologies should send an e-mail to helpdesk@swu.edu or call 864.644.5050.

Academic Honesty

Honesty in all matters - including honesty in academic endeavors - is a valued principle at Southern Wesleyan University. It is the expectation of the university that all those joining the academic program will act with integrity in all matters.

No forms of academic honesty will be tolerated. Students are encouraged to help each other maintain these high standards. All academic dishonesty should be reported to the faculty directly. Faculty, upon evidence of academic dishonesty (cheating, plagiarism, or misuse of another's intellectual property), either by voluntary confession, report of another student, or on the basis of work submitted, must follow the procedure outlined in the Catalog (under *Academic Honesty*). This includes but is not limited to a zero for the work involved, 10% course grade reduction, or a failing grade for the course. Unresolved cases may be appealed using the Appeal Process outlined in the Catalog (under *Academic Honesty*).

Accommodations for Students with Disabilities

Southern Wesleyan University is committed to providing equitable access to learning opportunities for all students. Accommodations can be made for students with disabilities, as outlined in "Services for Students with Disabilities" found in mySWU's Student tab under The Learning Center. Any student desiring accommodations must make the request and provide all documentation to Dr. Tonya Strickland (tstrickland@swu.edu (<mailto:tstrickland@swu.edu>)) or call 864-644-5003 for more information.

Course Summary:

Date	Details	Due
Sun Jan 17, 2021	 Session 1 Discussion https://swu.instructure.com/courses/3012503/assignments/30159989	due by 11:59pm
	 Session 1 Quiz https://swu.instructure.com/courses/3012503/assignments/30159979	due by 11:59pm
	 Introduce yourself https://swu.instructure.com/courses/3012503/assignments/30159996	due by 11:59pm
	 Session 1 - Chapters 1, 2 and 3 Reading questions https://swu.instructure.com/courses/3012503/assignments/30160003	due by 11:59pm
	 Session 1 Case Study https://swu.instructure.com/courses/3012503/assignments/30160002	due by 11:59pm
Sun Jan 24, 2021	 Session 1 Video Summary https://swu.instructure.com/courses/3012503/assignments/30160005	due by 11:59pm
	 Session 2 Discussion https://swu.instructure.com/courses/3012503/assignments/30159995	due by 11:59pm
	 Session 2 Quiz https://swu.instructure.com/courses/3012503/assignments/30159987	due by 11:59pm
	 Session 2 - Chapters 4 and 6 Reading Questions https://swu.instructure.com/courses/3012503/assignments/30160007	due by 11:59pm
	 Session 2 Case Study https://swu.instructure.com/courses/3012503/assignments/30160006	due by 11:59pm
Sun Jan 31, 2021	 Session 2 Video Summary https://swu.instructure.com/courses/3012503/assignments/30160009	due by 11:59pm
	 Session 3 Discussion https://swu.instructure.com/courses/3012503/assignments/30159994	due by 11:59pm

Date	Details	Due
	 Session 3 Quiz https://swu.instructure.com/courses/3012503/assignments/30159983	due by 11:59pm
	 Session 3 - Chapter 7 Reading Questions https://swu.instructure.com/courses/3012503/assignments/30160012	due by 11:59pm
	 Session 3 Case Study https://swu.instructure.com/courses/3012503/assignments/30160011	due by 11:59pm
	 Session 3 Video Summary https://swu.instructure.com/courses/3012503/assignments/30160015	due by 11:59pm
	 Session 4 Discussion https://swu.instructure.com/courses/3012503/assignments/30159993	due by 11:59pm
	 Session 4 Quiz https://swu.instructure.com/courses/3012503/assignments/30159988	due by 11:59pm
Sun Feb 7, 2021	 Session 4 - Chapters 8 and 9 Reading Questions https://swu.instructure.com/courses/3012503/assignments/30160017	due by 11:59pm
	 Session 4 Case Study https://swu.instructure.com/courses/3012503/assignments/30160016	due by 11:59pm
	 Session 4 Video Summary https://swu.instructure.com/courses/3012503/assignments/30160020	due by 11:59pm
Sun Feb 14, 2021	 Session 5 Quiz https://swu.instructure.com/courses/3012503/assignments/30159980	due by 11:59pm
	 Session 5 - Chapter 10 Reading Questions https://swu.instructure.com/courses/3012503/assignments/30160023	due by 11:59pm
	 Session 5 Case Study https://swu.instructure.com/courses/3012503/assignments/30160022	due by 11:59pm
	 Session 5 Discussion https://swu.instructure.com/courses/3012503/assignments/30159992	due by 11:59pm

Date	Details	Due
	 Session 5 Video Summary https://swu.instructure.com/courses/3012503/assignments/30160026	due by 11:59pm
	 Session 6 Discussion https://swu.instructure.com/courses/3012503/assignments/30159991	due by 11:59pm
	 Session 6 Quiz https://swu.instructure.com/courses/3012503/assignments/30159981	due by 11:59pm
Sun Feb 21, 2021	 Session 6 - Chapters 11 and 13 Reading Questions https://swu.instructure.com/courses/3012503/assignments/30160030	due by 11:59pm
	 Session 6 Case Study https://swu.instructure.com/courses/3012503/assignments/30160028	due by 11:59pm
	 Session 6 Video Summary https://swu.instructure.com/courses/3012503/assignments/30160032	due by 11:59pm
	 Session 7 Discussion https://swu.instructure.com/courses/3012503/assignments/30159990	due by 11:59pm
	 Session 7 Quiz https://swu.instructure.com/courses/3012503/assignments/30159985	due by 11:59pm
	 Final Paper - Theory of Counseling and Christianity https://swu.instructure.com/courses/3012503/assignments/30159999	due by 11:59pm
Sun Feb 28, 2021	 Reflection Paper https://swu.instructure.com/courses/3012503/assignments/30160000	due by 11:59pm
	 Session 7 - Chapter 14 Reading Questions https://swu.instructure.com/courses/3012503/assignments/30160036	due by 11:59pm
	 Session 7 Case Study https://swu.instructure.com/courses/3012503/assignments/30160034	due by 11:59pm
	 Session 7 Video Summary https://swu.instructure.com/courses/3012503/assignments/30160039	due by 11:59pm

Date	Details	Due
	 Roll Call Attendance (https://swu.instructure.com/courses/3012503/assignments/31602351)	
	 Self-Integrative Paper (https://swu.instructure.com/courses/3012503/assignments/30160001)	
	 Session 1 Reading Notes (ch 1, 2, & 3) (6-12 full pages) (https://swu.instructure.com/courses/3012503/assignments/30160004)	
	 Session 2 Reading Notes (ch 4 & 6) (7-14 full pages) (https://swu.instructure.com/courses/3012503/assignments/30160008)	
	 Session 3 Reading Notes (ch 7) (4-8 full pages) (https://swu.instructure.com/courses/3012503/assignments/30160013)	
	 Session 4 Reading Notes (ch 8 & 9) (7-14 full pages) (https://swu.instructure.com/courses/3012503/assignments/30160019)	
	 Session 5 Reading Notes (ch 10) (4-8 full pages) (https://swu.instructure.com/courses/3012503/assignments/30160025)	
	 Session 6 Reading Notes (ch 11 & 13) (6-12 full pages) (https://swu.instructure.com/courses/3012503/assignments/30160031)	
	 Session 7 Reading Notes (ch 14) (3-6 full pages) (https://swu.instructure.com/courses/3012503/assignments/30160037)	
	 Test 1 (https://swu.instructure.com/courses/3012503/assignments/30159986)	
	 Test 2 (https://swu.instructure.com/courses/3012503/assignments/30159978)	
	 Test 3 (https://swu.instructure.com/courses/3012503/assignments/30159984)	