



PSY362 Abnormal Behavior

(3 credit hours)

Course Syllabus

Course Description

This course focuses on description, identification, and practical management of behaviors stemming from physiological, psychological and environmental causes.

Course Learning Outcomes

By the end of this course, you will be able to:

1. Express an understanding of the history of abnormal psychology, research methods, classification, domains/spheres of functioning, major DSM categories, etiology of psychopathology, psychopharmacology and other biologically oriented interventions, as well as methods of psychotherapy.
2. Show an awareness of and sensitivity to issues and practices of professional ethics
3. Demonstrate multicultural awareness, tolerance, and appreciation in context of psychopathology
4. Exhibit Skills in APA analytical writing.
5. Apply knowledge of psychopathology and treatment methods into a coherent psychological assessment with treatment implications.

Prerequisites/Corequisites

PSY101

Required Textbook(s) and Resources

For this course you will need to purchase the following materials:

Hooley, J.M., Nock, M.K., & Butcher, J.N. (2020). *Abnormal psychology*, (18th ed.). Pearson. ISBN: 9780134999173

Be sure to also review the weekly **Explore** sections for additional library or web resources. For access to databases, research help, and writing tips, visit the [Tiffin University Library](#). You might consider registering for one of the library's many webinars on library research, source evaluation, copyright, and other topics, at the [Library Events - Upcoming Events](#) web page. For further assistance email a librarian, at: library@tiffin.edu.

Time Commitment

Effective time management is possibly the single most critical element to your academic success. To do well in this online class you should plan your time wisely to maximize your learning through the completion of readings, discussions, and assignments. Because of our accelerated, seven-week term, TU online courses are designed with the expectation that you dedicate a little over **six (6)** hours per credit hour to course activities and preparation **each week**. For example, for successful completion of a three-credit, seven-week online course you should reserve roughly **twenty (20) hours per week**.

To help plan your time and keep on track toward successful course completion, note the distinctive rhythm of assignment due dates:

1. All times assume Eastern Time (GMT-4).
2. Weeks begin at 12:00 a.m. ET on Monday and end at 11:55 p.m. ET on Sunday.
3. Unless otherwise noted, initial assignments or discussion posts are due by **11:55 p.m. ET on Wednesdays**.
4. Additional assignments or follow-up discussion posts are due by **11:55 p.m. ET on Saturdays, and**
5. Major assignments and reflections are typically due by **11:55 p.m. ET on Sundays**.

Learning Activities

This course engages the learner in discussions with classmates and instructor, analysis of case studies and real-world scenarios, a film study, as well as a researched presentation on a mental disorder of the student's choice.

Grading

The chart below identifies the individual contributions from each type of activity, per week.

Activity	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Total
Discussion 1	20	20	20	20	20	20	20	140
Discussion 2	20	20	20	20	20	20	20	140
Assignments	100	100	100	100	100	100	120	720
Total	140	140	140	140	140	140	160	1000

Grading Scale

Grade	Percentage
A	90-100%
B	80-89%
C	70-79%
D	60-69%
F	<60%

Please see the [Academic Bulletin](#) for grade appeal information.

Course Schedule and Weekly Checklist

Topic	Learning Activities (Due by 11:55 p.m. ET on day designated)
Start Here	<input type="checkbox"/> MON: Activity 1.1 Introduction Forum
Week 1: Introduction to abnormal psychology behaviors and cognitions	<input type="checkbox"/> WED: Activity 1.2 Discussion: Exploring Abnormal Behavior <input type="checkbox"/> WED: Activity 1.3 Discussion: Abnormal Behavior in the Media <input type="checkbox"/> SAT: Discussion Responses <input type="checkbox"/> SUN: Activity 1.4 Essay: Mental Illness – Historical Context
Week 2: Causal factors Clinical assessment and clinical judgment Differential diagnosis Classification of abnormal behaviors and cognitions	<input type="checkbox"/> WED: Activity 2.1 Discussion: Case Study <input type="checkbox"/> WED: Activity 2.2 Discussion: Cognitive Behavioral Therapy (CBT) <input type="checkbox"/> SAT: Discussion Responses <input type="checkbox"/> SUN: Activity 2.3 Essay: Personality Test Essay

Topic	Learning Activities (Due by 11:55 p.m. ET on day designated)
<p>Week 3: Stress disorders Anxiety disorders</p>	<ul style="list-style-type: none"> <input type="checkbox"/> WED: Activity 3.1 Discussion: The Holmes and Rahe Social Readjustment Rating Scale <input type="checkbox"/> WED: Activity 3.2 Discussion: Panic Attacks <input type="checkbox"/> SAT: Discussion Responses <input type="checkbox"/> SUN: Activity 3.3 Essay: Stress and Anxiety Disorder Case Studies
<p>Week 4: Mood disorders Suicide Dissociative and somatoform disorders</p>	<ul style="list-style-type: none"> <input type="checkbox"/> WED: Activity 4.1 Discussion: Exploring Diagnoses <input type="checkbox"/> WED: Activity 4.2 Discussion: False Memories <input type="checkbox"/> SAT: Discussion Responses <input type="checkbox"/> SUN: Activity 4.3 Essay: Film Case Study
<p>Week 5: Eating disorders Obesity Personality disorders</p>	<ul style="list-style-type: none"> <input type="checkbox"/> WED: Activity 5.1 Discussion: Favorite Case Study <input type="checkbox"/> WED: Activity 5.2 Discussion: Eating Disorders <input type="checkbox"/> SAT: Discussion Responses <input type="checkbox"/> SUN: Activity 5.3 Essay: Personality Disorders
<p>Week 6: Substance-related disorders Sexual variants, sexual abuse, and sexual dysfunction</p>	<ul style="list-style-type: none"> <input type="checkbox"/> WED: Activity 6.1 Discussion: Classifying Alcoholism <input type="checkbox"/> WED: Activity 6.2 Discussion: Gender Roles, Paraphilias, and Society <input type="checkbox"/> SAT: Discussion Responses <input type="checkbox"/> SUN: Activity 6.3 Essay: Sexual Abuse in the News
<p>Week 7: Schizophrenia and other psychotic disorders Neurocognitive disorders</p>	<ul style="list-style-type: none"> <input type="checkbox"/> WED: Activity 7.1 Discussion: Schizophrenia Around the World <input type="checkbox"/> WED: Activity 7.2 Discussion: Alzheimer's and Advanced Warning <input type="checkbox"/> SAT: Discussion Responses <input type="checkbox"/> SUN: Activity 7.3 Researched Presentation

Tips for Success

Successful online learning requires a good deal of self-discipline and self-direction. As seekers of the truth, we should be willing to challenge and review one another's academic work in a spirit of respectful comradery and constructiveness. Your course is a place for you to stretch and grow as you benefit from the expertise, knowledge, experience and diverse perspectives of your instructor and peers. Constructive feedback will challenge you to stretch your own thinking, thereby expanding your knowledge, understanding and application.

To get the most out of your learning experience, you should actively engage (participate) in **ALL** course activities. Course elements are arranged chronologically. To complete a week, simply work your way "down the page" through all of the course materials and activities.

Your Instructor Will Expect You to:

- Thoroughly review orientation materials (Start Here) within the first 48 hours of the term.
- Monitor your TU email account **daily** for important updates and announcements.
- Take ownership of your learning experience and act in a proactive, self-directed manner. That means:
 - Fully participate in all learning activities.
 - Complete assignments as described in rubrics or other instructions.
 - Submit all work on time and in the specified format (e.g. APA format for citations).
 - Utilize and incorporate instructor provided feedback to improve your work.
 - Ask questions so you can better understand course material or assignments.
 - Use the highest standards of intellectual honesty and integrity. For more information, see the TU Library guide: [Digital Literacy: Netiquette and Internet Safety](#).
 - Treat others respectfully and demonstrate "netiquette" (online politeness and respectfulness) at all times. TU celebrates cultural uniqueness and expects all students to be considerate and thoughtful throughout their learning experiences.

You Should Expect Your Instructors to:

- Post an introductory announcement/email at the beginning of each week to provide updates and help you prepare for the week's activities.
- Maintain an active and engaged presence in all course activities and throughout the course.
- Respond to your emailed questions within 48 hours, if not sooner.

- Clearly communicate any absences or expected non-participation due to extenuating circumstances. For example, "I will be traveling to attend a funeral this week and may not be able to respond to questions or participate in forums for a couple of days."
- When grading your work:
 - clearly indicate their grading approach (what they like to see in submitted work as well as what types of errors they tend to penalize more harshly),
 - thoroughly review and evaluate your submissions in a timely manner (in less than 5 days for most assignments), and
 - provide constructive feedback that indicates the strengths and weaknesses of your work and provides suggestions on how you can improve your performance on future assignments.
- Advocate for your success as a learner and help guide you toward successful completion of the course activities and most importantly, attainment of the course learning outcomes.

Accommodations

The **Office for Disability Services** supports the institutional commitment to diversity by providing educational opportunities for qualified individuals with disabilities through accessible programs and services in compliance with Section 504 of the Rehabilitation Act of 1973 and Title III of the Americans with Disabilities Act (ADA) of 1990.

If you need reasonable accommodations due to a documented disability, contact the Office for Equity, Access, & Opportunity 419.448.3021 or via email at disabilityservices@tiffin.edu.

Additional Resources & Support

For technical support, either email moodlesupport@tiffin.edu or call the 24/7 Technical Support Call Center at 855-664-1200.

If you need to consult an academic advisor refer to TU's [Meet the Team](#) page.

For information about TU's peer tutoring program see the Murphy Center's [Tutoring Policies and Procedures](#) page. Veterans and active military can seek assistance from TU's [Veteran and Military Services Web Page](#).

Comments or Concerns

TU's online programs are designed to be student *driven*: to empower you with a voice and stake in your learning. Our courses feature multiple and varied ways that you can share feedback, and we invite you to become an active voice and help drive our improvement

efforts. In addition to providing in-course feedback, we encourage you to submit questions or comments directly to the online team at online@tiffin.edu.