



## Course Syllabus

**Course Title:** Psychology of Addiction

**Term and Year:**

**Course and Section Number:** PSY 413

**Time and Place:**

**Number of Credit Hours:** 3

**Instructor:**

**Office:**

**Office Phone:**

**Email:**

**Course Description:** A study of the psychological and sociological factors relating to the problems of addiction. Special attention will be given to the effects which alcohol and other drugs have upon fetuses, children, adults, families, and communities.

**Learning Outcomes:** Upon completion of this course, the student should be able to:

1. Examine the dominant beliefs and attitudes in our society with regard to chemical use, abuse, and addiction. LO1
2. Define the characteristics of the major classes of drugs. LO2
3. Identify and summarize the addiction process and the characteristics thereof. LO3
4. Explain the effects of addiction on individual, family, and community. LO4
5. Outline and critique current intervention and treatment modalities used in the field. LO5

**Prerequisites:** PSY 113 Principles of Psychology

**Required Text:** Open Educational Resource: Bearman, A. & Schwan, A. (2022). Psychology of Addiction. Pressbooks. <https://pressbooks.palni.org/psychologyofaddiction>

**Other Materials:** Available online

### Course Requirements:

Submit all assignments using Microsoft Word (.doc or .rtf). Use 1" margins and 12-point font and follow APA (7<sup>th</sup> edition) layout and citation style for all narrative assignments.

Articles and/or research projects should be prepared in narrative (essay) APA style format using personal reflections, backed up by definitions and examples from the textbook and trustworthy sources, cited appropriately using APA citation format.

**Written Assignments:** The documents must be typed, double spaced with in-text citations. In addition, all material must be cited according to APA requirements. See the Writing Assignment Rubric in COURSE INFORMATION.

**Forum Board:** This is a two-part process. Each student must post 1 substantial comment to the forum each week before Wednesday midnight. The student must also submit a substantive reply to a minimum of two other students before midnight on Saturday. Discussion Board postings are worth 30% of your final grade and must be completed by Saturday of the week it is due. Each post must be more than 200 words and contain a well thought out response or partial credit will be

given. Online discussions require students to post comments, read the writings of other students, and reply with statements that include complete sentences and connect to the original posting. Students are expected to make a thoughtful response to at least 2 students each week. See the Discussion Forum Rubric in COURSE INFORMATION.

**Quiz:** There are a variety of quizzes included in this course: H5P Crosswords H5P Word Link, Essay, and 1 Multiple Choice exercise.

**PowerPoint Assignment:** This will be your midterm. See COURSE INFORMATION for additional details.

**Infographic:** This will be your Final.

**Late Assignments:** Assignments that are not submitted on time, according to the schedule, will have 20% of the points possible deducted before the assignment is graded. The times and dates are listed in the Schedule. The instructor reserves the right to make necessary changes to these deadlines with prior student notification. No assignments will be accepted more than 48 hours after they are due.

This policy is in effect for all assignments unless arrangements have been made with the instructor before the assignment is due.

Discussion Forums cannot be submitted late. Students must comply with the days and times identified in the Course Schedule.

**Attendance/Participation:** All students are expected to log in to their courses regularly throughout the week to receive instruction, materials, and updates from the instructor. It is your responsibility to check in and submit your assignments, complete your discussion board postings, and finish quizzes and exams by the due dates.

If you do not participate in the course, you will be counted absent. Simply logging in is not enough; you must submit/complete an assignment, post to a discussion board, or other similar assignment tasks to avoid being counted absent. Instructors are required to submit attendance the Monday following each week of class.

This attendance is reported to the Financial Aid Department and may result in the loss of any financial aid refund you are expecting if you have not been participating in your courses. **In addition, you will be administratively dropped from the course if you are reported absent a total of three weeks.**

### Grading/Evaluation:

Late assignments are NOT accepted for any reason. Please plan ahead if you cannot attend to class work. If a documentable emergency arises, please contact the instructor IMMEDIATELY via phone, text or email to make alternative submission arrangements.

The undergraduate course grading scale is as follows:

Grade	% of Points Earned
LETTER	GRADE in %
A	90 - 100
B+	87 - 89
B	80 - 86
C+	77 - 79
C	70 - 76
D+	67 - 69
D	60 - 66
F	0 - 59

### Weighting of Course Grades

Forum/Discussion Boards	30%
Quizzes /Assignments	40%
Midterm and Final	30%

#### Other Policies:

##### **Academic Misconduct:**

The University prohibits all forms of academic misconduct. Academic misconduct refers to dishonesty in examinations (cheating), presenting the ideas or the writing of someone else as one's own (plagiarism) or knowingly furnishing false information to the University by forgery, alteration, or misuse of University documents, records, or identification. Academic dishonesty includes, but is not limited to, the following examples: permitting another student to plagiarize or cheat from one's own work, submitting an academic exercise (written work, printing, design, computer program) that has been prepared totally or in part by another, acquiring improper knowledge of the contents of an exam, using unauthorized material during an exam, submitting the same paper in two different courses without knowledge and consent of professors, or submitting a forged grade change slip or computer tampering. The faculty member has the authority to grant a failing grade in cases of academic misconduct as well as referring the case to Student Life.

##### **Plagiarism:**

You are expected to submit your own work and to identify any portion of work that has been borrowed from others in any form. An ignorant act of plagiarism on final versions and minor projects, such as attributing or citing inadequately, will be considered a failure to master an essential course skill and will result in an F for that assignment. A deliberate act of plagiarism, such as having someone else do your work, or submitting someone else's work as your own (e.g., from the Internet, fraternity file, etc., including homework and in-class exercises), will at least result in an F for that assignment and could result in an F for the course.

**Artificial Intelligence (AI) is prohibited:** All work submitted by students in this course must be generated by the student. Students may not have another person or entity contribute to an assignment for them, which includes using AI. Students may not incorporate any part of an AI-generated response in an assignment, use AI to formulate arguments, use AI to generate ideas for an assignment, or submit work to an AI platform for improvement. Using an AI tool to generate content may qualify as academic misconduct in this course.

##### **Electronic Devices:**

Use of electronic devices including smart watches and cell phones is prohibited during exams or quizzes unless directly allowed by the instructor.

#### Course Mapping:

Week One: LO1,2	
Learning Activities and Materials	Assessments
Read: <ul style="list-style-type: none"> <li>Chapter 1: An Introduction to Psychoactive Drugs. LO1 LO2</li> </ul> Review: <ul style="list-style-type: none"> <li>PDF: Infographic: 5 Historical Themes in Drugs LO1, LO2</li> </ul>	Discussion Forum: LO1 LO2 1. Introduction Discussion Board in Start Here link. Include why you are interest in studying Chemical Dependency. 2. DF1: 2 Part Discussion Board 1-In your opinion, what is the most significant cost of substance abuse and reasons to use. 2. Review the Infographic. List

Watch: <ul style="list-style-type: none"> <li>• <a href="#">The Economics of Drug Abuse</a> 3:21 LO1</li> <li>• <a href="#">A Brief History of Alcohol - Rod Phillips</a> 5:20 LO1 LO2</li> </ul> <a href="#">How Britain Got China Hooked on Opium</a> 5:26 LO1 LO2	each theme and provide a current example of each.
<b>Week Two: LO1-3</b>	
<b>Learning Activities and Materials</b>	<b>Assessments</b>
Read: <ul style="list-style-type: none"> <li>• Chapter 2: The Neurochemistry and the Physiology of Addiction LO1 LO2 LO3</li> </ul> Review: <ul style="list-style-type: none"> <li>• <a href="#">A quick review and an excellent chart.</a> LO2</li> <li>• H5P: Eleven Neurochemistry Slides LO2, LO3</li> <li>• Levels of use. LO3</li> </ul> Watch: <a href="#">From Genes to Addiction</a> 12:38 minutes LO3	Discussion Forum: LO1 LO2 LO3 1. DF2: 2 part participation. Review all materials and discuss 2 theories of addiction that you believe are the predominant reason for harmful use of chemicals. 2. Describe levels of use and identify one level of use related to you and a specific substance.  Assignment: LO2 LO3 Quiz: 15 points H5P Fill in the Blank
<b>Week Three: LO2,3</b>	
<b>Learning Activities and Materials</b>	<b>Assessments</b>
Read: <ul style="list-style-type: none"> <li>• Chapter 3: Uppers LO2 LO3</li> <li>• Chapter 4: Depressants" Opiates/Opioids and Sedatives LO2 LO3</li> </ul> Watch: <ul style="list-style-type: none"> <li>• <a href="#">Alarming Rise in Stimulant Overdoses for Teens and Moms</a> 2:14 Minutes LO2 LO3</li> <li>• <a href="#">Why Do People Lose Control Over Their Cocaine Use?</a> 2:22 Minutes LO2 LO3</li> <li>• <a href="#">How does caffeine keep us awake?</a> 5:14 minutes LO2 LO3</li> </ul> <a href="#">This is What Happens to Your Brain on Opioids</a> 4:37 minutes LO2 LO3	Discussion Forum: LO2 LO3 1. DF3: 2 part participation. Review all supplemental clips. (approximately 45 minutes) Comment on the use and abuse of Stimulants and Opiates/Opioids. What surprises you the most and what is most costly for communities/ LO2 LO3  Assignment: LO2 LO3 Quiz: H5P Crossword Puzzle.
<b>Week Four: LO2,3,4</b>	
<b>Learning Activities and Materials</b>	<b>Assessments</b>
Read: <ul style="list-style-type: none"> <li>• Chapter 5: Other Drugs, Other Addictions LO2, LO3 LO4</li> <li>• <a href="#">How Alcohol Use Affects Family Members</a> LO3 LO4</li> <li>• Chapter 16: Over the Counter Analgesics: Unexpected agents of Misuse and Danger LO2, LO3 <a href="#">Concepts of Chemical Dependency</a>, 8th Edition, Doweiko, Harold E.</li> </ul> Watch:	MIDTERM: Addiction and the Family  Discussion Forum: LO2 LO3 LO4 DF4 A: 2 part participation. 1. Discuss "other addictions" and compulsive behaviors as they might relate to you, a family member, or a friend. Maintain confidentiality. 2. Describe your experience with gambling. 3. Discuss personal use of OTC medications. Review the PDF chapter and discuss the benefits and possible problems associated with the OTC (Over the Counter) analgesic that you have used.

<ul style="list-style-type: none"> <li>• <a href="#">Co-dependency 4:49 Simple, a bit annoying, but watch this explanation. LO3 LO4</a></li> <li>• <a href="#">The Ripple Effect of Addiction LO3 LO4 9:08 minutes</a></li> <li>• <a href="#">Roles in the family. LO3 LO4 6.09 Minutes</a></li> </ul> <p><a href="#">OTC Pain Medication: What You Need to Know LO2 LO3 6:54</a></p>	<p>Assignment: LO3 LO4</p> <p>1. Create a power point program identifying via bullet points the problems within families of substance users and the "roles" that are often seen. Be certain to include the impact of alcohol/drug use on the developing fetus. Graphics are to be colorful and relate to the subject. Use notes at the bottom of the slide to explain graphics and improve understanding of the material.</p>
<b>Week Five: LO1-3</b>	
<b>Learning Activities and Materials</b>	<b>Assessments</b>
<p>Read:</p> <ul style="list-style-type: none"> <li>• Chapter 6: Depressants: Alcohol LO2 LO3</li> <li>• Chapter 7: Hallucinogens LO2 LO3</li> </ul> <p>Watch:</p> <ul style="list-style-type: none"> <li>• <a href="#">How Alcohol Changes Your Body 8:00 minutes LO2 LO3</a></li> </ul> <p><a href="#">The Strange Reason You Can Hallucinate 4:52 minutes LO2 LO3</a></p>	<p>Discussion Forum: LO2 LO3</p> <p>1. DF5: 2 part participation. 1. DF5: 2 part participation. 1. Describe the difference between the metabolic process in men vs. women when consuming alcohol. 2. Calculate the number of standard drinks in a Long Island Ice Tea.</p> <p>Assignment: LO1 LO2 LO3</p> <p>Quiz: 4 Question Essay Test:</p>
<b>Week Six: LO1,4,5</b>	
<b>Learning Activities and Materials</b>	<b>Assessments</b>
<p>Read:</p> <ul style="list-style-type: none"> <li>• Chapter 8: Drug Use and Prevention LO1 LO4 LO5</li> <li>• <a href="#">Youth Connections: 40 Developmental Assets LO4 LO5</a></li> </ul> <p>Watch:</p> <ul style="list-style-type: none"> <li>• <a href="#">Substance Use and Abuse 2. 52 minutes LO1 LO4</a></li> <li>• <a href="#">Dumb Ways to Die: Be Safe Around Trains: From Australia METRO 3.01 Minutes LO5</a></li> </ul>	<p>Discussion Forum: LO1 LO4 LO5</p> <p>1. DF6: 2 part participation. Select a prevention clip and submit it in the link provided. Identify the target age group and explain why you believe this particular link would be effective. Peer Review Process.</p> <p>Assignment: LO5</p> <p>Review the Youth Connections information. Explain the concept, the importance and comment on how prevalent they were in your youth. 500 to 700 words.</p>
<b>Week Seven: LO3,5</b>	
<b>Learning Activities and Materials</b>	<b>Assessments</b>
<p>Read:</p> <ul style="list-style-type: none"> <li>• Chapter 9: Mental Health and Drugs LO3 LO5</li> </ul> <p>Watch:</p> <ul style="list-style-type: none"> <li>• <a href="#">Comorbidity 1:51 minutes LO5</a></li> </ul> <p><a href="#">Drug Use Problems and Mental Health 2.25 minutes LO3 LO5</a></p>	<p>Discussion Forum: LO3 LO5</p> <p>1. DF7: Select one mental health condition and identify the interaction with alcohol or other drugs. 2. Why is Comorbidity a problem for mental health and substance abuse treatment programs. What is the solution?</p> <p>Assignment: LO3 LO5</p> <p>H5P Quiz: Match the Disorder.</p>
<b>Week Eight: LO2,3,4,5</b>	

Learning Activities and Materials	Assessments
<p>Read:</p> <ul style="list-style-type: none"> <li>• Chapter 10: Treatment LO3 LO5</li> </ul> <p>Watch:</p> <ul style="list-style-type: none"> <li>• <a href="#">Stages of Change Model (Readiness to Change) 2.35 minutes LO3 LO5</a></li> <li>• <a href="#">How Triggers and Cravings Impact Addiction and Sobriety 6.56 minutes (LO3) (LO5)</a></li> </ul> <p><a href="#">Assistance in Creating Infographic:</a></p> <ul style="list-style-type: none"> <li>• PDF Canva Download Assistance</li> <li>• <a href="#">Creating of Infographics</a></li> </ul> <p><a href="#">General Studies Capstone with Samples</a></p>	<p>Discussion Forum: LO3 LO5</p> <p>1. DF8 : 2 part participation. Discuss Relapse Prevention and triggers. Identify triggers in your own life that prompt certain behaviors. 2. Review Stages of Change. Describe one behavior you changed in your life and your thinking as you were in a particular stage.</p> <p>Assignment: LO2 LO3 LO4 LO5</p> <p>1. Create an informational Infographic concerning one substance included in PSY 413 in weeks 3 through 5. Include the substance, the perceived benefits and the most important facts regarding the dangers of using or abusing the substance</p>

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